

The Beginning

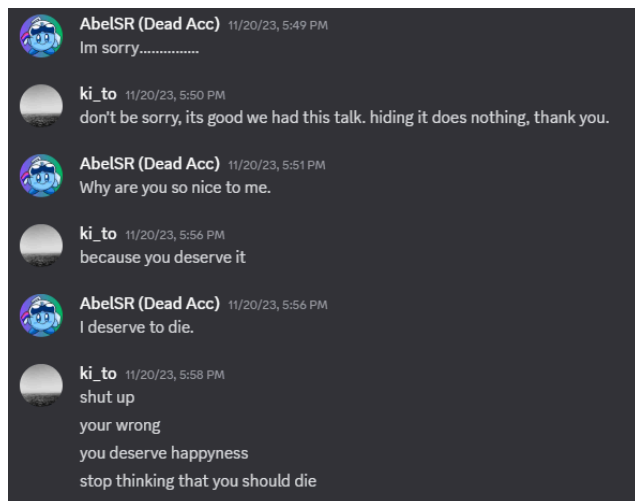
My Experience with Abel (BikuSR)

Tw: suicide/manipulation

Hello, my name is ki_to also known as Ryder but I also went by the name Irene in the past. I have known Abel for almost 3 years and I have had a lot of very bad interactions with him so I want to highlight them all here for everyone to know. Abel has had a history even before our relationship to get attention by threatening to end his life, which ironically is where this story begins. A lot of this happened in Late 2023-Early 2024 so my attitude in some of these screenshots may look...immature...to say the least but I can say I am a changed person.

I was 16 when I caught feelings for Abel but I wasn't sure if telling him was a good idea until one night I saw an alt tweet saying he wanted to end his life because no one cared about him. Me not seeing the red flag i told him I loved him and from there we were in a relationship. Which was all fine and good until he started to say some very worrying things such as how his parents treated him and how he felt "disconnected" from the speedrunning community due to him "Not being able to record his runs". This isn't the main point of this doc, but I will give examples on why I think this is also bullshit and show he could have recorded his runs a long time ago he just didn't.

I didn't know Abel enough to think about if this was false and since not recording your runs isn't like that much of a big deal for a relationship, I didn't really care and Supported him through this and I say Supported with a capital S because he would CONSTANTLY threaten to kill himself over this stuff and I would have to give him positive affirmation all the time almost on a weekly basis. Anyone would have seen this and said it was unhealthy (except me I guess).

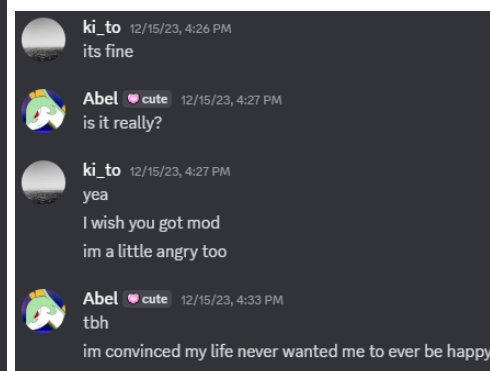
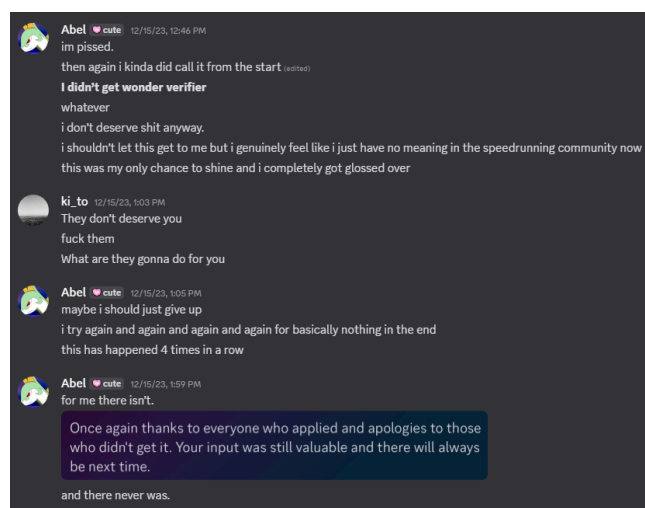
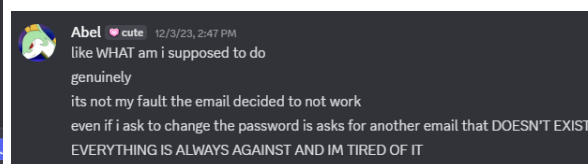


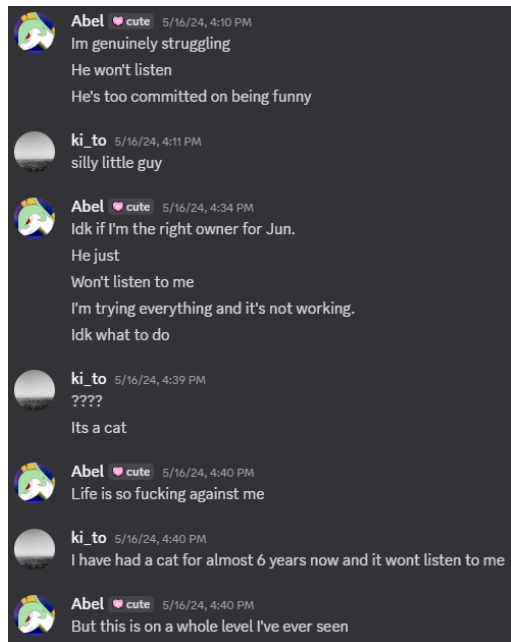
However, whenever I went through something the first thing he would do is feel bad about himself and shift the conversation to be about himself (This specific situation I am upset about has been dealt with for a long time, this is just to show an example)



Another thing that happened a lot was him wanting to end his life over small things not working. While I wont include every situation with a screenshot (even though I have proof for every single one) here are a list of things he wanted to kill himself over:

- His data on his switch not importing
- Not getting Wonder Verifier
- His Super Mario Bros Wonder SOB being incorrect
- Not getting a pb in SMO any% (3 Times)
- Not hitting ITC (in practice)
- Galaxy 1 bullshit (2 instances I could find on screenshots but probably more through vcs)
- Getting timed out from a streamers chat after insulting them
- Headphones breaking
- Charger breaking
- Wii not working
- Me not responding in under 30 minutes
- His cat not listening to him (He had the young cat for 8 hours)





Now I know what you're thinking, why? Why would someone link something like their charger breaking to their own life. Something that is prevalent in this day and age is people joking about killing themselves but the way he was saying it felt way too serious to be a joke because I would give him a serious response and he would give me the same "oh but everyone hates me and life hates me" which felt patronising considering how hard I was trying to help.

I want to add this here just as a quick reminder; if you are going through depression or you are in a bad mental state. Talk to a therapist. Your friends love you. I promise. If you are going through something I am very sorry that is happening to you and I hope you get the help you need. While a lot of these screenshots look like someone who is actually depressed, that is not the case, he is pretending for attention. It gives the vibe that he is mocking people who are actually going through stuff like this. Instead of getting help from those at home he has put that responsibility on me and many of my friends.

Over the starting months of 2024 it was a lot of the same with Abel telling me his life was pointless and making me feel like I had to pick up the pieces when minor things in his life went wrong. Until mid March when he went on a rant about how his parents didn't love him. Since I was so fed up and tired of hearing about Abel's awful parents I made probably the worst decision I've ever made to try and fix it...

Abel To Soar

Abel To Soar was a charity I made to help Abel leave the abusive household he talked about living in. Another piece of info I should share is that the charity was my idea. He did not force me to make it or anything but it was a result of him constantly telling me how awful his life was.

But around this time some problems arose like his speedrunning times getting much more suspicious. We had found a method of recording his runs where the quality wasn't the best but it would still be proof of him doing runs. He actually did a few like Mario Kart 8 48 Tracks and Super Mario Galaxy Enter All Domes. I decided, since I was lowkey getting suspicious around this time too, that the first dono goal would be a sandbox relay and I put him on odyssey because around the time he claimed to get a 1:00. To my surprise he didn't fight doing it much but a couple days before the run he was like "OMG im so rusty I cant even hit nut clip anymore" Which I told him if he played consistently he could get a goodish time even if it wasn't around his pb. I'm not a good SMO runner so I didn't know how badly someone could rust. He did the run and got a 1:14:30. I wish I could show how obnoxiously bad he played for someone who claimed to be a 1:00 runner but twitch deleted the vod when they added the 100 hours rule (thanks twitch)



[Update as of (6/23/2025): Someone recovered the smo gameplay in this run!
<https://www.youtube.com/watch?v=mWtgRjNE2R4>]

I was told by multiple subhour runners, who for the sake of privacy will remain nameless unless they choose to come forward directly, that there is no way his 1:00 time was real because his movement was barely 1:05 level taking out the timelosses. I bring this up also because naturally playing "15 minutes off pb" made him want to quit speedrunning forever (2 days).

A month later he drops that he got a 0:59:40. Ok sure, I guess if he has a 1:00 it's only natural that subhour is next but he called a sub-hour "mid"? Now I'm not a subhour runner but I'm not sure that any of the 85 subhour runners at the time called their first subhour mid.



This pissed me off so much I told him off for this and I think every subhour runner could agree with me for saying this.

ki_to 5/4/24, 5:54 PM
58 grind rn
If you want to be so upset about the 59

Abel 5/4/24, 5:55 PM
naw
runs mid but at least i'm happy enough to switch over to G1
thats what matters to me

ki_to 5/4/24, 5:56 PM
I think you are the only person ever to get a sub hour and say the run is mid
Its actually getting on my nerves
because this is like every pb you get
its either bad or its mid (edited)
like you ACTUALLY got sub hour
you should be happy it didnt take months to get

Abel 5/4/24, 5:58 PM
it kinda did
it took 3 months
but its fine
not mad about that either way

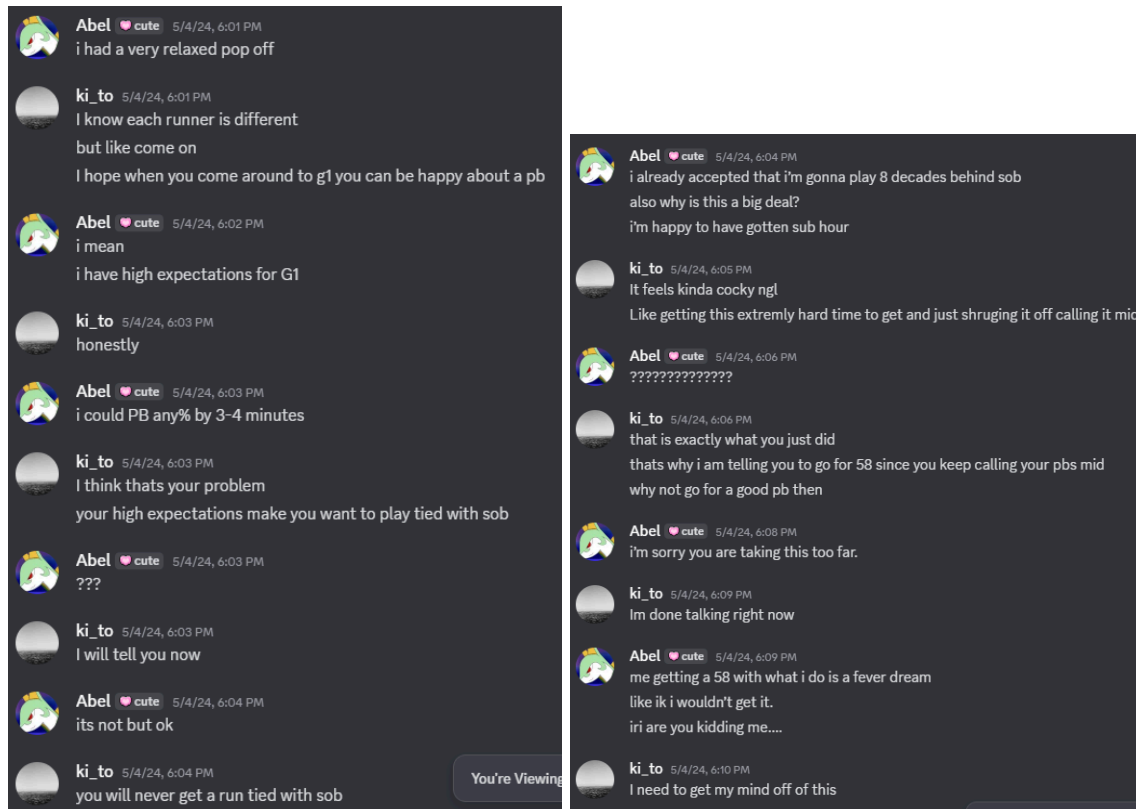
ki_to 5/4/24, 5:58 PM
yea but you were juggling 6 other games with it

Abel 5/4/24, 5:59 PM
i can be better but at the end of the day i'm happy i did get it
after thinking about stopping for the day countless times
i woke up at 8 and now it's almost 7

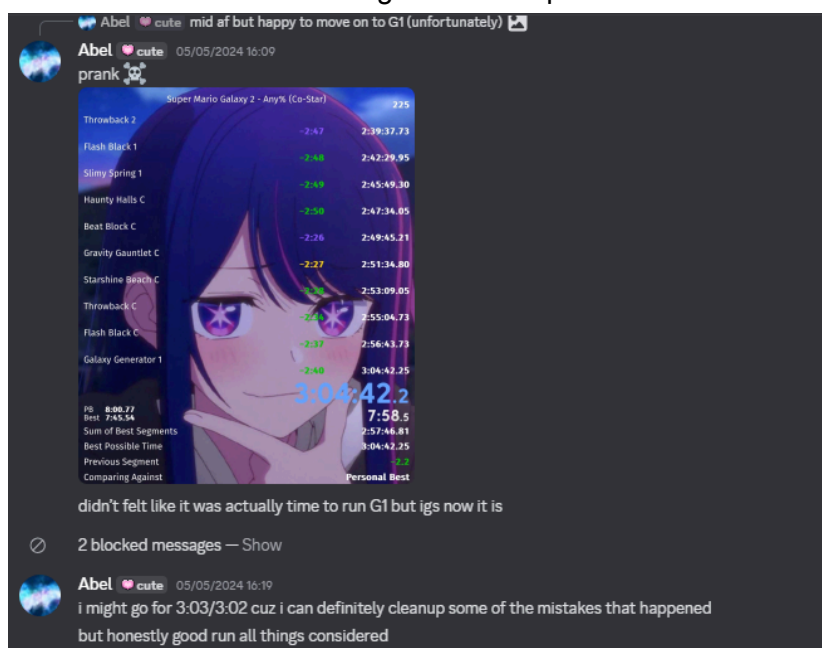
ki_to 5/4/24, 6:00 PM
ok, I just want you to be excited about a pb at some point

Abel 5/4/24, 6:00 PM
eventually i'll go back in get a better 59
but not now

ki_to 5/4/24, 6:01 PM
Im just saying for a run like sub hour people get so e:
They scream shit like "ITS FINALLY OVER"



Then the VERY next day he drops another incredible time in a completely different game out of nowhere?? Keep in mind that in under 24 hours he goes from a 3:07 and being rusty by not playing the game to 3:04. Every g2 runner would ALSO agree this is not normal. All without video. These 2 back to back got a lot of top multimario runners suspicious including me.






The next day someone said No vid = No did on twitter. Personally I agree with this take, although at the time I chose to side with Abel for the sake of the relationship. After this, quite possibly the most suspicious coincidence happened where Abel's parents allegedly took away all of their speedrunning equipment the exact same evening that this tweet was posted, I don't think anybody was able to take this timing without at least a hint of doubt and it became a rather noticeable talking point how seemingly convenient this was but nothing really came of these murmurs at the time.






I got 2 hours of sleep that night and had probably one of the worst days of my life because I wanted to help him through this supposed predicament while also preventing people from taking sides because a lot of people who saw this took Abel's "side" and took it out on the original poster of the tweet. I am not saying everyone did this but it really seemed like it at the time. Later that day I made a tweet writing about how Abel's parents are actively doing these horrible things (I wish I didn't do that now that it appears its complete bullshit) but interestingly enough right after posting it Abel texted me saying "Hey good news we are trying to work something out! Now please delete the tweet!" It's extremely dubious how everything seems to magically work out the moment I tried to get other people involved to support him and this happened far too many times to not pick up on. Because of how suspicious I was of all of this this would result in a cycle of:



Abel tells me something bad happens -> I bring it up down the line when the problem concerns the topic -> All of a sudden it's ok again


 **Abel**  5/9/24, 1:20 PM
uhhh
it's gotten worse
i'm gonna be living at my aunts for awhile now
but my parents told me this
quit speedrunning if you wanna be with your online friends or lose everything and live a hellish life



 **ki_to** 5/9/24, 1:41 PM
Well I mean, that probably means you will have to quit speedrunning
Abel I am going to be completely honest, I feel like there is something you are hiding from me. I dont know when you will be able to but we need to have a talk about it soon


 **Abel**  5/9/24, 1:45 PM
hiding?
wdym?



 **ki_to** 5/9/24, 1:46 PM
There are way to many things that just dont line up and it's starting to get suspicious


 **Abel**  5/9/24, 1:46 PM
like what????
do you seriously think i am lying about my parent situation rn???



 **ki_to** 5/9/24, 1:48 PM
The fact that the day after Odme and others probed you about your times your parents suddenly do this. I dont want to make any suggestion that you are cheating or that this situation is fake. But this timing could not have been worse



 **Abel**  5/9/24, 1:48 PM
which btw i could literally be on the verge of not being able to leave



 **ki_to** The fact that the day after Odme and others probed you about your times your parents suddenly do this. I dont want to make any suggestion that you are cheating or that thi...


 **Abel**  5/9/24, 1:49 PM
that is horrible timing
i knew my parents were gonna do something about me playing all day but not this level of abuse



 **ki_to** 5/9/24, 1:50 PM
Again I am not suggesting you are lying about your times or your situation but similar things have happened in the past



 **Abel**  5/9/24, 1:51 PM
ok


 **Abel**  5/9/24, 1:51 PM
i knew my parents were gonna do something about me playing all day but not this level of abuse



 **Abel**  5/9/24, 1:51 PM
but back to this real quick
rn my parents decided to move me to my aunts house until i graduate cuz they wanna do shit with the house


 **ki_to** 5/9/24, 1:52 PM
Ok so I presume that your aunt house is not an ideal location for you to stay

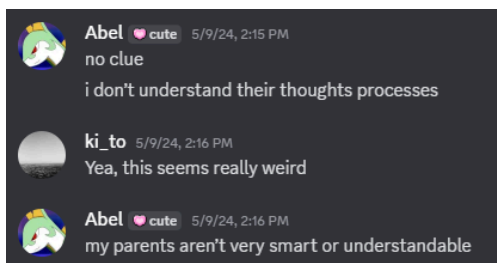
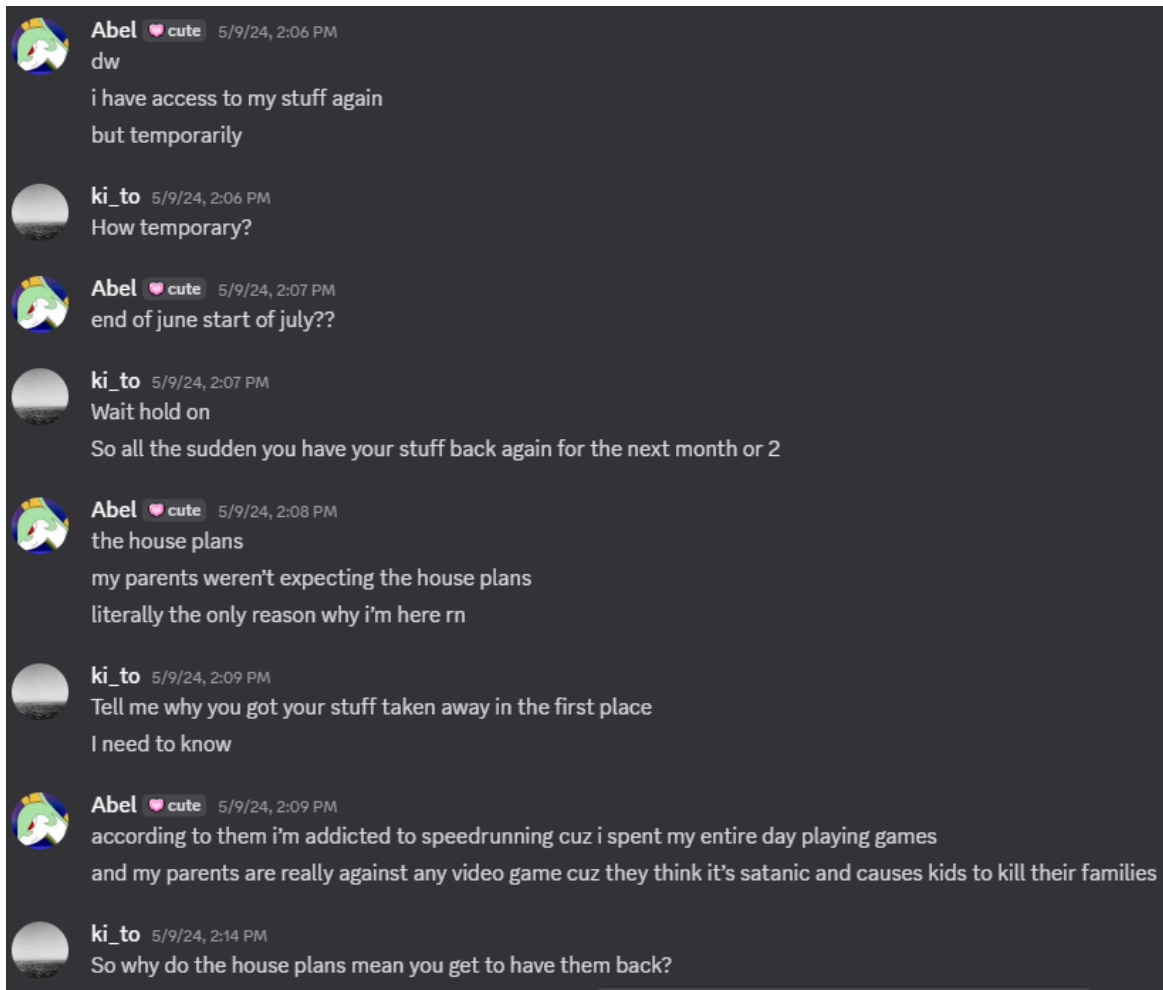
 **Abel**  5/9/24, 1:53 PM
i talked with bush robi and midbro in vc about whats happening
and not only did my parents basically admit to wanting to use me as a puppet to continue my family bloodline

 **Abel**  5/9/24, 1:53 PM
and not only did my parents basically admit to wanting to use me as a puppet to continue my family bloodline


 **ki_to** 5/9/24, 1:54 PM
Wait

 **Abel**  5/9/24, 1:54 PM
but to also save them from the current situation they are in cuz my sister isn't allowed to work anywhere that is 2 hours away from home

 **ki_to** 5/9/24, 1:54 PM
Oh fuck



Because of these cycles I broke up with him. I was tired of taxing my mental health over someone that isn't even bothering to better himself. Regretfully, just before that I made the now obvious mistake of giving them reason to crash out, that being that someone else was trying to expose the charity and I told him about it which caused him to just not listen to me at all before I eventually got sick of this and began just brute forcing my way through the conversation.



 **ki_to** 6/2/24, 5:46 PM

u: why?

Abel who is a Multi Mario/Kirby runner is not living in a safe house hold. They are a few months away from being able to move out but will be getting little to no support from their family. This charity is to help them not only move out but also help them be able to pay for college and give some help looking for a job


charity fraud at its finest 🚩

what is your fucking deal with him like you know this isn't okay



 **Abel**  6/2/24, 6:24 PM

Leave me alone

I don't wanna live anymore

 **ki_to** 6/2/24, 6:24 PM

Stop please

 **Abel**  6/2/24, 6:24 PM

Everythings against me

My friends are against me

People I never talked to are against me

I just wanna escape this life and live a happier one

I have no reason to even fake runs

Let alone even trying

What am I even getting by faking runs when they have 0 video cuz I literally can't even have something that can record it

And either way

I can't Speedrun anymore

My parents took away what I had in life

I want to escape

That's all I want

Just escape

Live a happy life

No abuse

You're Viewing Older Messages [Jump To Present](#)

No way of seeing my parents

Just a happy life (edited)



It's unfair

Why do I keep living if even God doesn't want me too

I only exist to be a joke

I can't take it anymore

I just wanna die

 **Abel**  6/2/24, 6:33 PM

4 years lost

Why should I not live

I'm hurting you


I'm the worst (edited)

I'm the worst bf to exist



I'm not non-binary

I'm just a plain guy


No one gendered me right

 **ki_to** 6/2/24, 6:35 PM



Abel

 **Abel**  6/2/24, 6:35 PM

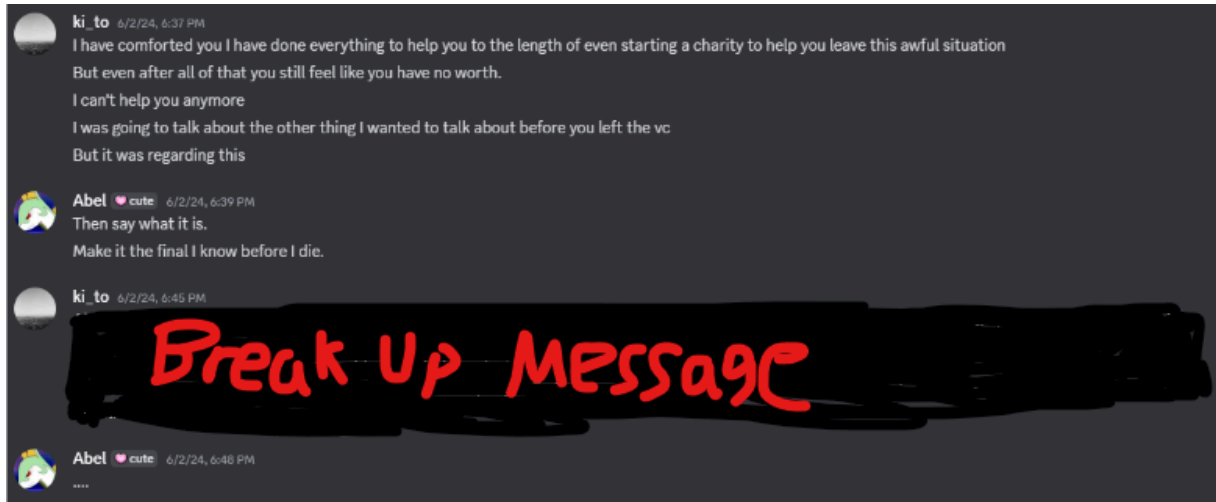
Cuz I never was nb or ever will be

 **ki_to** 6/2/24, 6:35 PM

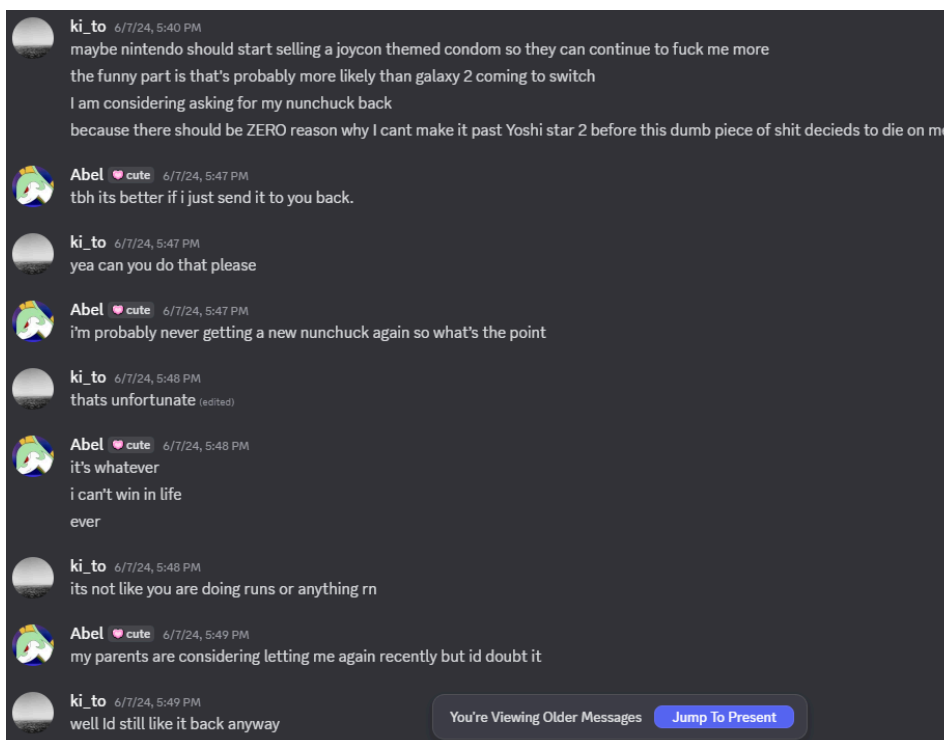
If you truly feel this way, there is unfortunately nothing I can do beyond this point

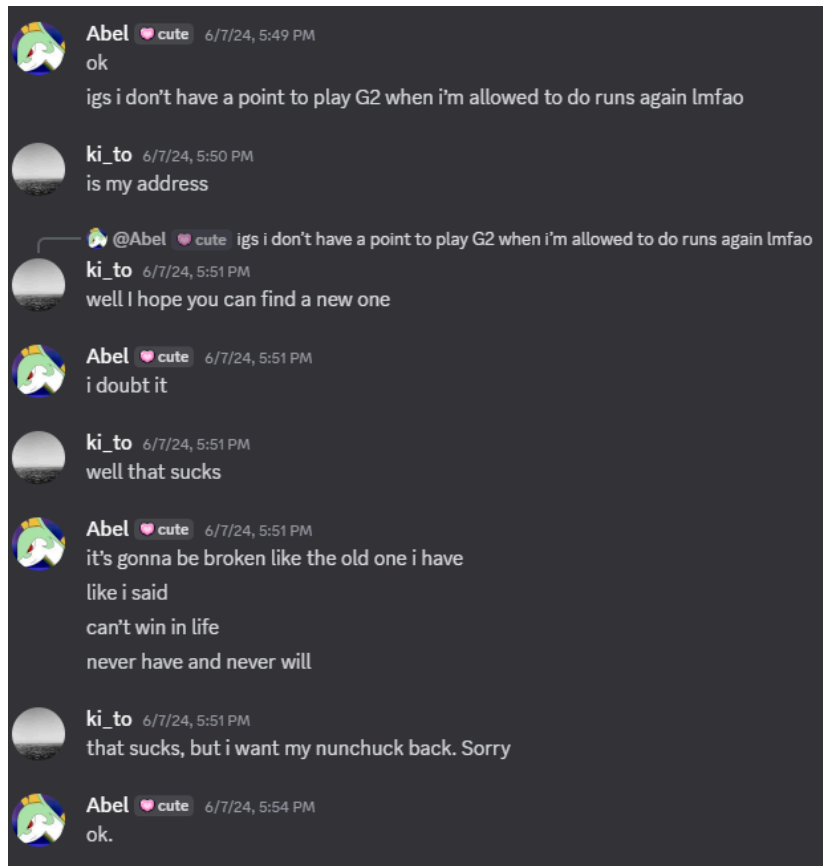
 **Abel**  6/2/24, 6:36 PM

I'm a useless person who was set a goal to fail

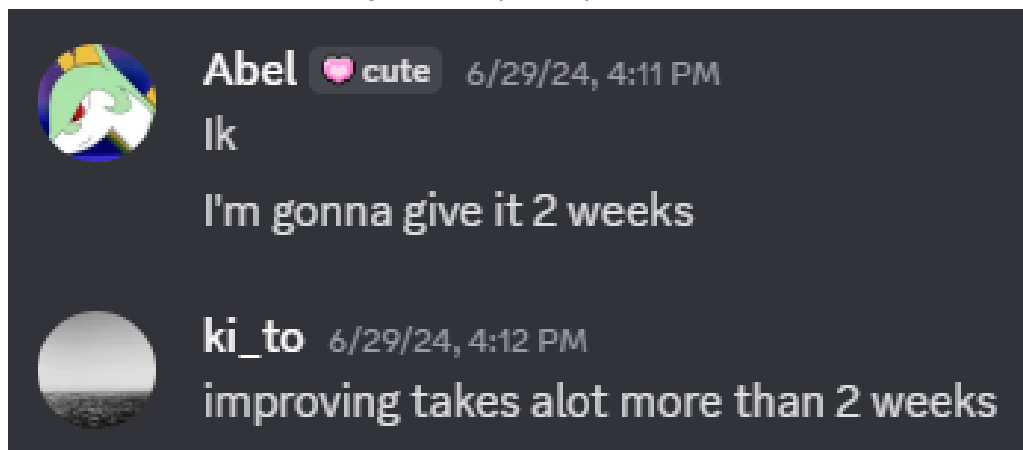


He didn't take this well saying he was going to kill himself on his main twitter and that he was the problem and while he didn't beg directly for a second chance but he really leaned towards it. Obviously I stood my ground and made sure that wasn't gonna happen. He promised he would improve but that is NOT what happened. Just 3 days later I asked for my nunchuck back (he was still claiming to not be allowed to speedrun) and was like "But how am I gonna play g2?" Back to that old cycle again.





Later that month, after his twitch account got banned for a series of really questionable jokes, noticeably the specific set having been posted in the chat of a 17-year-old, he said he was genuinely going to improve himself by taking a 2 week break from the internet. Considering what he said to get himself banned alongside all of the issues he claimed to be having with his home life, 2 weeks is nothing. Naturally, 4 days later he comes back like nothing happened.



July 2, 2024



Abel cute 7/2/24, 4:19 PM
CaseOh Mindset.

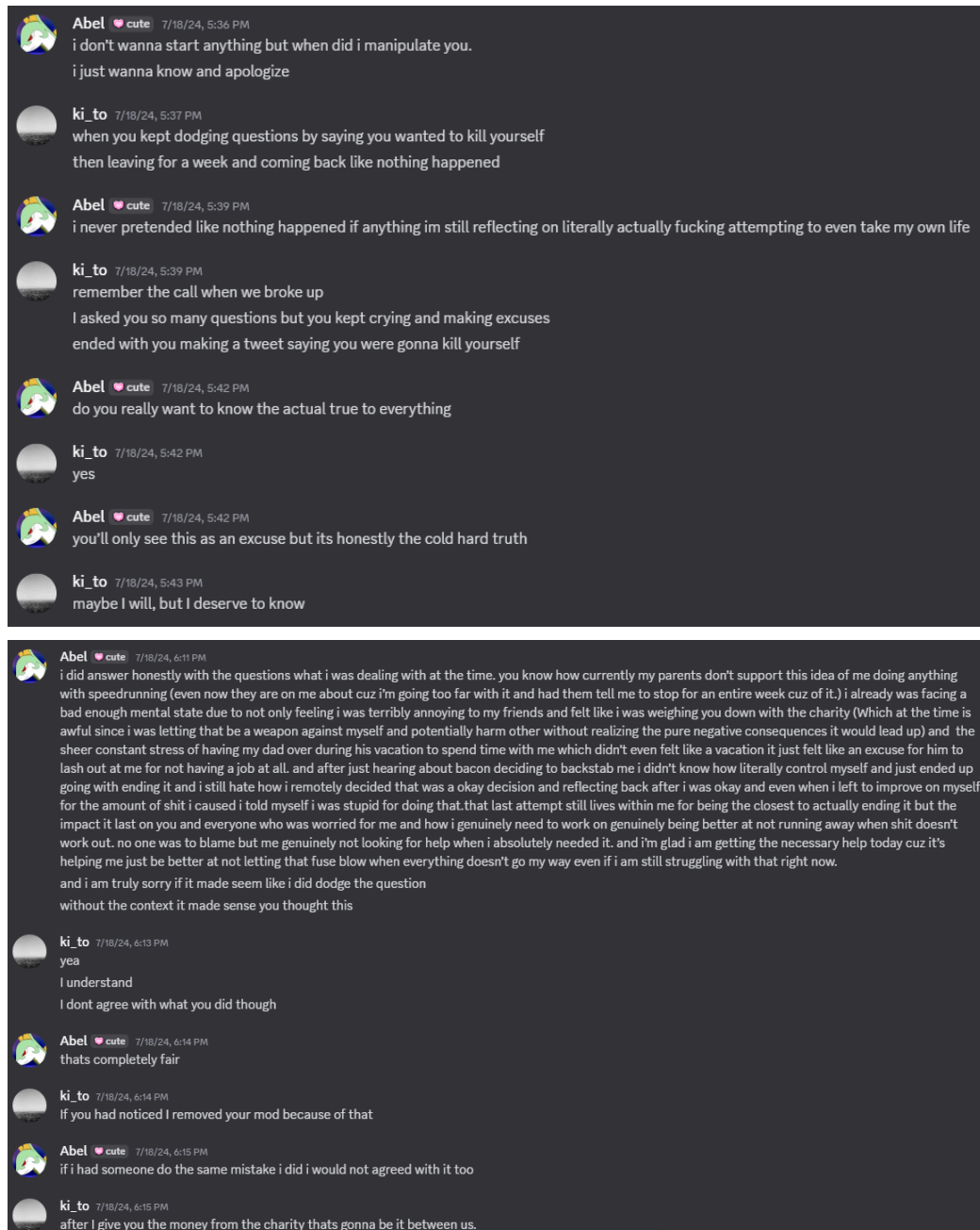


@Abel cute I'm probably gonna disable any form of social media aside from my Twitter alt until I feel like I've improved
ki_to 7/2/24, 4:23 PM

Nothing sufficiently relevant to mention in this document happened for the rest of the charity between us aside from more of the same things as before. Although after it ended is another story.

After

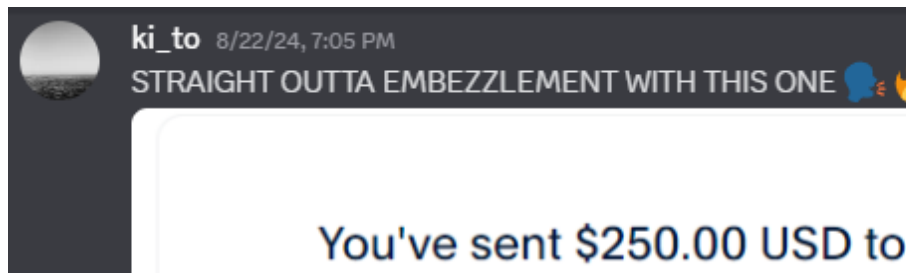
As most people a part of the multi mario community know, another (thankfully former) member of our community was manipulating people and also embezzling money from many people in the community. And after reading what one of her victims wrote about her only then I realized what abel was doing. I wrote it on my alt twitter (this account has since been deleted so no screenshot can be provided for this) about how I found out about these horrible things he had done to me. Abel found out I wrote that and pressed me about it trying to deny any of that happened.



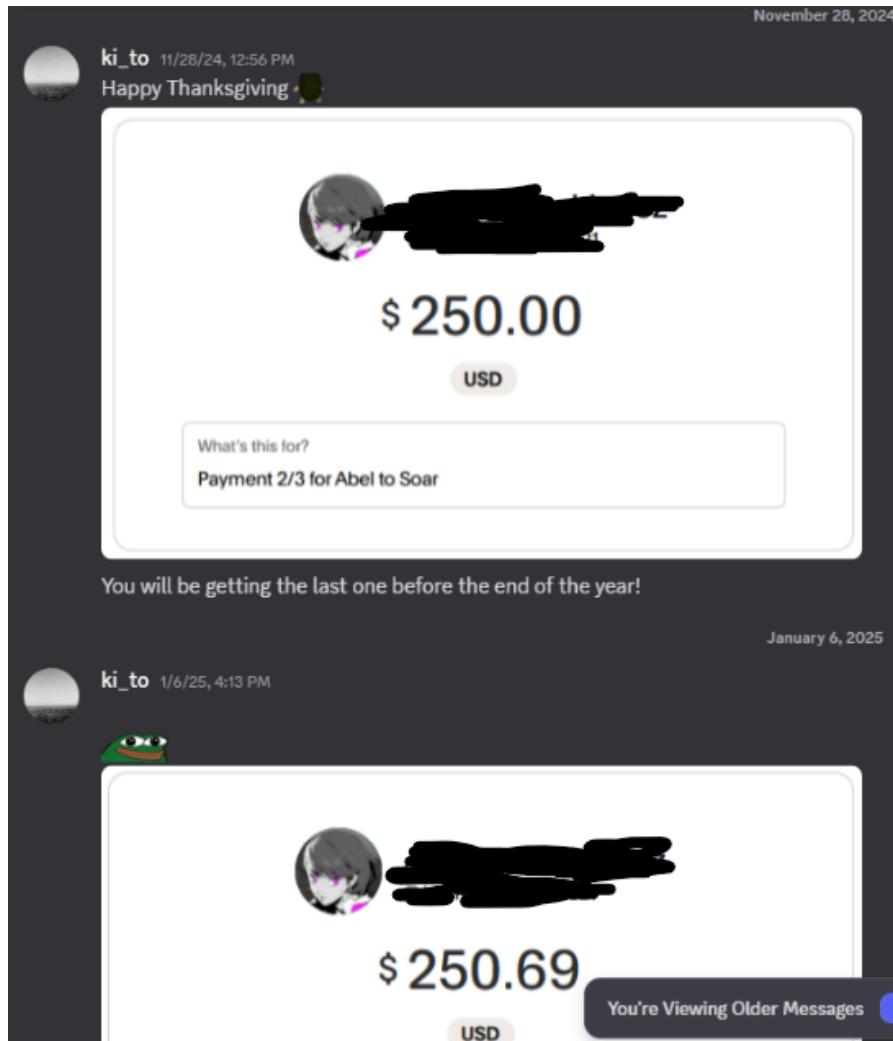
I decided to give him a second chance, not at a relationship but just one chance to prove that he could improve and not be manipulative at all. Since hindsight is 20:20 I am now aware this

would not turn out to be a good idea but also with some money complications with the charity after it ended I thought it would be better to keep him around.

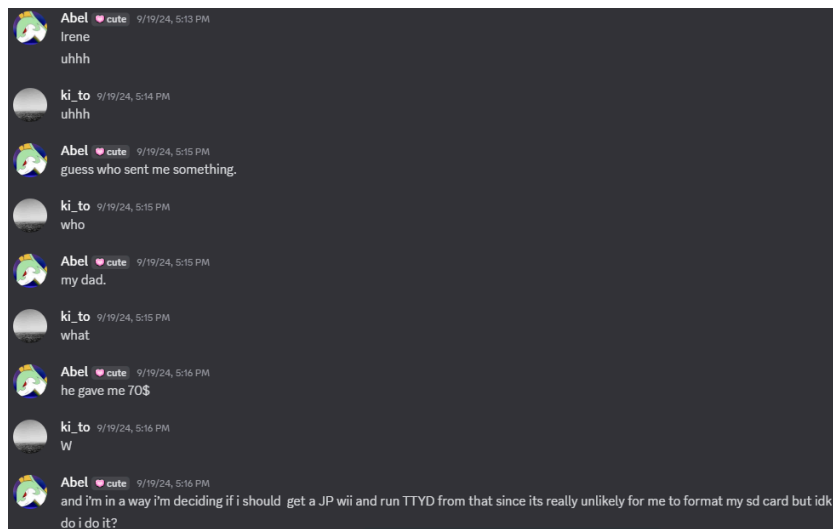
While this is not directly related to the document, since it is a relevant context that concerns the charity that makes up the bulk of this document. I want everyone to know that the money did get to him in full, all \$750.69. Because of a hacker stealing \$400 from me and my parents making it very hard for me to actually send him this money, the last payment was in early January of this year. I will never support embezzlement and taking money from people through manipulation is wrong. It saddens me that there is a likelihood he didn't even spend the money on what it was supposed to go towards.

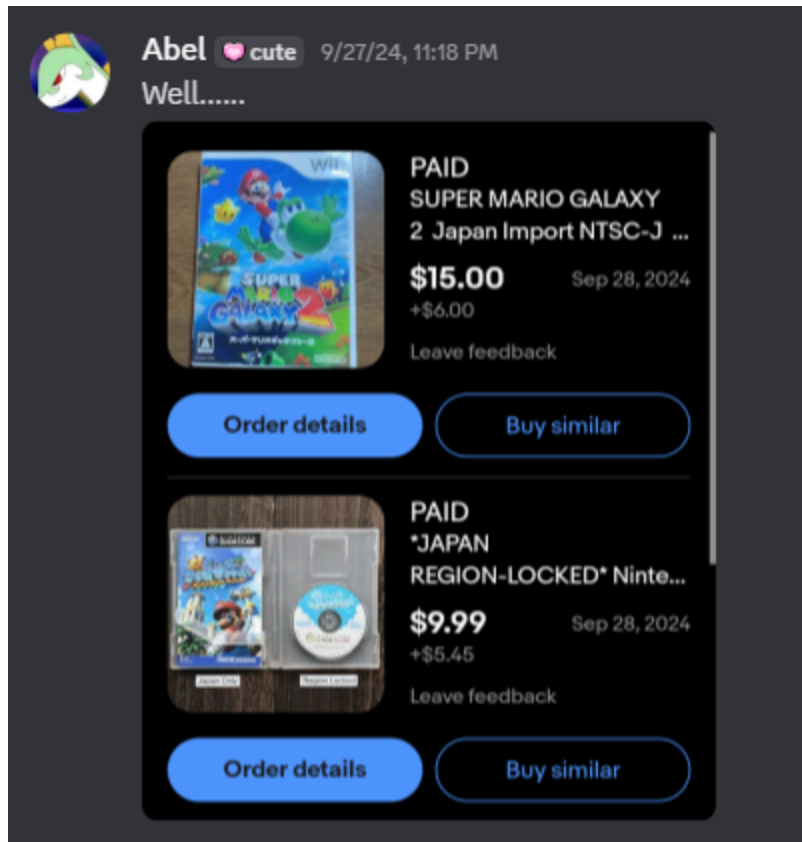


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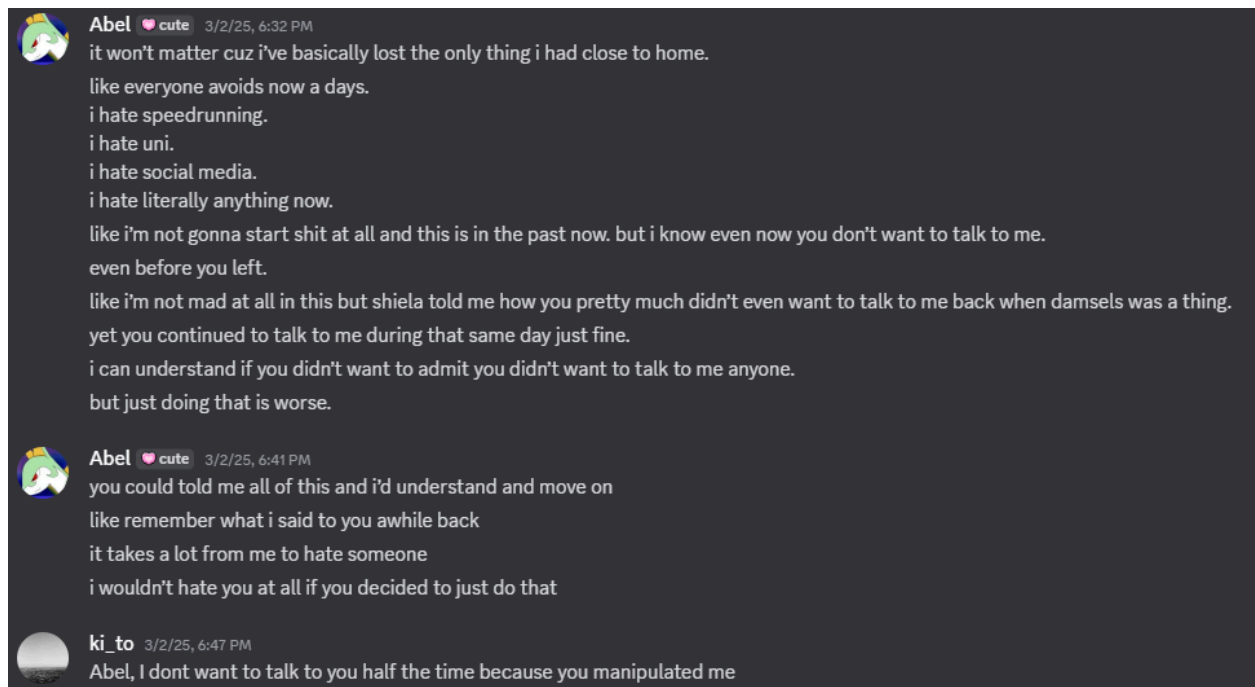


After he received this money I got a lot of dms from him saying he bought some stuff... but this stuff was not his college or stuff to get him out of his household, it was games. And y'know I am even more mad that through all of this he didn't even buy a capture card...



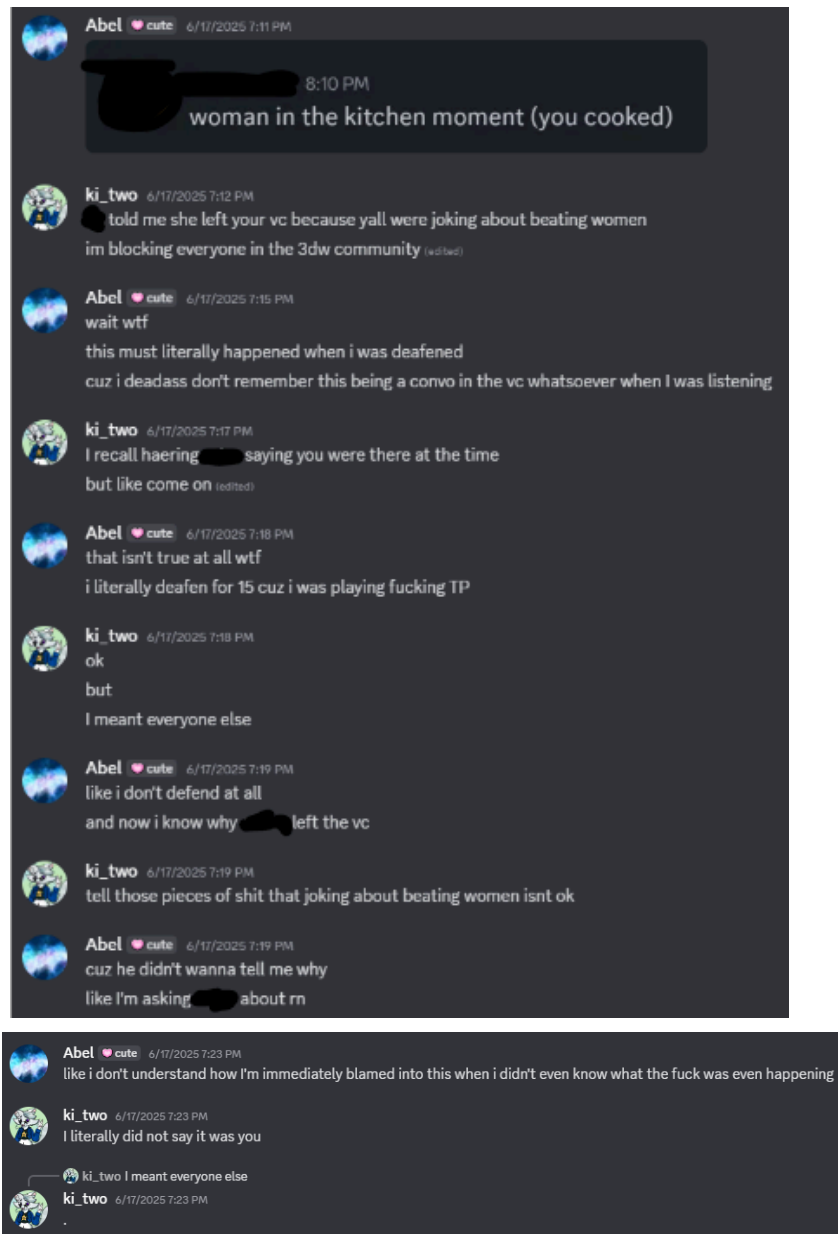


Aside from that I hadn't heard anything about him being a nuisance, mainly because I was fighting my own internal battles at the time with my parents. I thought Abel had actually improved and we could all move on until I got this



Back to this, he once again tells me he hates life. So like now it feels like we are back to square one. Had it not been for my own issues regarding my parents not wanting me to use discord for over 3 months after I initially planned to, I would have made this document far sooner.

So now we are here in the present. I had subconsciously removed everything from my memory since it was an unenjoyable experience to say the least, but roughly a week ago I was reminded when someone mentioned that another incident had happened. I was told by one of my friends that they had left the vc they were in because the people in the vc were making jokes about beating women and how they thought it was ok to do that. The first dm I got sent from Abel was a joke about women in the kitchen so I pressed him about it. This person told me that he was deafened in that call but the fact the first thing he sent me was a joke about women was honestly a red flag



Once again, just like he has been since 2023, the first thing he does is play victim. I brought this to the attention of some of my close friends and all of them agree that Abel should not be in the speedrunning community after what he did to me. I am not aware of what he may have done to other people but it's up to them to come forward. There are also a series of other very bad things he allegedly did but they won't be directly mentioned since there is a general lack of evidence for many of these things so I do not feel it fair to throw around accusations without media to back it up. My primary goal is the safety of my friends, the community, and anyone else Abel has harmed. Thank you for reading this if you made it this far.

- Ryder