



Hawk Talk

Counseling Center News and Updates

September 5

HERE'S THE WORD, BIRD!

Counseling Center Staff

*Students are assigned to a counselor alphabetically by the student's last name.

A-CA	Miss Bercey (lbercey@lps.org)
CB-GE	Ms. Majid (smajid@lps.org)
GF-KA	Ms. Tomes (atomes@lps.org)
KB-ME	Mrs. Augustine (laugusti@lps.org)
MF-RE	Mrs. White (kschroer@lps.org)
RF-ST	Mr. Peterson (apeter11@lps.org)
SU-Z	Mr. Waite (lwaite@lps.org)



Upcoming Events

- September 11- October 6: [PSAT Registration](#)
- September 14: [Parent/ Teacher Conferences](#)
- September 15: Last day to [withdraw from a Q1](#) course or [request an S/U](#)
- September 20: [Fall Honors Convocation](#) @ 8:15 a.m.
- September 22: Registration Deadline for October 28th ACT. Students can register [HERE](#).
- September 21: Junior/Senior Campus Visit to UNO. Register [HERE](#).
- September 21: [Freshman/ Sophomore Family Meeting](#) @ 6:00 p.m.
- September 26: [LSW Food Market](#)

*Food Pantry Reminder

Students and their families can access the LSW food pantry any time of year by stopping in the counseling center or completing [THIS FORM](#). Some of the items available include cereal, canned vegetables, soups and sauces, pasta, etc.

Upcoming Deadlines and Events

Parent/ Teacher Conferences

The first hour of Parent/ Teacher Conferences will be dedicated to outbound communication from teachers via phone, e-mail, and Zoom communication. Parents and students are welcome in the building to visit with teachers from 5-7 p.m.

Honors Convocation

The Fall Honors Convocation will recognize students in grades 10-12 for their academic achievements in the spring of 2023.

Last Day to Withdraw or Request an S/U

As a point of clarification, freshmen and sophomores are required to have a full schedule and may not withdraw from a course at this point in the term since a new class cannot be added. Withdrawing from a course or taking a course for a Satisfactory/ Unsatisfactory grade may also impact the number of graded credits being taken for honor roll eligibility since new courses cannot be added. Please consider these items before visiting with your counselor.

Freshman/ Sophomore Family Meeting

The family meeting for freshman/ sophomore students and their families will be held September 21st in the LSW Auditorium. This meeting will cover career exploration opportunities for younger students, how to promote career conversations at home, and information about how credits can be earned at LSW for graduation.

Food Market

On September 26th, LSW will host our Food Bank Food Market for families in need. This food market typically has more fresh items for families such as produce and baked goods. The food market will take place right inside door #10 on the north side of the building in the auditorium hallway.

2023 PSAT/NMSQT Exam Information

The PSAT Exam is an optional practice test for the SAT and is given each year in October. The PSAT is also the qualifying exam for the National Merit Scholarship Competition when students take it during their junior year. **The PSAT may be taken by highly motivated and academically driven 10th grade students as a practice exam for those who choose to take the PSAT their junior year.** If you have questions about the PSAT Exam, please see your counselor.

What is the PSAT/NMSQT Exam?	What the PSAT/NMSQT Exam is NOT:
<ul style="list-style-type: none"> ● The PSAT is Optional, not required. ● The PSAT is an excellent way to practice and prepare for the SAT exam. ● The PSAT is used for juniors to enter the National Merit Scholarship competition. ● Colleges may try to recruit you based on your scores. 	<ul style="list-style-type: none"> ● Not a practice for the ACT ● Not the Pre-ACT <ul style="list-style-type: none"> ○ Pre-ACT will be Nov. 2nd for 10th graders. Students can take for free. ● Not an entry exam for college programs

This year the exam is administered in digital format and will be taken on the student's ChromeBook. All students will be responsible for bringing their fully charged ChromeBook to the exam. *Students will not be permitted to take the exam on a personal laptop or device.

There are a limited number of seats at each location date and time. Don't wait until the last minute to register for this exam. **Students will sign up in the counseling center.**

Registration Dates

September 11-20 - LPS JUNIORS ONLY

September 21-29 - LPS SOPHOMORES and LPS JUNIORS

October 2-6 - Last week of registration

Cost

-\$35.00

- \$20.00 for students on F/R meals.

Payment must be made at the time of registration using either cash or check.

Two Test Dates and Locations

This year there are two test dates with corresponding locations. Students will register for one date and location at time of payment.

When: Tuesday, October 17, 2023 - **Where:** Lincoln High School - **Time:** 8:00 am
(During Fall Break)

When: Saturday, October 21, 2023 - **Where:** Lincoln East High School - **Time:** 8:00 am

Students will need to bring their School ID and their LPS Chromebooks to the test date.

For more information from the counseling center, please visit the [counseling center website](#).