



1st International Conference on
Food as Medicine
ICFAM 2026



I am submitting an abstract for (please tick one):

Oral Presentation (limited slots)

Poster Presentation

Oral or Poster



1st International Conference on
Food as Medicine
ICFAM 2026



Title of abstract in Arial font: 14-point font size, centred

Author, A.A., ^{1*} Second-Author, B.B., ² Third, C.C.³ & Fourth, D.D.⁴

*lead presenter

* e-mail address of lead presenter, Institution, country

Please provide the institution and the country of each author using a number in superscript.

Please format your abstract using the **Arial** font.

Use a **14-point font size** for author names and institution, a **12-point font size** for the main body of the abstract. Type or paste your text directly into this file, ensuring the page margins remain set to 2.5 cm on all sides. Please ensure that your abstract is submitted as a **single paragraph** but contains an introduction, aims, methods, main results, and a conclusion, without any subheadings.

The abstract **cannot exceed 300 words**.

Text should be justified (aligned to both left and right margins), use single-line spacing, and include a blank line between paragraphs to enhance readability. Do not include any figures in your abstract.

The deadline for abstract submission is **15th December 2025**. Submission of abstract is free; however, if you do not register and pay the full registration fee by **31st December 2025**, your abstract will not be included in the final programme.

Once your abstract is accepted, we will send a formal acceptance letter, which may be required for funding to attend the conference.

Please note that more abstracts may be submitted for oral presentation than can be accommodated. The organizing committee will notify you by 31st December 2025, whether your abstract has been accepted for oral or poster presentation. The conference schedule will include dedicated time for poster discussions.

Submissions that do not adhere to these formatting guidelines will be returned for revision. The organizing committee reserves the right to edit abstracts for clarity and grammar. Authors will be contacted if any substantial changes are required.

Example:



1st International Conference on
Food as Medicine
ICFAM 2026



XX compound exerts anticancer effects on breast cancer via the YYYY pathway

John Smith^{*1}, Mary Aston², Ajit Krishnan³, Arun Kumar¹.

*Email: john.smith@mmmmm

¹Department of Nutrition, University X, City, Country

²Department of Food Science, University X, City, Country

³Department of Chemical Engineering, University X, City, Country

Breast cancer is a leading cancer diagnosed in women worldwide..... This study aims to Human breast cancer cells were treated with varying concentration of XX and cell viability was determined using.....and gene expression patterns were determined using the transcriptomic approach. The main results show..... In conclusion,.....