

Postulant Lesson #1

Stage b-P1

Group Meeting Discussion Topic: *Daily Prayer and the Eucharist*

Scripture Lectio: Acts 2:42 “They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.”

Discussion Questions:

1. How does the scripture reading speak to you?
2. What does our *Rule* say about Daily Prayer and the Eucharist?
3. What does your rhythm of daily prayer look like?
4. Did you gather any insights from Ramon and Bodo's books?

Prep for Group Meeting

Read Ramon Chapter 12 (Franciscan Praying), read Bodo Chapter 6 (Learning to Pray), review the sections in the *Rule* about Prayer

Follow-up Lesson

A follow-up Zoom meeting will take place after this lesson where Postulants can share what they have learned.

Postulant Lesson #2

Stage b-P2

Group Meeting Discussion Topic: *Franciscan Community*

Scripture Lectio: Romans 12: 9-10 – “Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor.”

Discussion Questions:

1. How does the scripture reading speak to you?
2. Why do you think what we do is sometimes called the Franciscan *movement*?

3. What does our *Rule* say about being a member of the CFC family?

4. Did you gather any insights from Ramon's book or the Rule of Francis 1223?

Prep for Group Meeting

Read Ramon Chapters 7 (Community of Love) and 9 (Brothers and Sisters), read parts in our *Rule* about active membership in the Community and Governance. Review Rule of Francis 1223 as found on the website: <https://cfcfranciscans.org/historical-documents>

Follow-up Lesson

A follow-up Zoom meeting will take place after this lesson where Postulants can share what they have learned.

Postulant Lesson #3

Stage b-P3

Group Meeting Discussion Topic: *Exploring Ministry*

Scripture Lectio: Matthew 5:16 – “In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.”

Discussion Questions:

1. How does the scripture reading speak to you?
2. What does our *Rule* say about ministry?
3. How can the CFC help you discern your gifts for ministry and what are your dreams for ministry?
4. Did you gather any insights from Ramon and Bodo's books?

Prep for Group Meeting

Read Ramon Chapter 6 (Serving and Building) and Chapter 10 (Missionary Fervour), read Bodo Chapter 7 (Prayer and Action), read sections in the *Rule* about Ministry.

Follow-up Lesson

A follow-up Zoom meeting will take place after this lesson where Postulants can share what they have learned.

Postulant Lesson #4

Stage b-P4

Group Meeting Discussion Topic: *The Gifts of Clare*

Scripture Lectio: 1 Corinthians 12:4-5 - “Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord”

Discussion Questions:

1. How does the scripture reading speak to you?
2. Who was Clare and why is she important to the Franciscan movement?
3. How does Clare challenge us to live a contemplative life?
4. Did you gather any insights from the readings from Bodo, the Rule of Clare or other sources?

Prep for Group Meeting

Read Bodo chapter 8 (St Clare) and Chapter 9 (The Mirror of St Clare), review the First Rule of St Clare 1253 found on the website: <https://cfcfranciscans.org/historical-documents>

Note: Optional reading Margaret Carney’s book *The Light of Assisi: The Story of Saint Clare*

Follow-up Lesson

A follow-up Zoom meeting will take place after this lesson where Postulants can share what they have learned.

Postulant Lesson #5

(Stage b-P5)

Group Meeting Discussion Topic: *Steps to the Novitiate*

Scripture Lectio: [Matthew 7:7](#) - “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”

Discussion Questions:

1. How does the scripture reading speak to you?
2. What does our Rule say about the promises that Novices make?
3. How do you see the Novitiate as different from Postulancy?
4. What questions do you have for the Guardian or about Chapter?

Prep for Group Meeting

Read Ramon Chapter 8 (The Evangelical Councils), read sections in the *Rule* concerning our vows in the CFC, reviewing the Vows of Poverty (Simplicity), Chastity (Fidelity) and Obedience (Humility) and also discussion of the Novitiate as found in our *Rule*

Follow-up Lesson

A follow-up Zoom meeting will take place after this lesson where Postulants can share what they have learned.

