



NIAA CONTACT (GAME) LIMITS

Fall Sports

Cross Country	14 total contacts
Football	9 games
Girls Golf	16 total contacts
Soccer	18 games plus two tournaments
Tennis	18 total contacts
Girls Volleyball	18 matches plus two tournaments

Winter Sports

Basketball	18 games plus two tournaments
Bowling	18 matches plus two tournaments
Flag Football	18 games plus two tournaments
Skiing	14 total contacts
Wrestling	15 total contacts

Spring Sports

Baseball	21 games plus two tournaments
Boys Golf	16 total contacts
Softball	21 games plus two tournaments
Swimming/Diving	12 total contacts
Track/Field	14 total contacts

A contact is any competition (game/dual, meet, match and/or non-school affiliated event) within the period of the NIAA sport sanctioned season.

Additional information:

NAC 385B. 378 Maximum number of games, contests or meets during seasons for sanctioned sports.

Subsection 2. For each sanctioned sport, the Executive Director may exempt not more than one contact, game, match or meet for the sanctioned sport that is conducted against a school that is placed on independent status pursuant to NAC 385B.202.

NAC 385B.384 Tournaments; wrestling; swimming and diving, substitutions.

Subsection 2. A school that participates in a sanctioned sport may substitute not more than:

- (a) One tournament for not more than three games, contests or meets for the sanctioned sport; or
- (b) Three games, contests or meets for not more than one tournament for the sanctioned sport.