



NICA

Walker River Rendezvous

9/18/2022

Venue Description

Race #2 of the 2022 season will be held at Walker State Park outside of Yerington. While this race has a lot of gravel, double track, and pasture roads, it also showcases single track trails that were built with the help of the league last year! After a long flat section to get everyone sorted out, the course climbs a rocky double track to the top of Eagle's Roost. Don't forget to take a moment to check out the views here as it looks over the East Walker River valley. Once you reach the top, the course turns into a single track for a moderately technical single track descent to the bottom. It then traverses on rolling single track before letting riders out onto pasture roads along the river that lead to the Start/Finish. The loop is ~5.7 miles with around 200 feet of climbing.

Address and Directions

Walker River State Recreation Area (Pitchfork Unit)

211 East Walker Rd Yerington, NV 89447

Directions [Here](#)



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We recommend that you use Google Maps (the link above) to find the park. It is approximately 8 miles south of Yerington off of Hwy 208. Once you turn off of the Hwy (it appears you are turning into a ranch) and onto East Walker Rd, it is approximately four miles of graded gravel road to the Park. Please drive slowly and use extra caution on the speedbumps near the farmhouse. You'll pass a cattle guard and come over the rise, where you'll see the Pitchfork Ranch in the distance! When you see the giant railroad tie sign at the entrance to Walker River State Park, turn right.

Parking

- This will be charged to teams after the race based on the number of racers. The fee will be \$8/rider.
- If you are camping, you will work directly with the park.
- Please park only in designated areas or where directed by a parking volunteer.
- DO NOT drive off road in the park or park on top of dry vegetation.

Registration

- Online registration closes September 7, 2023 at 11:59 p.m. Please note there is NO in-person registration.



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- Students must be league registered and “race-ready” in order to participate Race Ready is:
 - All information entered in the Pit Zone, League fee and race fee have been paid.
 - Release form completed electronically in Pit Zone (once per season).
 - “Practice ready” refers to those that have all of the above except the race fee paid. This is for the riders that may participate in the pre-ride with their team but are not racing.

Volunteering at our Events

Race day would not be possible without the incredible work of our volunteers. It takes a “village” to put on quality youth mountain bike races.

Saturday and Sunday positions are available.

We know some positions can look complex and possibly overwhelming for first-time volunteers. Rest assured ALL of our volunteer positions are FUN and require no previous experience and our Core Race Staff are with you every step of the way! You will feel confident and well-prepared for your task.

View volunteer training videos. Pick one (or two) that sound interesting to you, Click [HERE](#) to guarantee your preferred volunteer sports for race #1! For more information contact our Volunteer Coordinator, Ann Miers. ann@nevadamtb.org.

Event Weekend Schedule

Saturday

9:00 AM	Volunteer Shifts Begin
1:00 PM	Pre-ride pre-ride begins
4:00 PM	Pre-ride ends

Sunday



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6:45 AM	Volunteer Shifts Begin
7:00 AM	Registration Opens
7:30 AM	Head Coaches Meeting near the Registration tent
8:00 AM	*Pre-Ride Open to all riders
9:00 AM	GRiT Tent, all day, decorate cowbells
10:00 AM	Pre-Ride Closed
10:15 AM	Staging - Wave 1 HS Boys
10:30 AM	Racing Begins
12:15 AM	Staging - Wave 2 Girls
12:30 AM	Registration Closes
1:20 PM	Staging - Wave 3 MS Boys
3:00 PM	Racing Concludes
3:15 PM	Pit Zone Break Down Begins
3:45 PM	Awards Ceremony

*Everyone on course must have a race plate (student, coach, league staff) affixed to their bikes.

Pit Zone Information and NICA Rules

- Pit Zone is open for loading/unloading
 - Saturday: 5:00am -6:00pm
 - Sunday: 7:00am -8:00am and after the infield is taken down.
- NO BIKE RIDING ALLOWED IN THE PIT ZONE!
- **Garbage expectations - pack in/pack out**
- No Gas Generators in the PitZone.
- No fires/no bbqs.
- No inappropriate language allowed
- Please have your dog on a leash at all times.
- Conflicts and/or disputes should not be dealt with in the team Pit Zone area.
- Any violation of the above rules may result in a team penalty and/or expulsion from the Pit Zone and infield area.
- Please stay for awards if possible



Pre-Ride

Pre-Ride Hours

Coaches Only Saturday 2:00PM -2:30PM

GRiT Saturday 2:45PM

Saturday afternoon 3:00 PM–5:00 PM

Sunday morning (8:00 AM–10:00 AM)

All racers should pre-ride the course

RIDERS MUST ADHERE TO ANY COURSE RESTRICTIONS

TO BE ON COURSE: ALL RIDERS (STUDENTS & REGISTERED COACHES) must be fully practice ready in the Pit Zone and have their number plates affixed to their bike.

NO UNREGISTERED PARENTS/SIBLINGS ALLOWED ON COURSE.

[Pre-Ride Team Emergency Action Plan](#) (For Coaches)

Stay up-to-date

Information in this race flier is subject to change. Please check back just prior to the race weekend to make sure you have the most current information available.

SEE YOU AT THE RACES!!!

We will be communicating with coaches and will also send race updates via Single Track Times, Instagram, and Facebook should they occur.

Race Fee/Late Fee

	MIDDLE SCHOOL	HIGH SCHOOL
League Registration (annual)	\$140	\$140
Race Entry Fee (per race)	\$50	\$50

**Online pre-registration closes at 11:59PM on the Wednesday prior to the race.*



There is NO on-site registration.

Scholarships and financial assistance are available, for more information email nikki@nevadamtb.org.

Wave Start Times

STAGING will begin 15 minutes before each wave.

Note: Final lap count decision per category will be finalized and confirmed at the start of each race in addition to any lap cut-off times. Staging for all races begins 15 minutes prior to the wave start.

Wave 1: High School Boys

CATEGORY (NUMBER SERIES)	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE COLOR
Varsity Boys (50-99)	10:30 AM	4	60-90 min	Blue
JV1 Boys (300's)	10:33 AM	3	60-90 min	Pink
JV2 Boys (500's)	10:36 AM	2	60-90 min	Orange
Freshman Boys (800's)	10:39 AM	2	60-90 min	Red

Wave 2: Girls

CATEGORY (NUMBER SERIES)	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE COLOR
Varsity Girls (1-49)	12:30 PM	3	60-90 min	Blue
JV1 Girls (100's)	12:31 PM	3	60-90 min	Pink



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JV2 Girls (400's)	12:32 PM	2	45-60 min	Orange
Freshman Girls (700's)	12:33 PM	2	45-60 min	Red
8th Grade Girls (1500's)	12:36 PM	2	45-60 min	Yellow
7th Grade Girls (2500's)	12:37 PM	1	25-45 min	Purple
6th Grade Girls (3500's)	12:38 PM	1	25-45 min	Green

Wave 3: Middle School Boys

CATEGORY (NUMBER SERIES)	START TIME	LAP COUNT	ESTIMATED DURATION	RACE PLATE COLOR
8th Grade Boys (1000's)	1:46 PM	2	45-60 min	Yellow
7th Grade Boys (2000's)	1:49 PM	1	25-45 min	Purple
6th Grade Boys (3000's)	1:52 PM	1	25-45 min	Green

Staging

STAGING will begin 15 minutes before each wave.

Chip Timing Info (if Applicable)

All riders will receive a permanent number plate with chip timing transponder on the backside. Riders will use the same plate for the entire race series, so please remove this number plate before mounting the bike for transport to prevent loss. **Replacement number plates will be available at the registration tent for \$20.**

Petitions for Category Placement



Those petitioning for exceptions to category placement must do so by **Wednesday, 9/06/2023 by 11:59p.m.**

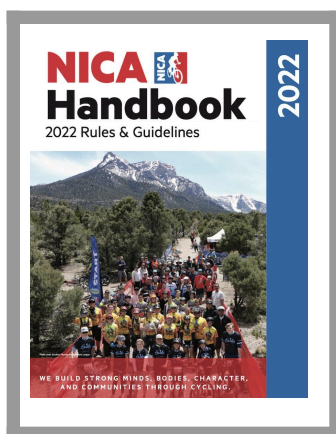
- No race day petitions will be accepted
- Petitions must be submitted by **9/06/2023** by filling out this form [HERE](#).
- All riders need to be invited to register in the Pit Zone online.
 - Contact your Team Director or Head Coach to be invited

Refund/Weather Policy

Below are the guidelines for how the league will conduct races in the event of challenging weather. Our primary considerations are the safety of riders, support staff and spectators, and potential damage to the venue and trails. Any decisions regarding canceling, postponing or altering race start times, lap lengths, number of laps, etc. will be made jointly by league staff and the land manager. Often this decision cannot be made until the morning of the race due to the unpredictable and rapidly changing nature of severe weather. The league will make every attempt to notify the racing population as soon as possible via email, social media and website updates. Please review our full weather policy at: <https://nevadamtb.org/weather-and-refund-policy/>

Handbook: Nevada North Policies and Rules

All participants are required to read, understand and abide by all league policies, rules and protocols while attending any league event.





Nevada North NICA Race Duration Guidelines

Riders will complete laps with the following Race Duration Guidelines for each category:

- <45 mins for Middle School
- 45-90 mins for Frosh/Soph boys and girls & and JV girls
- 60-100 mins for JV boys and Varsity girls
- 90-120 mins for Varsity boys
- Student-athletes may be asked to withdraw at the finish line after cut off time limits have been reached. We do everything we can to avoid this from happening.
- Race officials reserve the right to determine these time limits at any time.
- Time limits may be imposed for reasons that include, among others: safety, heat, cold, rain, and muddy conditions.
- Course closures may be announced at any time.
- Racers who do not make the time limit cut-off will still be scored and ranked.
- Due to weather or course closures, these duration guidelines may be changed at League Discretion.

Coaches Meeting

A mandatory head coaches meeting will be held near the Registration tent on Sunday, September 11th at 8:30a.

Each team must have 1 representative present at the meeting.

Camping and Lodging

Both tent and RV camping is available at Walker State Park on a first-come, first-serve basis. The Park fees for camping without hookups are \$15/night for Nevada residents and \$20/night for out-of-state residents. This includes Park Entry fee for both days. There are 21 RV sites with power and water hookups. About half of these sites have



dual hookups for two RVs/trailers. Please consider sharing dual sites with others on your team. It is a \$10/night additional fee to connect to hookups. There is a dump station on the main park road. There are also 16 tent camping sites and another 10 or so day use sites that can be used for car or small tent camping during the race weekend. If all designated sites fill up, the park will allow leave-no-trace dry camping in, or next to, your vehicle in designated overflow camping areas. The park is currently under fire restrictions. Violations to park rules will result in rider or team penalties. As with all our venues, please pack out your trash.

For lodging, there are a couple of motels in Yerington for a reasonable price.

Food Service

There will be no food service on site for the first race, please bring your own food and drinks for the event. Please note that the town is ~8 miles away and has very limited options.

Contact Information

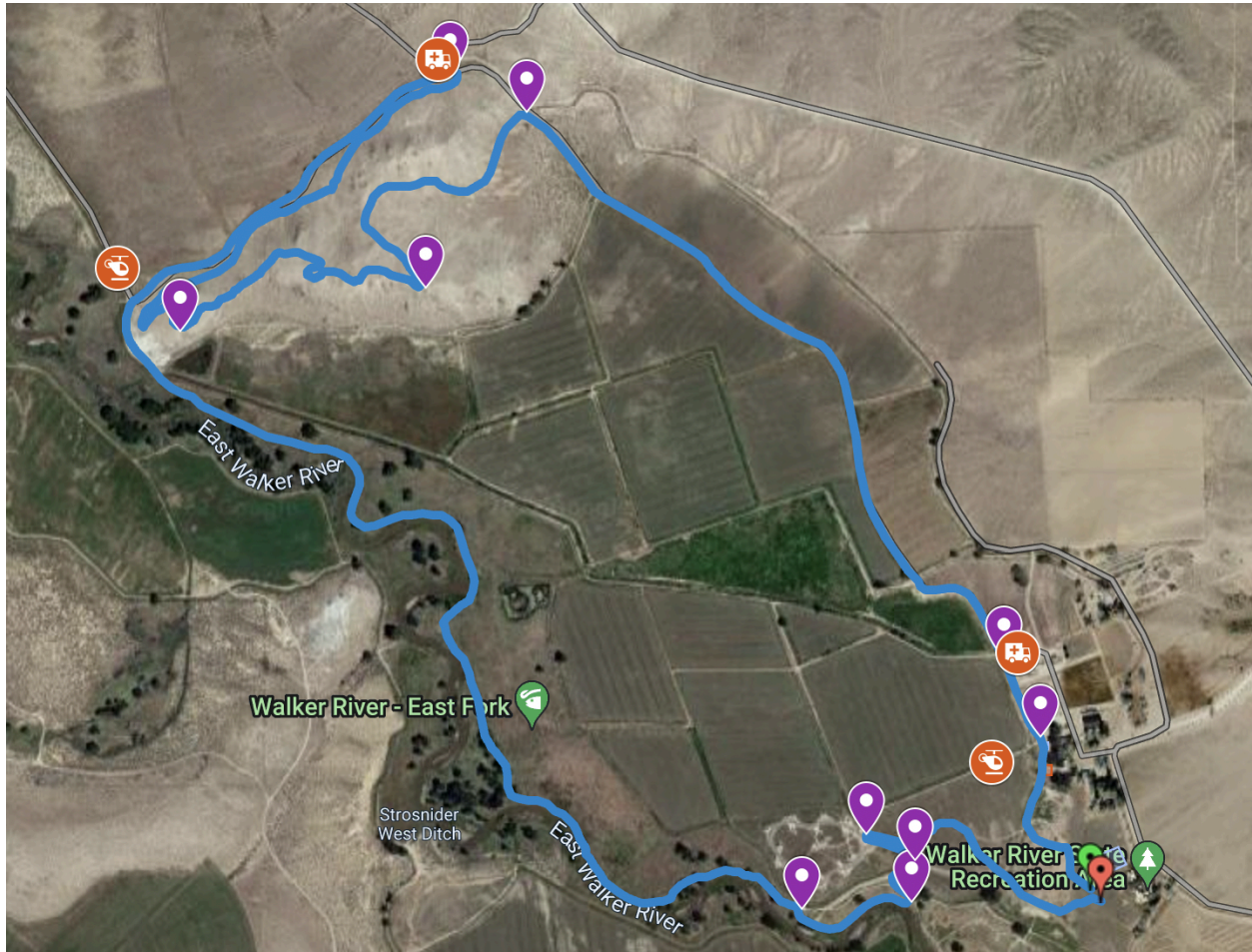
General League Questions:	Nikki Peterson , League Director, nikki@nevadamtb.org
Race/Venue Specific Questions:	Nikki Peterson , League Director, nikki@nevadamtb.org
Rule Specific Questions:	Paul Miers, Race Official, paul@nevadamtb.org
Registration Specific Questions:	Nikki Peterson , League Director, nikki@nevadamtb.org

Please note that most staff arrive onsite Friday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.



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Course Map



NICA CORE VALUES





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NICA Safety Reporting and Insurance Coverage

Safety Reporting

Incident reports are mandatory whenever a student-athlete or coach is injured during a NICA activity. These incident reports are submitted by each Team's Designated Reporter or an independent rider's parent. For more information on Safety Reporting reporting please see our [brochure here](#).

Insurance Coverage

NICA Insurance coverage is for registered student-athletes and registered coaches injured while participating in the sanctioned pre-ride and race events.

For more information on NICA Insurance Coverage, please see our [FAQ here](#).



The Nevada North Interscholastic Cycling League is a Project League of the National Interscholastic Cycling Association, a 501(c)(3) non-profit youth development organization, guided by the core values of fun, inclusivity, equity, respect and community. The league promotes interscholastic mountain bike racing, provides training and education to new teams and coaches, and offers a comprehensive infrastructure to grow youth cycling in a professional, safe and engaging manner.