

✨ Field Notes Domme Instructions for Live Event Captures

The Field Notes Domme is a designated Vesper whose role is to witness, feel, and document the most potent moments from a live event.

This is about capturing moments where the room shifts and something powerful lands in the body. These are moments that may later become quotes, captions, edits, or content but your role is to hold the initial noticing.

What to Capture:

- Anything that moves the room.
- A short line, an unfolding moment, a surprising turn. There's no required length but can be anywhere from 30 seconds to 3 minutes
- Include brief context if needed—what was happening just before or after.

How to Track:

- Use **EST time** from the Zoom live call. Note the time as precisely as possible.
- No need to over-explain your body will tell you what's worth marking.

Example:

2:36 - 2:37PM **"There's no such thing as a self-destructive person."**

→ at the root, it always has an erotic intelligence to it.

- In patriarchy - women make requests by complaining

2:38 PM **"Your life force refused to be extinguished."**

"If you want to change your life, you have to approve of it first."

2:39 - 2:42 PM – First self-deflective statement

Where to Deliver:

- Please compile all field notes in a Google Doc.
- Title it with your name, the event name + date.
- After the event is over please make the google doc shareable and email it to bailey@kasiaurbaniak.com amy@kasiaurbaniak.com