



Nov 6, 2024

Good morning - buenos dias, Cabin John Cougars! Happy Wednesday, Feliz Miercoles! This is Mr. Siddons with your morning announcements. Today is November 6th, which is National Stress Awareness Day! ([link to website](#))

On this date: November 6th:

American politician Tammy Baldwin, a Democrat from Wisconsin, became the first openly gay person to be elected to the U.S. Senate.

Heritage Month Focus: November is Native American and Alaska Native Heritage month. During this month, we will recognize, appreciate, and celebrate the Native American and Alaska Native heritages and people. In 2020, 9.1 million people in the United States identified as Native American and Alaska Native, an increase of 86.5% over the 2010 census. By 2060, the Native American and Alaska Native population is expected to reach 10.1 million.

Cabin John Announcements

Good morning, Cabin John. As you may know, the results of the 2024 presidential election have been announced. Elections are an important part of our country's history and values, allowing people to voice their opinions on leadership and direction. As we move forward together, let's remember to keep respecting one another, supporting our school community, and staying focused on being kind and understanding. Here at Cabin John, we continue to value each of you and the unique perspectives you bring.

Pledge of Allegiance

At this time, please stand for the pledge of allegiance:

I pledge allegiance to the flag of the United States of America
and to the Republic for which it stands, one Nation
under God, indivisible, with liberty and justice for all.

Quote of the Day:

“Kindness can become its own motive. We are made kind by being kind.”

-Eric Hoffer