4th TERM EXAMINATION SPORTS PROGRAMME 2025

SPORT starts as per this time table on Monday 27 October to Friday 21 November. All Grade 8s and Gr 9s are expected to attend at least one session per week throughout the examination period.

	AQUATICS	LAND SPORT
MONDAY	**SWIMMING** SOCIAL SWIMMING: 13h15-14h15	**INDOOR HOCKEY (All Squads)** 13h15-14h15 **SOCIAL FOOTBALL** 13h15-14h15 **RUNNING CLUB** 13h15-14h00
TUESDAY	**WATER POLO** U16 & U19 16:00-17:00 Groote Schuur **SWIMMING** TEAM SWIMMING 13h15-14h15	**ON-THE-MOVE** 13h15-14h00 **TEAM TENNIS (All Players)** 13h15-14h15 **TEAM TOUCH RUGBY (All Players)** 13h15-14h15
WEDNESDAY	**SWIMMING** SOCIAL SWIMMING: 13h15-14h15	**RUNNING CLUB** 13h15-14h00 **SOCIAL TENNIS** 13:15-14:15 **SOCIAL FOOTBALL** 13h15-14h15 **SOCIAL TOUCH RUGBY** 13h15-14h15
THURSDAY	**SWIMMING** LTS: 13h15-14h15 **WATER POLO** U16 & U19 16:00-17:00 Groote Schuur	**INDOOR HOCKEY (All Squads)** 13h15-14h15 **ON-THE-MOVE** 13h15-14h00
FRIDAY		

LTS = learn-to-swim

NOTES:

- **All Grade 8s and 9s are expected to attend a minimum of one sport session per week. Should your name not appear on a register then you will be called to do work squad at the end of the exam period.**
- **The examination sports timetable for Water polo will only come into effect from 4 November 2025.**