Senior Experience
Career Related Learning Experience (CRLE) Reflection

What are CRLEs? Activities that occur in the community, in a workplace, or within school, that connect classroom learning with the world outside of high school.

Why are the CRLEs necessary? We are using CRLE experiences and reflections to help you meet the Personalized Learning and Extended Application graduation requirement. To help you explore potential careers, to make connections, and to assist in planning for your future. The CRLEs should also provide you with tips on how to be an employee, information on possible career paths and education, insights into fields, and help increase your self-awareness.

Directions: Complete a reflection for each career related learning experience you have to remember what you did, what you learned and how you felt. These reflections do not need to be turned in but they will help you document your experience.

1. What did you do?	

2. What did you learn from your experience?	
3. Why did you choose this experience?	
4. How did this experience help inform your post-high school plans and/or career choice?	
5. Describe two things you learned about yourself (positive and negative).	

Remember to take **pictures** and keep **artifacts** (brochures, business cards, samples, ect.) from your experience that would be interesting for someone to see during the Senior Experience Showcase.