

MINI ALL IRELAND HURLING AND CAMOGIE 2025

PLAYING RULES

	Academy	Junior	Inter	Senior
Team Sizes / Participation	There are 4 teams in Academy Girls and 8 teams in Academy Boys No team can have more than 1 extra person than the other team on the pitch at any one time. Where there are extra players, the mentor should substitute by rotation.	There are 8 teams in Junior Girls and 8 teams in Junior Boys No team can have more than 1 extra person than the other team on the pitch at any one time. Where there are extra players, the mentor should substitute by rotation.	There are 6 teams in Inter Girls and 8 teams in Inter Boys No team can have more than 1 extra person than the other team on the pitch at any one time. Where there are extra players, the mentor should substitute by rotation.	There are 6 teams in Senior Girls and 4 teams in Senior Boys No team can have more than 1 extra person than the other team on the pitch at any one time. Where there are extra players, the mentor should substitute by rotation.
Duration	10 mins per half 3 mins half time break 3 mins additional time can be added if required by referee	12mins per half 3 mins half time break 3 mins additional time can be added if required by referee	12mins per half 3 mins half time break 3 mins additional time can be added if required by referee	15 mins per half 3 mins half time break 3 mins additional time can be added if required by referee
Sliothar	First touch	Quick touch	Quick touch	Smart Touch: Girls

				Size 4: Boys
Commence	Play commences with a throw in at half way line	Play commences with a throw in at half way line	Play commences with a throw in at half way line	Play commences with a throw in at half way line
Outfield Play	All ground hurling/camogie	First half ground hurling/camogie Second half option to use air hurling/camogie	Full air hurling/camogie	Full air hurling/camogie
65's / Wides	No 65's Wides restarting with goalkeeper strike on ground	65's should be taken from the hand. Wides restarting with goalkeeper strike	65's can be taken from the hand or lifted from ground. Wides restarting with goalkeeper strike	65's taken from ground Wides restarting with goalkeeper strike
Scoring	1 point for every score Restarted after score from midfield	1 point for a goal 2 points for over the bar Restarted after score from midfield	1 point for a goal 2 point for over the bar Point from a sideline cut will be awarded 3 points Restarted after score with goalkeeper puck out.	Normal hurling/camogie scoring: 3 points for a goal 1 point for over the bar Point from a sideline cut will be awarded 3 points Restarted with goalkeeper puck out.

Fouls / Frees	Player fouled to take free on ground	Player fouled to take free on ground Option to take free in air in second half	Player fouled to take free from hand or lifted from the ground.	Free taken by any player lifted from ground. For Girls: Player fouled can take free out of hands. If any other players takes the free it is taken lifting from the ground
Soloing	N/A	No soloing	2 catches allowed with 4 steps single solo allowed between catches.	Hurling (Boys): 2 catches allowed with no solo limitations Camogie (Girls) 4 steps allowed, followed by single solo of the ball on hurl and 4 more steps with ball in hand.