

## Roller Derby Juniors Gear

Properly fitting gear is an important part of physical safety. Reach out with questions.

1. You can rent gear to get started for \$10/month. Please let us know in the [RSVP form](#).
2. You must purchase your own mouthguard. [SISU](#) brand recommended. Your own well fitting helmet is highly recommended.
3. Oaks Park and Five Strides in Portland are great shops to get fitted and buy gear. Derby Warehouse is a great online site if you know your sizes.

### Required Derby Gear Checklist:

- **Helmet:** (*properly fitting-see WFTDA guidance*)
  - Suggested brands: [S1](#)
- **Mouth Guard** - We do not rent mouthguards.
  - Suggest Brand: [SISU](#), custom fits to mouth.

Protective Pads: [This a great starter pack for all your pads.](#)

- **Wrist Guards:** wrap around or slide out
- **Elbow Pads:** (hard outer shell)
- **Knee Pads:** (hard outer shell)
- **Quad Roller Skates:** (no inline) Highly recommend buying at the skate shop and getting sizing.
  - Suggested Brands: [Bont](#), Ridell, Antix
  - Suggested wheels: Indoor Wheels (86-91)