

Resources by and for Disability Communities in the Time of COVID-19

NOTE: As of April 7, 2020, document permissions have been changed. If you do not already have access to edit this document, and you would like to add a resource, make a comment, or improve this document, please request edit access.

Items below shared by folks connected to the University of Michigan Council for Disability Concerns.

This is a living document with crowd-sourced content. It will be periodically vetted and cleaned up.

Please add relevant material! Please review and comment on the resources listed. Are they accurate, helpful, relevant to your community? If they are helpful to some and not others, or include debatable content, please note this in a comment, but do not delete the entry.

Because the length of this document had grown to a point where it was becoming difficult to find desired content, it has now been divided into the following content groups:

- General & Special Audience Resources
- Other Resource Lists
- Accessibility and Communication
- Education, Accessible Teaching, and Disability Scholarship
- From People with Disabilities and Allies: For People with Disabilities and Allies
- From People with Disabilities and Allies: Messages and Stories
- From Organizations and Governments
- Local Resources (Michigan)
- Multimedia (Webcasts, Webinars, Video and/or Audio)
- Selected News

Thank you very much!

Document Navigation and Instructions

To navigate this document and view the table of contents, there are multiple options. We have inserted a table of contents directly below, but it requires updating after changes are made, and because of multiple people editing the document, this may or may not have happened. The TOC is automatically generated from Google Docs from the document (heading) outline and can be updated with a single click after a new item is added. When you navigate the cursor into the TOC or hover over the TOC, a button appears to "update Table of Contents." Not sure this update button is available to screen reader, but anyone using a mouse can pitch in to do this clean-up task when visiting the document.

For persons using a screenreader, each entry title is supposed to be a level-3 heading. As of March 13, 2020, the entries are currently in alphabetical order. Again, these depend on the document editors following the template for entering new data. For sighted users of this resource, please use the "View" option in the Google Docs menubar to display the document outline. The option will be checked when activated, and will display the outline on the left side of the document. Here is a screenshot showing what the menu option might look like.

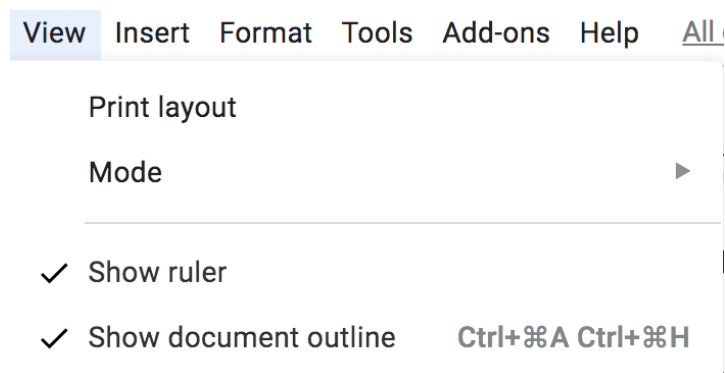


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[#NoBodyIsDisposable - Fight Discrimination in COVID-19 Triage \(OPEN LETTER TO CARE PROVIDERS & HOSPITALS\)](#)
[#NoBodyIsDisposable - Know Your Rights Guide to Surviving COVID-19 Triage Protocols](#)
[People with Disabilities Helping Each Other Survive The Coronavirus](#)
[Plain Language COVID-19 Information By and For People with Disabilities](#)
[Pod Mapping for Mutual Aid](#)

[SURVIVAL FOR FOLKS WHO NEED #PowerToLive DURING A POWER SHUTOFF](#)
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[Adult Advocacy Centers: Watching for abuse during this time of isolation](#)
[ARCH Disability Law Centre: COVID-19 and Disability: Recommendations to the Canadian Government from Disability Related Organizations in Canada – March 24, 2020](#)
[CDC: Coronavirus Disease 2019 \(COVID-19\): Manage Anxiety & Stress](#)
[Center for Disability Rights: Coronavirus \(COVID-19\) Resources](#)
[Council for Disabled Children \(London\): Guidance and Advice on Coronavirus: Learning Disability and Autism Focus](#)
[CPR: COVID-19 Legislation](#)
[Ethical considerations in responding to the COVID-19 pandemic \(Rapid policy briefing\)](#)
[IDA: COVID 19 and the disability movement](#)
[ILO: Disability Inclusion in Covid-19 responses in the World of Work](#)
[NAACHO: Capacity-Building Toolkit For Including Aging & Disability Networks In Emergency Planning](#)
[NAMI: COVID-19 \(CORONAVIRUS\) INFORMATION AND RESOURCES](#)
[NAMI Updates On The Coronavirus](#)
[National Children’s Bureau: Coronavirus: children and young people’s views on what it means to be ‘vulnerable’](#)
[NORD’s Peter L. Saltonstall on Coronavirus Prevention and Risk for the Rare Community](#)
[Partnership for Inclusive Disaster Strategies: COVID19 Community-Wide Resources](#)
[SAMHSA: Mental Health: Recovering from Disasters](#)
[Senate: COVID-19 Recovery for Seniors and People with Disabilities Act \(S.3740\)](#)
[Senate: Coronavirus Relief for Seniors and People with Disabilities Act \(S. 3544\)](#)

[Shepherd Center: Assistive Technology Center: Making Masks More Inclusive: Modifications Meet Patients' Specific Needs and Protect from Illness](#)

[Social Security & Coronavirus](#)

[Statement Regarding the Coronavirus and Hard of Hearing People](#)

[WFD and WASLI Joint Statement on Access to Health Services During the Coronavirus \(Covid 19\) Containment Efforts](#)

[World Institute on Disability, Partnership for Inclusive Disaster Strategies and National Council on Independent Living Joint Statement on Disability Rights and Coronavirus \(Covid 19\) and other resources](#)

[Local Resources \(Michigan\)](#)

[Ann Arbor Observer: Community Resource Guide for Covid-19](#)

[Engage@EMU's Resources -Washtenaw/Wayne Michigan- Updates ongoing : Resources](#)

[COVID-19 Community Resources: United Way of Washtenaw Launches COVID-19 Community Relief Fund](#)

[Michigan: Huron Valley COVID-19 Mutual Aid Form - Formulario de ayuda mutua](#)

[Michigan: Huron Valley Mutual Aid Spreadsheet](#)

[Michigan State Police: Disaster Declaration FEMA-4494DR-MI Public Assistance Information](#)

[University of Michigan Poverty Solutions: MICHIGAN COVID-19 PANDEMIC RESOURCE GUIDE](#)

[Washtenaw Mutual Aid and Resources](#)

[Washtenaw Small Business Emergency Relief Fund](#)

[Multimedia \(Webcasts, Webinars, Video, and/or Audio\)](#)

[COVID-19: What Nursing Homes Need to Know!](#)

[ILO: Disability Inclusion in Covid-19 responses in the World of Work](#)

[Through the Eyes of Someone Living with Dementia: Practicing Person-Centered Communication During COVID-19](#)

[Selected News](#)

[BBC: Coronavirus: 'I know my life will not be saved in this pandemic'](#)

[BBC Newshour interview on disability and COVID-19](#)

[BuzzFeed News: The Coronavirus Response Shows How Crucial Accessibility Is Disability Scoop: Coronavirus Brings Added Worries For People With Disabilities](#)

[Forbes: 5 Things To Know About Coronavirus And People With Disabilities](#)

[Forbes: Mindset Matters: The Coronavirus, Disability, The Lessons Learned From Resiliency](#)

[Guardian: Disabled people cut off from vital supplies due to panic buying; People with disabilities say coronavirus means they are struggling to get deliveries](#)

[Jewish News of Northern California: Disability during a pandemic: Why you should put a spoon on your seder plate this year](#)

[NPR: Disability Groups File Federal Complaint About COVID-19 Care Rationing Plans](#)

[San Diego Union Tribune: People with disabilities should lead discussions about their rights and needs, especially during pandemic](#)

[Spectrum News: How governments should maintain disability services during the pandemic](#)

Resources

General & National Resources

AAPD: How The Disability Community Can Respond to COVID-19,

WHO: Ari Ne'eman and Kit Albrecht for the American Association of People with Disabilities

WHERE: <<https://www.aapd.com/covid-19/>>

TYPE: Nonprofit, advocacy, activism

Alcoholics Anonymous: Online Intergroup: Audio/Video Meetings

WHO: Alcoholics Anonymous World Services, Inc.

WHERE: <https://aa-intergroup.org/directory_audio-video.php>

WHAT: list of online meetings and social opportunities for recovering alcoholics

TYPE: Nonprofit, Web page, Resource list

Brandeis: [Plain Language COVID-19 Guide]: Important Things to Know about COVID-19 (Coronavirus)

WHO: Brandeis University

WHERE: <<https://heller.brandeis.edu/lurie/news/covid-19.html>>

TYPE: Nonprofit, General, Web page, Glossary

Caring Across Distance: Some Things to Consider Before Movement Gatherings During COVID-19

WHO: by Maryse Mitchell-Brody

WHERE: <bit.ly/caringacrossdistance> OR

<https://docs.google.com/document/d/1ILE8kk_zUqMscO8FbdPgrQMLoijoRupuHHIC1YdvRGI/edit>

TYPE: Google Document

AUDIENCE: People making decisions for any organization about whether to cancel a gathering and how to connect during the pandemic.

CORONAVIRUS & OCD

WHO: "Advocate Ethan Smith, OCD therapists Kimberley Quinlan and Shala Nicely answer questions from the OCD community."

WHERE: <<https://www.ocdkidsmovie.com/coronavirus>>

TYPE: Archived webinar, blog post

AUDIENCE: Primary: Persons with OCD, friends and family of persons with OCD. Secondary: Persons with mental illness, anxiety, mental health challenges in general, and advocates, allies, and caregivers for them.

Coronavirus Anxiety: Key Advice for Chronic Illness Patients from Health Psychologists

WHO: Susan Jara

WHERE:

<<https://creakyjoints.org/living-with-arthritis/coronavirus-anxiety-with-chronic-illness/>>

TYPE: Blogpost

DSI: Supporting the global community during the Coronavirus crisis

WHO: Down Syndrome International

WHERE:

<<https://www.ds-int.org/news/supporting-the-global-down-syndrome-community-during-the-coronavirus-crisis>>

EDF: COVID 19 and the disability movement

WHO: European Disability Forum

WHERE:

<<https://mailchi.mp/edf-feph/covid-19-and-the-disability-movement?e=72fbd9af62>>

TYPE: Newsletter, Update, European, Nonprofit

Legal Information Institute: COVID-19 Resources

WHO: Legal Information Institute / JUSTIA

WHERE: <https://www.law.cornell.edu/wex/covid-19_resources>

TYPE: Not just for folk with disabilities, but covers many issues relevant to this community, such as employment, eviction bans and mortgage relief, business assistance, and taxes.

Mutual Aid Hub

WHO: Unknown.

WHERE: <<https://www.mutualaidhub.org/>>

TYPE: Map, crowdsourced

Nature: Let COVID-19 expand awareness of disability tech: The pandemic's disruption shows how much academia could learn from the disability community.

WHO: Ashley Shew

WHERE: <<https://www.nature.com/articles/d41586-020-01312-w>>

TYPE: Article

Online AA Meetings During COVID-19

WHO: Anonymous.

WHERE:

<<https://docs.google.com/document/d/1a71ccw7ihaWelksKwOp4AzAkYIVqSoKiN6Gsm38bKMU/edit>>

TYPE: Google Doc, multiple authors (Crowdsourced)

AUDIENCE: Alcoholics Anonymous,

SAFE: Risks for harm skyrocket for people with disabilities during pandemic

WHO: Stop Abuse For Everyone (Austin)

WHERE:

<<https://www.safeaustin.org/risks-for-harm-skyrocket-for-people-with-disabilities-during-pandemic/>>

TYPE: Web page

TakeCare19: Accessible & Inclusive Mental Health Resources for Coping Through COVID-19

WHO: Crowdsourced

WHERE: <<https://takecare19.com/>>

TYPE: "This project started out as a small crowd-sourced Google Doc that has since grown and been shared through various networks. It is now in its next evolution as a website to help create a better and easier way to search for more relevant resources to you, and to expand to other locations."

AUDIENCE:

Other Resource Lists

ACL: Coronavirus disease 2019 (COVID-19)

WHO: Administration for Community Living

WHERE: <<https://acl.gov/COVID-19>>

TYPE: Nonprofit, Resource list

AMPHL: COVID-19 Resource List

WHO: Association of Medical Professionals with Hearing Losses (AMPHL)

WHERE: <<https://www.amphl.org/blog/2020/3/15/covid-19-resource-list>>

TYPE: Nonprofit, Web page, Resource list

AUDIENCE: Healthcare Professionals and others.

FREE Wellness, Creativity, and Advocacy Resources in the Time of COVID-19

WHO: Diane R. Wiener

WHERE:

<https://docs.google.com/document/d/10UfN6r7qvvepxBtfcnrtr-6bTaZkGa7eZCbl1Q_H_sl/edit>

TYPE: Google Doc

Southeast ADA Center: Coronavirus (COVID-19) Resources

WHO: Southeast ADA (Americans with Disabilities Act) Center in collaboration with the ADA National Network and the Burton Blatt Institute (BBI) at Syracuse University.

WHERE: <<http://www.adasoutheast.org/publications/coronavirus-resources.php>>

DESCRIPTION: Regional and state resources for Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee.

TYPE: Nonprofit, Government, Resource list, Web page

Accessibility & Communication

Accessibility window-dressing

WHO: SafeAndSilent (I'm a professor of human factors engineering who teaches and researches human factors applications to safety. I'm also deaf.)

WHERE: <<https://safeandsilent.wordpress.com/2020/05/01/accessibility-window-dressing/>>

TYPE: Web page

TOPIC: Discussion of the flaws of clear face masks as support for the deaf individual who lipreads

Adult Advocacy Centers: Pattern for mask with clear window panel now available

WHO: Susan Roscigno

WHERE:

<<https://www.adultadvocacycenters.org/news/pattern-for-mask-with-clear-window-panel-now-available/>> Pattern:

<<https://docs.google.com/presentation/d/13XcUyeWQhnfaLVn8af1YU3AChaZJnCv50SeTxIAdLLk/edit>>

TYPE: Webpage

AMPHL: COVID-19 Resource List

WHO: Association of Medical Professionals with Hearing Losses (AMPHL)

WHERE: <<https://www.amphl.org/blog/2020/3/15/covid-19-resource-list>>

TYPE: Nonprofit, Web page, Resource list

AUDIENCE: Healthcare Professionals and others.

Coronavirus Information - Multilingual: Sign Languages

WHO: Stephanie Youngblood

WHERE: <<https://drive.google.com/drive/folders/1YZfoRQED2LRBnilvVwhQhpsMUai8zpQg>>

TYPE: Google Doc collection

DHH Mask Project and Tutorial

WHO: Hearing, Speech & Deaf Center.

WHERE:

<<https://www.hsdc.org/wp-content/uploads/2020/04/DHH-Mask-Project-and-Tutorial.pdf>>

TYPE: PDF

DIY reusable face mask with clear window (for the deaf and hard of hearing) | Maison Zizou

WHO: Maison Zizou

WHERE: <https://www.youtube.com/watch?v=w2_fzoolKNU>

TYPE: YouTube video

For the deaf or hard of hearing, face masks pose new challenge

WHO: Laken Brooks

WHERE:

<<https://edition.cnn.com/2020/04/02/opinions/deaf-hard-of-hearing-face-masks-brooks/>>

TYPE: Media, News, Opinion, Web page

How to Make An Accessible, Deaf-Friendly Face Mask

WHO: Hearing, Speech & Deaf Center.

WHERE: <<https://www.hsdcc.org/accessible-deaf-friendly-face-mask/>> |

<<https://www.hsdcc.org/wp-content/uploads/2020/04/HSDCC-Instructions-for-Clear-Window-Masks.pdf>>

TYPE: Web page; PDF

Medical Masks with a See-through Window that Support Lip-reading

WHERE:

<https://www.google.com/search?q=clear+window+medical+masks&rlz=1C1GCEA_enUS773US773&oq=clear+window+medical+masks&aqs=chrome..69i57.8581j0j8&sourceid=chrome&ie=UTF-8>

TYPE: Google search

AUDIENCE: Community members and caregivers who interact with the deaf and people who rely on lip-reading for effective communication

Preparing Individuals with Intellectual/Developmental Disabilities for Medical Treatment at Hospitals

WHO: Michelle Ballan, Ph.D.

WHERE:

<<https://you.stonybrook.edu/disabilitycovid19forms/2020/04/08/preparing-individuals-with-intellectual-developmental-disabilities-for-medical-treatment-at-hospitals/>>

TYPE: Web page, map, interactive, resource list

Paved with good intentions

WHO: SafeAndSilent (I'm a professor of human factors engineering who teaches and researches human factors applications to safety. I'm also deaf.)

WHERE: <<https://safeandsilent.wordpress.com/2020/07/07/paved-with-good-intentions/>>

TYPE: Web page; blogpost

TOPIC: Comparison of non-ASL translator options to support the deaf and hard of hearing during the pandemic.

RECOMMENDATION: Face shields.

See-through face masks to help the deaf read lips

WHO: The Malaysian Insight

WHERE: <<https://www.youtube.com/watch?v=Plah0E-osZ8>>

TYPE: YouTube video

Signage, Free: Vulnerable to Infection

WHAT: Free graphic to print off for your door. Image has warning alert signals (yellow triangles) with red and black bold text stating: "VULNERABLE TO INFECTION. Please take precautions when calling at this house. Please knock / ring and then step back at least one metre from the door. Deliveries can be left on the step before knocking / ringing. Thank you for taking care to protect me."

WHO: Owain Sutton

WHERE: <<https://twitter.com/OwainAlty/status/1239483021855789057/photo/1>>

Additional copy inserted here:



**Please take precautions when calling at this house.
Please knock / ring and then step back at least one metre from the
door. Deliveries can be left on the step before knocking / ringing.**

Thank you for taking care to protect me.

Supporting Communication with Patients who have COVID-19

WHO: United States Society of Augmentative and Alternative Communication (USSAAC),
Patient-Provider Communication Forum

WHERE:

<https://www.patientprovidercommunication.org/supporting-communication-covid-19.htm>

DESCRIPTION: "The Patient-Provider Communication Forum, with the support of the United States Society of Augmentative and Alternative Communication (USSAAC), is providing a FREE bank of communication supports to patients and their health care workers during this unprecedented time of need."

TYPE: Nonprofit, Professional, Web page, Apps, Downloads

Video meeting misery

WHO: SafeAndSilent (I'm a professor of human factors engineering who teaches and researches human factors applications to safety. I'm also deaf.)

WHERE: <<https://safeandsilent.wordpress.com/2020/05/13/videomeets/>>

TYPE: Web page; Blog post

TOPICS: Comparison of options for real time transcription in video meetings to support the deaf and hard of hearing. Describes challenges for both audience and transcribers.

RECOMMENDATION: CART (Communication Access Realtime Translation)

What to know about clear medical masks for lipreading

WHO: Lisa Goldstein, Hearing Like Me

WHERE:

<<https://www.hearinglikeme.com/what-to-know-about-clear-medical-masks-for-lip-reading/>>

TYPE: Web page, article

Education, Accessible Teaching, & Disability Scholarship

Accessible Teaching in the Time of COVID-19

WHO: by Aimi Hamraie and more...

WHERE:

Original source:

<https://docs.google.com/document/d/1yBE1cCqJ_4M-JZ62K4CefmYsZuqgAWkGmZmdwESt0IM/preview>

Official version:

<<https://www.mapping-access.com/blog-1/2020/3/10/accessible-teaching-in-the-time-of-covid-19>>

Excerpt (Published by Niloufar Salehi on March 11, 2020):

<<https://sites.ischool.berkeley.edu/remote-teaching/2020/03/11/accessible-teaching-in-the-time-of-covid-19-by-aimi-hamraie-and-more/>>

TYPE: Google Doc

Critical Disability Studies and COVID-19: A Resource Collection

WHO: University of Minnesota Critical Disability Studies Collective

WHERE:

<<https://docs.google.com/document/d/1WDur5FJTKgQQlqymdNbaQ0NjItCAKcZd5C5cM>>

[75SKDE/edit?fbclid=IwAR2A98nGFPwCpKTRcrrCJfoHt5MH-n17b4hnrwjMTMlfUodR3nn1FE80-WQ#>](#)

TYPE: Google doc, list of resources

AUDIENCE: Broad

Dept. of Education: Fact Sheet: Addressing the Risk of COVID-19 in Schools While Protecting the Civil Rights of Students

WHO: United States. Department of Education. Office for Civil Rights

WHERE: <<https://www2.ed.gov/about/offices/list/ocr/docs/ocr-coronavirus-fact-sheet.pdf>>

TYPE: Government, PDF

Dept. of Education: OCR Short Webinar on Online Education and Website Accessibility

WHO: United States. Department of Education. Office for Civil Rights

WHERE: <<https://www.youtube.com/watch?v=DCMLk4cES6A>>

TYPE: Government, Video, YouTube

Dept. of Education: Questions and Answers on Providing Services to Children with Disabilities During the Coronavirus Disease 2019 Outbreak

WHO: United States. Department of Education.

WHERE:

<<https://www2.ed.gov/policy/special/guid/idea/memosdcltrs/qa-covid-19-03-12-2020.pdf>>

TYPE: Government, FAQ, PDF

Disability Scoop: Ed Department Offers More Special Education Guidance Amid COVID-19

WHO: Michelle Diamant

WHERE:

<<https://www.disabilityscoop.com/2020/03/18/ed-department-offers-more-special-education-guidance-amid-covid-19/28000/>>

WHEN: March 18, 2020

TYPE: News service, Web page

Disability Scoop: Feds Weigh In On Special Ed, Medicaid Concerns Over Coronavirus

WHO: Michelle Diamant

WHERE:

<<https://www.disabilityscoop.com/2020/03/13/feds-weigh-in-special-ed-medicaid-coronavirus/27969/>>

WHEN: March 13, 2020

TYPE: News service, Web page

The Experiences of Undergraduate Students with Physical, Learning, Neurodevelopmental, and Cognitive Disabilities During the Pandemic (SERU COVID-19 Survey)

WHO: Krista M. Soria, Bonnie Horgos, Igor Chirikov, and Daniel Jones-White

WHERE:

<<https://docs.google.com/document/d/1JrPktBoLN2cJHxwGwLorgCKFnIR86klkMBe15yPbey0/edit#heading=h.nwaknanyns7x>>

WHEN: October 23, 2020

TYPE: Google Doc, Research

Indiana University: Keep teaching during prolonged campus or building closures

WHO: UITS Support Center

WHERE: <<https://kb.iu.edu/d/keep>>

- Related version from University of Maryland: <<https://svp.umd.edu/keepteaching>>

TYPE: Higher education, Web page

Inside Higher Ed: Accessibility Suffers During Pandemic

WHO: Greta Anderson

WHERE:

<<https://www.insidehighered.com/news/2020/04/06/remote-learning-shift-leaves-students-disabilities-behind>>

TYPE: Media, News,

MUSINGS ABOUT CLASSES GOING ONLINE AND CRIP PEDAGOGIES OF IMPERFECTION

WHO: Ellen Samuels

WHERE: <https://www.facebook.com/1518995807/posts/10221864242224750/>

TYPE: Facebook post / short essay

AUDIENCE: Educators

Universities Ignore Accessibility at Critical Time for Remote Learning

WHO: Deanna Ferrante, Ally4All

WHERE:

<<https://individualizededucationblog.wordpress.com/2020/03/21/universities-ignore-accessibility-at-critical-time-for-remote-learning/>>

TYPE: Blogpost, Web page

From People with Disabilities & Their Allies

Coronavirus Facts: What You Need to Know If You Have Chronic Illness or Are Immune-Compromised

WHO: Susan Jara

WHERE:

<<https://creakyjoints.org/living-with-arthritis/coronavirus-facts-for-chronic-illness-patients/>>

TYPE: Blogpost

COMMUNITY SAFETY TOOLKIT: preparing for the election & post [Washtenaw County, MI]

WHO: Washtenaw Action Council

WHERE:

<<https://docs.google.com/document/d/1mESVq7OONiewaB-tSDHJkgLqg1jenaiRIPDRljWclFA/edit?ts=5f974987>>

WHEN: October 28, 2020

TYPE: Google Doc, Mutual Aid

Freedom for Some Is Not Freedom for All: COVID-19, Institutions, and Disability Rights

WHO: Alice Wong, Disability Visibility Project

WHERE:

<<https://disabilityvisibilityproject.com/2020/06/07/freedom-for-some-is-not-freedom-for-all/>>

Type: Web page, Essay, Editorial

Half Assed Disabled Prepper Tips for Preparing for a Coronavirus Quarantine

WHEN: March 9, 2020, edited March 10, 2020

WHO: By Leah Piepzna-Samarasinha (who identifies as a queer disabled femme of color, and is a recognized author and disability activist who was an invited speaker here at UM a couple years ago)

WHERE:

<<https://docs.google.com/document/d/1rldpKgXeBHbmM3KpB5NfjEBue8YN1MbXhQ7zTOLmSyo/preview>>

TYPE: Google Doc, single author

AUDIENCE: People with disabilities, caregivers, family, friends

Mad Queer Organizing Strategies: Surviving the Apocalypse Together! A Mutual Aid Safety and Wellness Planning Template for COVID-19

WHO: Elliott Fukui

WHERE: <<https://drive.google.com/file/d/18jineTQqwCaTjUYoLiO3I-Z60vSE-rO0/view>>

TYPE: PDF, workbook

#NoBodyIsDisposable - Fight Discrimination in COVID-19 Triage (OPEN LETTER TO CARE PROVIDERS & HOSPITALS)

WHO: Crowdsourced, NoBody Is Disposable Coalition

- “We are people targeted by triage plans during the COVID-19 pandemic — people with disabilities, fat people, old people, people with HIV/AIDS or other illnesses — and our loved ones who don’t want us to die.”

WHERE:

- Current location: <<https://nobodyisdisposable.org/>>
- Original Google Doc: <https://docs.google.com/document/d/1tVq4Se8YF1rPJbeghxgqgehOFdmWxrMNPnKa_oYbKuPY0/edit#heading=h.1ppxmfwfhyad>

TYPE: Web site, Google Doc

#NoBodyIsDisposable - Know Your Rights Guide to Surviving COVID-19 Triage Protocols

WHO/WHAT: Crowdsourced, NoBody Is Disposable Coalition

- “This is a “Know Your Rights” toolkit that covers rights and strategies for people facing potential triage discrimination based on disability or weight, alone or in

combination with other characteristics, during the COVID-19 pandemic in the United States."

WHERE:

- Current location: <<https://nobodyisdisposable.org/know-your-rights/>>
- Original Google Doc:
<https://docs.google.com/document/u/1/d/1td5Uq2R_ivBLzPzamng41T89nLD1UetHzS-9tGr1fsk/mobilebasic>

TYPE: website

People with Disabilities Helping Each Other Survive The Coronavirus

WHO: Admins: Rose Greenblatt, Millie Gonzalez, Javier Robles

WHERE: <<https://www.facebook.com/groups/237725317268130/>>

TYPE: Public Facebook group

Plain Language COVID-19 Information By and For People with Disabilities

WHO: Green Mountain Self-Advocates

WHERE: English:

<<https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Information-on-Coronavirus.pdf>>

Spanish:

<<https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Spanish-Plain-Language-Information-on-Coronavirus.pdf>>

TYPE: Nonprofit, self-help, PDF

Pod Mapping for Mutual Aid

WHO: By Rebel Sidney Black

WHERE:

Explanation:

<https://docs.google.com/document/d/1-QfMn1DE6ymhKZMpXN1LQvD6Sy_HSnnCK6gT07ZLFrE/edit>

Worksheet:

<https://drive.google.com/drive/folders/1l_xCQmi3NnK0A_1Urb1W0-Xs53-LMZl?usp=s_haring>

TYPE: Google Doc, single author

SURVIVAL FOR FOLKS WHO NEED #PowerToLive DURING A POWER SHUTOFF

WHO: Fat Rose, Access-Centered Movement, and Disability Justice Culture Club in the SF East Bay

WHERE:

<https://docs.google.com/document/d/18HoGaGluV92o9H4L1_QUGbHETQjhD1-5ANqV1aEoDmo/edit>

TYPE: Google Doc

COMMENTS: Initially compiled during the 2019 California wildfires. Provides tips on minimizing power use with medical devices, determining their power usage, and using, accessing batteries and generators, and maintaining temperature-sensitive drugs such as insulin should one lose access to electricity.

Ten Tips from a Chronically Ill Person for Surviving Social Distancing

WHO: Ellen Samuels

WHERE:

<<https://medium.com/@ellensamuels/ten-tips-from-a-chronically-ill-person-for-surviving-social-distancing-ba1656f7def0>>

TYPE: Blogpost

Your Coronavirus Handbook

WHO: Laine Yuhas, freelance journalist and disability advocate

WHERE: <<https://www.yourcoronavirushandbook.com/download-the-handbook.html>>

TYPE: PDF

AUDIENCE: Everyone, easy-to-read

From People with Disabilities and Allies: Messages and Stories

'The Cripples Will Save You': A Critical Coronavirus Message from a Disability Activist

WHO: Charis Hill

WHERE: <<https://creakyjoints.org/living-with-arthritis/coronavirus-disability-activism/>>

TYPE: Activism, Blogpost

AUDIENCE: Everyone

COVID-19 Blog

WHO: Lucy Watts

WHERE: <<https://www.lucy-watts.co.uk/2020/03/26/covid-19-blog/>>

TYPE: Personal website, personal experience / opinion, blogpost, legal, planning

AUDIENCE: People with disabilities,

Disability Visibility Project: Disabled Oracles and the Coronavirus

WHO: Alice Wong, disability activist

WHERE: <<https://disabilityvisibilityproject.com/2020/03/18/coronavirus/>>

TYPE: Personal website, personal experience / opinion, blogpost

'I Have Many Reasons to Be Worried About the Coronavirus But No Cares': A Chronic Illness Patient Speaks Out

WHO: Jennifer Walker

WHERE:

<<https://creakyjoints.org/living-with-arthritis/coronavirus-chronic-illness-patients-dismissed/>>

TYPE: Blogpost

From Organizations and Governments

ACL: COMMON QUESTIONS AND ANSWERS ABOUT COVID-19 FOR OLDER ADULTS AND PEOPLE WITH CHRONIC HEALTH CONDITIONS

WHO: Alliance for Aging Research; National Foundation for Infectious Diseases

WHERE:

<<https://acl.gov/sites/default/files/common/AOA%20-%20Alliance%20for%20Aging%20Rsch%20-%20Natl%20Fdn%20for%20ID%20-%20203-12-20.pdf>>

TYPE: Nonprofit, PDF, FAQ

Adult Advocacy Centers: A First-Hand Experience with Online Counseling during COVID-19

WHO: Leigha Shoup

WHERE:

<<https://www.adultadvocacycenters.org/a-first-hand-experience-with-online-counseling-during-covid-19/>>

TYPE: Web page

Adult Advocacy Centers: Watching for abuse during this time of isolation

WHO: Katherine Yoder, MS, CFI

WHERE:

<<https://www.adultadvocacycenters.org/watching-for-abuse-during-this-time-of-isolation/>>

TYPE: Web page, resource list

ARCH Disability Law Centre: COVID-19 and Disability: Recommendations to the Canadian Government from Disability Related Organizations in Canada – March 24, 2020

WHO: ARCH Disability Law Centre

WHERE:

<<https://archdisabilitylaw.ca/covid-19-and-disability-recommendations-to-the-canadian-government-from-disability-related-organizations-in-canada-march-24-2020/>>

TYPE: Policy statement, Non-profit, Legal

CDC: Coronavirus Disease 2019 (COVID-19): Manage Anxiety & Stress

WHO: Centers for Disease Control

WHERE:

<<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>>

TYPE: Government resource, web page

Center for Disability Rights: Coronavirus (COVID-19) Resources

WHO: Center for Disability Rights (CDRNYS)

WHERE: <<http://cdrnys.org/blog/press-releases/coronavirus-covid-19-resources/>>

TYPE: Government, New York State, Web page

Council for Disabled Children (London): Guidance and Advice on Coronavirus: Learning Disability and Autism Focus

WHO: Council for Disabled Children (London)

WHERE:

<<https://councilfordisabledchildren.org.uk/help-resources/resources/guidance-and-advice-coronavirus-learning-disability-and-autism-focus>>

TYPE: Web page links to PDF

CPR: COVID-19 Legislation

WHO: Center for Public Representation

WHERE: <<https://medicaid.publicrep.org/feature/covid-19-legislation/>>

TYPE: Web page

Ethical considerations in responding to the COVID-19 pandemic (Rapid policy briefing)

WHO: Nuffield Council on Bioethics

WHERE:

<<https://www.nuffieldbioethics.org/assets/pdfs/Ethical-considerations-in-responding-to-the-COVID-19-pandemic.pdf>>

TYPE: PDF, Nonprofit

IDA: COVID 19 and the disability movement

WHO: International Disability Alliance

WHERE: <<http://www.internationaldisabilityalliance.org/covid-19>>

TYPE: Non-profit, Resource list, Collection, Web page

ILO: Disability Inclusion in Covid-19 responses in the World of Work

WHO: International Labor Organization

WHERE:

<https://www.ilo.org/global/topics/disability-and-work/WCMS_739022/lang--en/index.htm>

TYPE: Webinar

NAACHO: Capacity-Building Toolkit For Including Aging & Disability Networks In Emergency Planning

WHO: Authored by the National Association of County and City Health Officials (NACCHO) and the Association of State and Territorial Health Officials (ASTHO) in collaboration with the HHS Office of the Assistant Secretary for Preparedness and Response (ASPR) and the HHS Administration for Community Living (ACL)

WHERE:

<https://www.naccho.org/uploads/downloadable-resources/Capacity-Building-Toolkit-for-Aging-and-Disability-Networks-2-5-19.pdf>

TYPE: Nonprofit and government resource, PDF (114 pages)

AUDIENCE: City planners and event organizers, everyone.

NAMI: COVID-19 (CORONAVIRUS) INFORMATION AND RESOURCES

WHO: National Alliance on Mental Illness

WHERE:

<<https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf?lang=en-US>>

TYPE: Non-profit, PDF, FAQ

AUDIENCE: Persons with mental illness, general public

NAMI Updates On The Coronavirus

WHO: National Alliance on Mental Illness

WHERE:

<<https://www.nami.org/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus>>

TYPE: Nonprofit, web page

National Children's Bureau: Coronavirus: children and young people's views on what it means to be 'vulnerable'

WHO: National Children's Bureau

WHERE:

<<https://www.ncb.org.uk/news-opinion/news-highlights/coronavirus-children-and-young-peoples-views-what-it-means-be>>

TYPE: Webpage

NORD's Peter L. Saltonstall on Coronavirus Prevention and Risk for the Rare Community

WHO: National Organization for Rare Diseases

WHERE:

<<https://rarediseases.org/nords-peter-l-saltonstall-on-coronavirus-prevention-and-risk-for-the-rare-community/>>

TYPE: Nonprofit, Webpage

Partnership for Inclusive Disaster Strategies: COVID19 Community-Wide Resources

WHO: Partnership for Inclusive Disaster Strategies

WHERE:

<<https://docs.google.com/document/d/1-53u6OnvUCB0OaWs8ys8RRDbfQLN-9zmZzzYPHF7bHU/edit>>

TYPE: Google Doc

SAMHSA: Mental Health: Recovering from Disasters

WHO: Substance Abuse and Mental Health Services

WHERE: <<https://www.samhsa.gov/dtac/recovering-disasters>>

TYPE: Government resource, Web page

AUDIENCE: Everyone

COMMENT: Authoritative resource, does not need review.

Senate: COVID-19 Recovery for Seniors and People with Disabilities Act (S.3740)

WHO: U.S. Senators Bob Casey (D-PA), Sherrod Brown (D-OH), Doug Jones (D-AL)

WHERE:

<<https://www.aging.senate.gov/imo/media/doc/COVID-19%20Recovery%20for%20Seniors%20and%20People%20with%20Disabilities%20Act%20one%20pager.pdf>>

TYPE: Legislation (Proposed), PDF

RELATED:

- Sens. Casey, Brown, Jones, Rep. Schakowsky Unveil Legislation to Address the Needs of Seniors, People with Disabilities During COVID-19 Pandemic
<<https://www.aging.senate.gov/press-releases/sens-casey-brown-jones-rep-schakowsky-unveil-legislation-to-address-the-needs-of-seniors-people-with-disabilities-during-covid-19-pandemic>>

Senate: Coronavirus Relief for Seniors and People with Disabilities Act (S. 3544)

WHO: Bob Casey (PA)

WHERE:

<<https://www.aging.senate.gov/imo/media/doc/Seniors%20and%20PWD%20COVID%2019%20Relief%20Act%20OnePager.pdf>>

TYPE: Legislation (proposed), PDF

Shepherd Center: Assistive Technology Center: Making Masks More Inclusive: Modifications Meet Patients' Specific Needs and Protect from Illness

WHO: Shepherd Center: Assistive Technology Center

WHERE:

<<https://news.shepherd.org/making-masks-more-inclusive-modifications-meet-patients-specific-needs-and-protect-from-illness/>>

TYPE: Web page; links to patterns, instructions, videos, PDFs.

Social Security & Coronavirus

WHO: Social Security Administration (USA)

WHERE: <<https://www.ssa.gov/coronavirus/>>

TYPE: Government, United States, Web page

Statement Regarding the Coronavirus and Hard of Hearing People

WHO: European Federation of Hard of Hearing People; International Federation of Hard of Hearing People; Asia Pacific Federation of the Hard of Hearing and Deafened

WHERE:

<<https://www.efhoh.org/statement-regarding-coronavirus-hard-of-hearing-people/>>

PDF:

<<https://www.efhoh.org/wp-content/uploads/2020/03/Statement-Regarding-the-Coronavirus-and-HoH-People.pdf>>

TYPE: PDF, Guidelines, Recommendations, Letter

WFD and WASLI Joint Statement on Access to Health Services During the Coronavirus (Covid 19) Containment Efforts

WHO: World Association of Sign Language Interpreters and World Federation of the Deaf

WHERE: <https://wasli.org/cat_news/wfd-wasli-joint-statement-on-covid-19> OR

<<https://mailchi.mp/wfd.fi/information-on-the-coronavirus?e=dc778e54da>>

TYPE: Nonprofit, Newsletter, Announcement, Policy recommendation

World Institute on Disability, Partnership for Inclusive Disaster Strategies and National Council on Independent Living Joint Statement on Disability Rights and Coronavirus (Covid 19) and other resources

WHO: World Institute on Disability, Partnership for Inclusive Disaster Strategies and National Council on Independent Living

WHERE: [World Institute on Disability Emergencies, Disasters, and Climate Resilience Partnership for Inclusive Disaster Strategies](#)

TYPE: Announcement, Policy recommendations

Local Resources (Michigan)

Ann Arbor Observer: Community Resource Guide for Covid-19

WHO: James M. Manheim, Cynthia Furlong Reynolds, Jan Schlain, Chuck Warpehoski

WHERE:

<https://annarborobserver.com/articles/community_resource_guide.html#.Xr1oEhNKjOQ>

TYPE: Article, resource list.

Engage@EMU's Resources -Washtenaw/Wayne Michigan- Updates ongoing : Resources

WHO: Engage@EMU (Eastern Michigan University)

WHERE:

<https://docs.google.com/spreadsheets/d/e/2PACX-1vSQIUpDLBhe8-mhBjB9HzXD0uyIShaNDQs8qQ_Sx3R6nfT8t7t_Br3-6MEEHwpOMqZgzfpLT5QK20dP/pubhtml>

TYPE: Google Doc

COVID-19 Community Resources: United Way of Washtenaw Launches COVID-19 Community Relief Fund

WHERE: <<https://www.uwwashtenaw.org/covid-19-community-resources>>

WHO: United Way of Washtenaw County

TYPE: Press release

Michigan: Huron Valley COVID-19 Mutual Aid Form - Formulario de ayuda mutua

WHO: Local organizers

WHERE:

<https://docs.google.com/forms/d/e/1FAIpQLSdhW2voPOII9Jmy_QR0AXk1Pqe1jGn3tByI-SlPfkNsMjcHLg/viewform>

TYPE: Form to request or offer aid

SEE ALSO: Facebook group

<<https://www.facebook.com/groups/2424471741198383/?ref=share>>

Michigan: Huron Valley Mutual Aid Spreadsheet

WHO: Local organizers

WHERE:

<https://docs.google.com/spreadsheets/d/1tam5kDoNkIC18YX9QEFVP_s0psLUxGKm31EQkahclqE/edit?usp=sharing>

TYPE: Google Doc

Michigan State Police: Disaster Declaration FEMA-4494DR-MI Public Assistance Information

WHO: Michigan State Emergency Management & Homeland Security

WHAT: <https://www.michigan.gov/msp/0,4643,7-123-72297_60152_99665---,00.html>

TYPE: Web page, Resource information, Links collection

University of Michigan Poverty Solutions: MICHIGAN COVID-19 PANDEMIC RESOURCE GUIDE

WHO: UM Poverty Solutions

WHERE:

<https://docs.google.com/document/d/1-r9zam_Gh8Up-msqb4T0BRirLzV5obyuZA91Csb_cqb4/edit>

TYPE: Google Doc

Washtenaw Mutual Aid and Resources

WHO: Local organizers

WHERE: <<https://www.facebook.com/groups/2424471741198383/>>

TYPE: Facebook group

Washtenaw Small Business Emergency Relief Fund

WHO: Office of Community & Economic Development of Washtenaw County, Ann Arbor SPARK, Entrepreneurship Center at Washtenaw Community College, Small Business Development Center, The Song Foundation,

WHERE: <<https://www.washtenawsbf.com/>>

TYPE: Web site

Multimedia (Webcasts, Webinars, Video, and/or Audio)

COVID-19: What Nursing Homes Need to Know!

WHERE: <<https://www.caltcm.org/covid-19>>

TYPE: Archived webinar

AUDIENCE: Health care providers, possibly elderly (I haven't watched it yet)

ILO: Disability Inclusion in Covid-19 responses in the World of Work

WHO: International Labor Organization

WHERE:

<https://www.ilo.org/global/topics/disability-and-work/WCMS_739022/lang--en/index.htm>

Through the Eyes of Someone Living with Dementia: Practicing Person-Centered Communication During COVID-19

WHEN: Thursday, March 12, 2020; 12pm-1pm ET / 9am-10am PT (Archived version available March 13)

WHERE: <<https://embodiedlabs.com/webinar-03-12-2020>>

TYPE: Webinar

AUDIENCE: Caregivers

COMMENTS: PFA watched this. It is good to listen to, but not to watch. Presenters included content on how to use sensory and environmental cues to reduce or manage fear and stress in persons with dementia, how to work with healthcare students, and more. My favorite parts included ways to use technology supports to reduce the sense of isolation while quarantines, offer distraction, engage around personal interests, and improve positive affect. Good case studies with practical examples for caregivers.

Selected News

BBC: Coronavirus: 'I know my life will not be saved in this pandemic'

WHO: Lucy Watts

WHERE: <<https://www.bbc.com/news/disability-52149219>>

TYPE: Major media, News, Personal story

BBC Newshour interview on disability and COVID-19

WHO: BBC

WHERE: <<https://www.bbc.co.uk/sounds/play/w172wg57s1n5r15>> starts at: 37:30

CAVEATS: Released On: 18 Mar 2020; Available for 22 days

TYPE: Major media, News

SYNOPSIS:

BuzzFeed News: The Coronavirus Response Shows How Crucial Accessibility Is

WHO: Amy Meng

WHERE:

<<https://www.buzzfeednews.com/article/amymeng/coronavirus-working-from-home-disability-accessibility>>

WHEN: March 13, 2020

TYPE: Major media, News

Disability Scoop: Coronavirus Brings Added Worries For People With Disabilities

WHO: Blythe Bernhard

WHERE:

<<https://www.disabilityscoop.com/2020/03/17/coronavirus-brings-added-worries-disabilities/27989/>>

WHEN: March 17, 2020

TYPE: News service, Web page

Forbes: 5 Things To Know About Coronavirus And People With Disabilities

WHO: Andrew Pulrang

WHERE:

<<https://www.forbes.com/sites/andrewpulrang/2020/03/08/5-things-to-know-about-coronavirus-and-people-with-disabilities/>>

WHEN: March 8, 2020

TYPE: Major media, News, Web page

Forbes: Mindset Matters: The Coronavirus, Disability, The Lessons Learned From Resiliency

WHO:

WHERE:

<<https://www.forbes.com/sites/jonathankaufman/2020/03/16/mindset-matters-the-coronavirus-disability-the-lessons-learned-from-resiliency/#13a6f3af2428>>

WHEN: March 16, 2020

TYPE: Major media, News, Opinion, Web page

Guardian: Disabled people cut off from vital supplies due to panic buying; People with disabilities say coronavirus means they are struggling to get deliveries

WHO: Frances Ryan and Sarah Marsh

WHERE:

<<https://www.theguardian.com/world/2020/mar/18/disabled-people-cut-off-from-vital-supplies-due-to-panic-buying-coronavirus>>

WHEN: March 18, 2020

TYPE: Major media, News, Web page

Jewish News of Northern California: Disability during a pandemic: Why you should put a spoon on your seder plate this year

WHO: Rabbi Elliot Kukla

WHERE:

<<https://www.jweekly.com/2020/04/01/disability-during-a-pandemic-why-you-should-put-a-spoon-on-your-seder-plate-this-year/>>

TYPE: Media, News, Opinion, Web page

NPR: Disability Groups File Federal Complaint About COVID-19 Care Rationing Plans

WHO: Joseph Shapiro

WHERE:

<<https://www.npr.org/2020/03/23/820303309/disability-groups-file-federal-complaint-about-covid-19-care-rationing-plans>>

TYPE: Major media, News, Web page

San Diego Union Tribune: People with disabilities should lead discussions about their rights and needs, especially during pandemic

WHO: Lisa Deaderick, Kerry Thompson

WHERE:

<<https://www.sandiegouniontribune.com/columnists/story/2020-08-23/people-with-disabilities-should-lead-discussions-about-their-rights-and-needs-especially-during-pandemic>>

TYPE: Major media, News, Web page, Opinion, Interview

Spectrum News: How governments should maintain disability services during the pandemic

WHO: Ari Ne'eman

WHERE:

[<https://www.spectrumnews.org/opinion/viewpoint/how-governments-should-maintain-disability-services-during-the-pandemic/amp/>](https://www.spectrumnews.org/opinion/viewpoint/how-governments-should-maintain-disability-services-during-the-pandemic/amp/)

TYPE: Media, News, Opinion, Web page