



Name: Christy Ziady

Job Title: Senior Consulting Analyst

Graduation Year: 2019

What is the day in the life like at your job?

Using excel spreadsheets to analyze medical claims data for various employers in the Nashville area. I also negotiate renewals with carriers to provide our clients with the best overall benefits program to their employees.

What do you love about your job?

The people! The Mercer team was so welcoming and helpful in introducing me to the business.

What is challenging about your role?

Learning all the different aspects of the health & benefits consulting world at the right pace. There are many different moving parts to group health plans, and I especially struggle with grasping the different compliance requirements.

What are the benefits of working in this field?

There are different aspects of the consulting world that offer many different learning opportunities. I am constantly learning, and I have been able to network with many different people through Mercer.

What experiences did you have that prepared you for this role?

I worked at Visualize Health for my internship while in the Aspire program. My internship experience is what got me the job at Mercer, as they were looking for someone with a specific work experience rather than just school requirements.

What do you see happening in the future for these types of careers?

I think consulting roles will become more essential in the future as large employers grow, and HR departments rely heavily on health & benefits consultants to streamline their internal processes.

What should a student know about your field?

Fall 2023

Healthcare in general is a great field to work in! There are so many opportunities in the healthcare world, especially in Nashville. The consulting field specifically allows you to be on both the big picture and day-to-day side of the business.

What advice do you have for a student considering a career in your profession?

Soft skills are essential! Definitely know how to make connections and present yourself well. I would recommend getting as much healthcare-specific exposure as you can while in college.