

Treatment and Support Resources for Substance Use Disorders

Mid-Michigan Recovery Services www.midmichiganrecoveryservices.org

outpatient services, residential treatment, recovery housing, recovery coaching

CMH Integrated Treatment and Recovery Services www.ceicmh.org/services/itrs

detoxification, residential, outpatient therapy and self-help groups

Wellness INX www.wellnessinx.com

outpatient services, connecting to support groups, recovery coaching

National Substance Abuse and Mental Health Treatment Locator www.findtreatment.gov/

SMART Recovery Program www.smartrecovery.org

local and online support groups

Marijuana Anonymous www.marijuana-anonymous.org

online support groups

SUD Therapists

John R Cantu, MA, LPC

East Lansing

517-940-8003

Ryan De Nike, MS, LPC, ACS, CADC, NCC

Lansing

219-300-6938

Dr. Debra J. Farrell, PhD, MS, OTL LPC, CAADC, CRC, CCMHC

RECOARSE Counseling, PLLC (Lansing)

517-826-4891

Shawn Patrick Finnerty, LLMSW, NCPRSS

Headspace Counseling Services, LLC

East Lansing

517-997-1224

Michele Pischea, MA, LLP, CAADC

Wellness Institute of Michigan (Okemos)

517-347-4645

T-Break: Take a Cannabis Tolerance Break | Center for Health and Wellbeing | The University of Vermont

Cannabis/Medication Interaction Checker, Penn State University, College of Medicine

<https://cann-dir.psu.edu/#/>