

English Muffin Breakfast Pizzas

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Ingredients:

6 English muffins
4 Eggs (room temperature)
2 Tbsp milk
¼ Tsp salt
10 (or so) Dashes hot sauce
Ham slices or cooked bacon
1 Cup shredded cheddar cheese
Optional: Veggies, tomatoes, olives, etc

Directions:

1. Preheat oven to 400
2. Line a baking sheet with tin foil and spray with cooking spray
3. In a shallow dish, whisk eggs, milk, salt, and hot sauce
4. Separate English muffins and soak each side in the egg mixture
5. Place, cut side up, on prepared baking sheet
6. Add choice of meat and any desired toppings
7. Sprinkle with cheddar cheese
8. Bake 15 minutes