

Allergy Friendly Trunk or Treat Guide

(*All items must be pre-packaged or individually wrapped from the manufacturer.)

(Please note: This guide has been adapted from the Safe Snack Guide by
SnackSafely.com

<https://snacksafely.com/snacklist-20190924.pdf>) (Please refer to this guide for a more
extensive list of treats)

CANDY, GUMMIES, and CHOCOLATE:

- Divvies brand
- Haribo brand
- Surf Sweets Natural Gummies and Jelly Beans
- Vermont Nut Free Chocolates
- Skittles
- Peeps
- Swedish Fish
- Altoids Mints, Original & Cinnamon
- Mike and Ike's
- Hershey (plain) Chocolate Bars (personal size only-not King size, not Minis)
- Hershey (plain) Chocolate Kisses (not King Size, not Holiday/Seasonal Bags)
- Wonka's Nerds & Nerds Rope
- Laffy Taffy
- Runts
- Dubble Bubble Gum
- Tootsie Pops & Tootsie Rolls
- Junior Mints
- Lifesaver Gummies
- Smarties
- Sour Patch Kids
- Whoppers
- Sweet Tarts
- Dum Dum Lollipops
- Bottle Caps
- Pop Rocks
- Now and Laters
- Zours
- Hot Tamales
- Red Vines
- Jolly Rancher Hard Candy, Lollipops, and Gummi Candy
- York Peppermint Patties
- Twizzlers

- Rolos
- Starburst Fruit Chews, Lollipops, Gummibursts, and Jelly Beans
- Kraft Marshmallows and Caramels
- Andes Mints
- Good & Plenty
- Milk Duds
- Pez
- Push Pop
- Red Vines
- Razzles
- Sour Punch Straws
- Charleston Chew
- Charms Lollipops
- Dove Promises Silky Smooth Squares – Dark Chocolate, Milk Chocolate, Sea Salt Caramel, Mint, Caramel
- PUR Gum and Mints
- Bo and Ty's Sweets' Worms and Bears
- Dr. John's Candy and Lollipops

CHIPS:

- Herr's - Aged Cheddar Ripple Cut Baked Potato Crisps, Barbecue Flavored Baked Potato Crisps, Cheddar & Sour Cream Flavored Baked Potato Crisps, Original Baked Potato Crisps, Original Ripple Cut Baked Potato Crisps, Sour Cream & Onion Flavored Baked Potato Crisps
- popchips – barbeque potato, cheddar & sour cream potato, hint of olive oil veggie, sea salt & vinegar potato, sea salt potato, sea salt veggie, sour cream & onion potato, sweet potato
- Utz Potato Chips – BBQ, Carolina BBQ, Cheddar and Sour Cream, Honey BBQ, No Salt, Onion and Garlic, Regular, Salt & Vinegar, Salt and Pepper, BBQ, Ripple Potato Chips, Wavy Potato Chips
- Wise Ridgies Potato Chips – Barbecue, Cheddar & Sour Cream, Dill Pickle, Original, Sour Cream & Onion
- Wise Onion Rings
- Baked Ruffles – Original, Cheddar & Sour Cream
- Baked Lay's – Original, Sour Cream & Onion, Parmesan and Tuscan Herb
- Boardwalk – Salt & Vinegar, Jalapeno
- Cape Cod – Original, Sour Cream & Green Onion
- Kettle Brand – Sea Salt, Sea Salt & Vinegar, Buffalo Bleu, Fully Loaded Baked Potato, Sweet Onion, Sour Cream and Onion, Jalapeno
- Kettle Brand Bakes – Sea Salt, Aged White Cheddar, Hickory Honey Barbeque, Sea Salt & Vinegar

- Lay's – Classic, Barbecue, Sour Cream & Onion, Lightly Salted, Cheddar & Sour Cream, Wavy Original, Salt & Vinegar, Garden Tomato & Basil, Honey Mustard, Honey Barbecue
- Lay's Kettle Cooked – Original, Sea Salt & Vinegar, Reduced Fat, Jalapeno, Sea Salt & Cracked Pepper
- Munchos
- Natural Lay's – Sea Salted
- Pringles – Original, Reduced Fat, BBQ
- Pringles Snack Packs – Original, 100 Calorie Snack Packs Original
- Ruffles – Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream, Loaded Chili & Cheese, Molten Hot Wings
- Quaker Quakes Rice Snacks – Caramel Corn, Ranch, Sea Salt & Cracked Black Pepper, Kettle Corn, Chocolate, Sweet Chili, Cheddar Cheese, Sour Cream & Onion
- Good Health Natural Foods – Veggie Chips, Veggie Stix, Pizza Veggie Stix
- Pirate's Booty - Original, Veggie
- Utz Cheese Balls
- Utz Cheese Curls - Plain, White Cheddar
- Wise Cheez Doodles – Cheese (Crunchy), Cheese (Mix), Cheese (Puffed Balls), Cheese (Puffed), Extreme (Crunchy), White Cheddar (Puffed)
- Cheetos – Puffs, Crunchy, Baked
- Cheese Nips – Cheddar, Reduced Fat Cheddar, SpongeBob Square Pants
- Goldfish – Baby Cheddar, Cheddar, Colors, Mix-Up, Parmesan, Pizza, Pretzel, Saltine, Whole Grain
- Goldfish Flavor Blasted – XPlosive Pizza, Xtra Cheddar, Slammin' Sour Cream & Onion
- Goldfish Mix-Up Adventures – Pretzel & Flavor Blasted Xtra Cheddar, Xtra Cheesy Pizza
- Goldfish 100 Calorie Pouches – Cheddar, Pretzel
- Kraft Handi-Snacks – Premium Breadsticks 'n Cheese Dip, Mister Salty Pretzels 'n Cheese Dip
- Late July Organic Multigrain Tortilla Chips

POPCORN and RICE CAKES:

- SkinnyPop Popcorn – Dusted Dark Chocolate, Jalapeno, Naturally Sweet, Original, Sea Salt & Black Pepper, Aged White Cheddar, Pepper Jack, White Cheddar
- Deep River Snacks Organic Popcorn
- Divvies Popcorn – Caramel Corn, Kettle Corn
- Herr's - Cheese Flavored Popcorn, Light Popcorn, Original Popcorn, Herr's White Cheddar Flavored Popcorn
- Utz Popcorn – Butter, White Cheddar
- Wise Popcorn – Butter, Cinnabon, Hot Cheese, Sea Salt, White Cheddar
- Bachman – Original, Light

- Good Health Natural Foods – Half Naked Popcorn with a Hint of Olive Oil
- Smartfood – White Cheddar, Reduced Fat, Movie Theater Butter
- Boom Chick A Popcorn
- MadeGood Crispy Squares – Chocolate Chip, Vanilla
- Quaker Quakes Rice Snacks – Caramel Corn, Ranch, Sea Salt & Cracked Black Pepper, Kettle Corn, Chocolate, Sweet Chili, Cheddar Cheese, Sour Cream & Onion

PRETZELS:

- Herr's Bite Size Sourdough Hard Pretzels
- Herr's Extra Thin Pretzels
- Herr's Mini Pretzels
- Herr's Pretzel Rods
- Herr's San Francisco Sourdough Specials Pretzels
- Herr's Sourdough Mini Hard Pretzels
- Herr's Stix Pretzels
- Herr's Whole Grain Pretzel Ribbon
- Herr's Whole Grain Pretzel Sticks
- Utz Hard Pretzels
- Utz Pretzel – Butter Waffle, Nuggets, Pop'z, Rods, Wheels
- Utz Pretzel Sticks – Cinnamon, Country Stix
- Utz Pretzel Varieties
- Utz Select Pretzel Sticks – Butter, Pumpernickel, Toasted Sesame
- Utz Select Pretzels Utz Special Pretzels – Extra Dark, Multigrain, Regular
- Bachman Pretzels – Twist, Butter Twist, Mini Bite Size, Thin N Right, Pretzel Rods, Kidzels, Pretzel Stix, Nutzels (Bitesize), Hard Sourdough, Pita Pretzel Squares, Kidzels 100 Calorie Pack
- Kraft Handi-Snacks Mister Salty Pretzels 'n Cheese Dip
- Newman's Own – Salted Sticks, Salted Pretzel Rounds, Unsalted Pretzel Rounds, Spelt Pretzels
- Nabisco 100 Calorie Mister Salty Pretzels – Milk Chocolate, Yogurt Flavored
- Pepperidge Farm Goldfish Pretzels
- Pepperidge Farm 100 Calorie Pouches Goldfish Pretzels
- Rold Gold – Thins, Sticks, Rods, Tiny Twists, Lightly Salted Tiny Twists, Tiny Twists Cheddar, Tiny Twists Honey Mustard, Sourdough, Honey Wheat
- Synders Pretzels

COOKIES:

- Barnum's Animal Crackers – Original
- Chips Ahoy – Chocolate Chip, Reduced Fat, Chunky, Chewy, White Fudge Chunky, Mini
- Lorna Doone Shortbread Cookies

- Nabisco 100 Calorie Packs – Chips Ahoy Thin Crisps, Lorna Doone Shortbread Cookie Crisps
- Newtons – Original Fig, Fat Free, Whole Grain, Strawberry, Raspberry
- Oreos – Original, Double Stuf
- Enjoy Life Crunchy, Mini, and Soft Baked Cookies
- Made Good Vanilla Squares, Granola Bites, Granola Bars
- Teddy Grahams - Cinnamon, Honey, Chocolate, Chocolatey Chip, Mini
- Skeeter Brand
- Rice Krispie Treats – Plain

CEREAL and FRUIT BARS:

- Enjoy Life Grain & Seed Bars – Banana Caramel, Banana Caramel Single-Serve, Chocolate Marshmallow, Chocolate Marshmallow Single-Serve, Cranberry Orange, Maple Sweet Potato
- MadeGood Granola Bars – Apple Cinnamon, Chocolate Banana, Chocolate Chip, Mixed Berry
- ZEGO Fruit + Chia Bars – Blueberry, Raspberry, Strawberry
- ZEGO Just Fruit Bars – Blueberry, Cherry, Pear, Raspberry, Strawberry
- ZEGO Organic Seed + Fruit Bar – Apple Cinnamon, Fudgy Chocolate, Lemon Ginger, Sunflower Date
- Somersault Crunchy Sunflower Seed Bites– Cinnamon, Dutch Cocoa, Salt & Pepper, Sea Salt
- Zee Zees Soft Baked Bars – Berry Apple Crisp, Birthday Cake, Campfire S'mores, Cinnamon Crisp, Cocoa Cherry, Oatmeal Cocoa Chip, Strawberry Crisp
- That's It Fruit Bar – Apple + Apricot, Apple + Banana, Apple + Blueberry, Apple + Cherry, Apple + Cinnamon, Apple + Date, Apple + Fig, Apple + Mango, Apple + Mango + Chili, Apple + Pear, Apple + Pear + Ginger, Apple + Strawberry
- That's It Mini Fruit Bar – Apple + Blueberry, Apple + Date, Apple + Fig, Apple + Mango, Apple + Strawberry
- MadeGood Granola Minis – Apple Cinnamon, Chocolate Banana, Chocolate Chip, Strawberry

SMALL WATER BOTTLES

JUICE BOXES

NON-EDIBLE TREATS:

- Bubbles
- Stickers
- Tattoos
- Erasers

- Pencils
- Pens
- Crayons
- Sunglasses
- Stress Balls
- Key Chains
- Fangs
- Fingers
- Playdough
- Slime
- Stampers
- Bookmarks
- Glow in the Dark Items
- Slinkys
- Rings
- Necklaces
- Bracelets
- Sticky Animals
- Notepads
- Coloring Books
- Mini Puzzles
- Buttons
- Whistles
- Finger Puppets
- Yo-Yos
- Mazes
- Balls
- Mini Flying Discs
- Fidget Spinners
- And much more!