

# Essential EDC Checklist for Dog Owners/Trainers/Walkers

Everyone's dog-walking experience is going to be a little different.

Many different variables may come into play such as:

- Area (neighborhood, park, etc.)
- Dog walker (you)
- Off-leash dogs (be on high alert!)
- Other dog-walkers
- Dog body language

The key here is to STAY VIGILANT!

- Don't let your guard down.
- Be prepared
- Be aware of your surroundings

Here is a very basic EDC list and some reasons for carrying these particular items:  
(Your dog should be on a strong leash at all times when out walking).

## Gloves

- Hand protection
- Grip on leash
- Picking up dirty items

## Keys

- No one home to open the door

## Poop bags

- Common courtesy
- Don't be "*that guy*"

## Knife

- You never know when you need to cut something loose.
- A knife for self-defense should ONLY be used as a LAST RESORT. Not recommended.

## Wallet

- Business cards (you never know)
- ID card
- Money

**Phone**

- Call for help
- Taking a photo

**Pepper spray**

- If the attacker can't see, they can't fight... usually. Not 100% effective, but still a great go-to self-defense tool.
- Fits easily into your pocket. Carry in-hand when you sense a high-alert situation.

**Stun gun** (my personal favorite)

- The sound alone will scare off most dogs.
- Usually no contact is needed with the animal.
- If necessary, the device will deliver enough pain to send the attacking-dog running, but will not be physically harmed.

Here are other EDC items that other dog trainers and walkers keep in their fanny-packs, pockets, or whatever they use to carry their gear.

Remember, it's all a matter of preference, and seeing what works best for your situation.

This list should give you more than enough choices:

1. Treat pouch
2. Brand (your business name on your shirt)
3. Whistle
4. Dog clicker
5. Foldable food/water bowl
6. Headlamp
7. Flashlight
8. Pen
9. Batteries
10. Collar w/ID
11. Water bottle
12. First aid kit (small)
13. Hand sanitizer
14. Emergency-contact card
15. Current rabies vaccination records
16. Towel for your pooch to lay on.
17. Lighter

**This concludes the basic EDC dog-walking checklist.**

**Stay vigilant and be on the lookout for more in-depth discussions on dog-walking safety and the importance and benefits of walking for both dog and owner.**