

## 824 Lab Reflection for UDL

1. Each group will **share UDL ideas** for assigned problem areas and post their own copy onto the discussion board.

2. Name:

Hannah Jacobson, Grace Olson, David Hanson, Lexi Tschetter, Peyton Klein

3. Group #:

1

4. Problem Area:

Poor attention and difficulty learning new concepts

5. Identify AT tools to address problem area for each three UDL

principles:

Engagement

The principle of engagement emphasizes providing meaningful choices and promoting self-regulation to increase student motivation. For children with ADHD, this could involve offering them options in how they demonstrate their understanding of a topic or allowing them to choose topics of personal interest for projects

a. allowing designated sharing times to allow Tim to expand his choices and times to discuss

a. Designate times for one to be a leader

b. faster changes in topic to maintain attention

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- c. Have zones of regulation that are utilized among all students and allow

The **ZONES** of Regulation®

|  |   |  |  |
|--|---|--|--|
|  |   |  |  |
| <b>BLUE ZONE</b><br>Sad<br>Sick<br>Tired<br>Bored<br>Moving Slowly | <b>GREEN ZONE</b><br>Happy<br>Calm<br>Feeling Okay<br>Focused<br>Ready to Learn | <b>YELLOW ZONE</b><br>Frustrated<br>Worried<br>Silly/Wiggly<br>Excited<br>Loss of Some Control | <b>RED ZONE</b><br>Mad/Angry<br>Terrified<br>Yelling/Hitting<br>Elated<br>Out of Control |

for cool downs

- d. Create a reward system
- e. Promote engagement through games
  - i. ex: kahoot, competitions, videos, look into extra curricular

## Representation

“In terms of representation, UDL encourages educators to present information in diverse ways, utilizing various media, visual aids, and technology to accommodate different learning styles”

- a. using videos to engagement, visual aides, and technology to support different leaning
  - i. use varying ideas to support each child
- b. find games etc to use to create it more ability
- c. use of smart board so child can actively engage



## Action and expression

“In terms of expression, UDL advocates for flexible methods for students to acquire and demonstrate knowledge and skills. For children with ADHD, this means allowing them to use

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alternative means of expression, such as oral presentations, graphic organizers, or digital tools, which can better align with their strengths and abilities.”

allow the child to choose demonstrate their knowledge in a way that they prefer

- Tim doesn't like to speak up so maybe they can do more drawing or electronic demonstration of their understanding of a topic in a way that is typical for them. Allow options for expression
- Tim likes computers, so there couldn't maybe be online sites that allow for him to play games and demonstrate his understanding (spelling city, coolmathgames.com, type2learn, etc.)

