

# TORQUAY SPRING CREEK 8K

## Course Notes

### Start/Finish Area

### Torquay Common

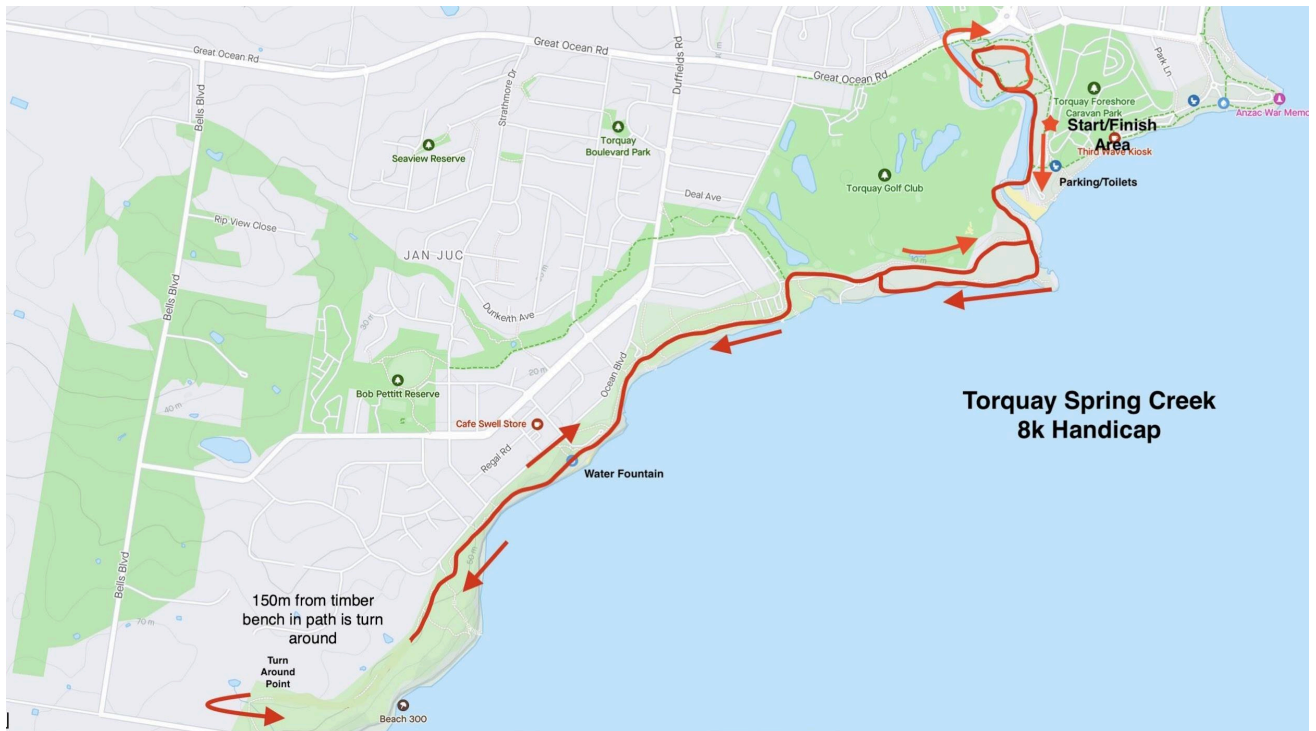


- Van can park outside in parking zone if gate not accessible
- Mat placement to be on grass coming off gravel path heading towards right hand side of toilet

- Start line just after mat placement at gravel track next to river
- Finishing loop may need to cut the grass at top left corner, to keep runners momentum



## Full Course



- Course starts at Common and heads along river track turning left onto timber boardwalk
- As you head towards Jan Juc beach remain left going past the 3 timber bollards, these will be where you pop out on the way back, turning arrows may be used to make sure
- Follow the sandy track along the shoreline, can't get lost really. You will pop out at Jan Juc SLC car park



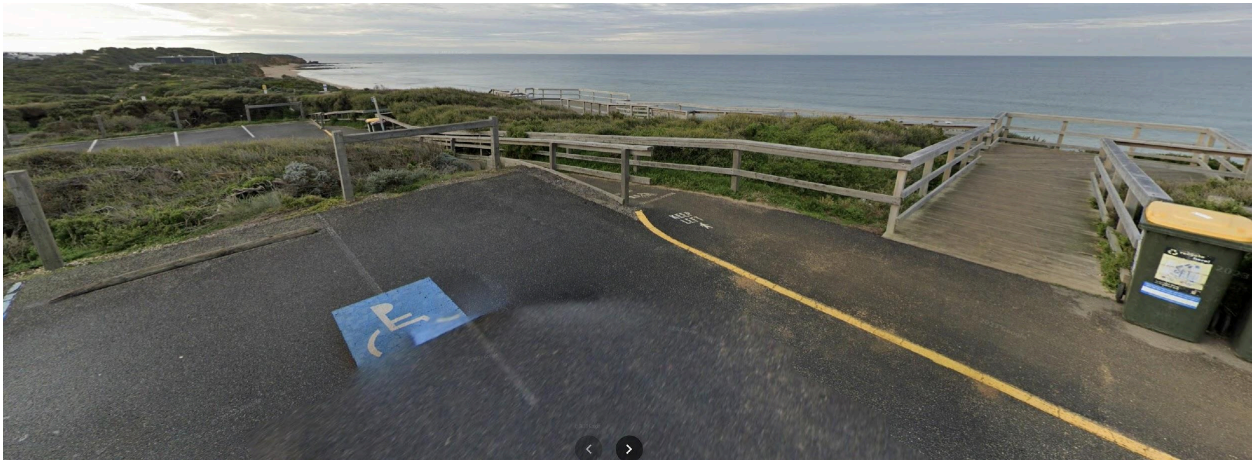
- Come out of this exit, Run across the yellow lines and left onto the track in the bush



- Follow until driveway crossing at carpark toilet block further down



- Follow track between carpark and toilet block...not toilet block track

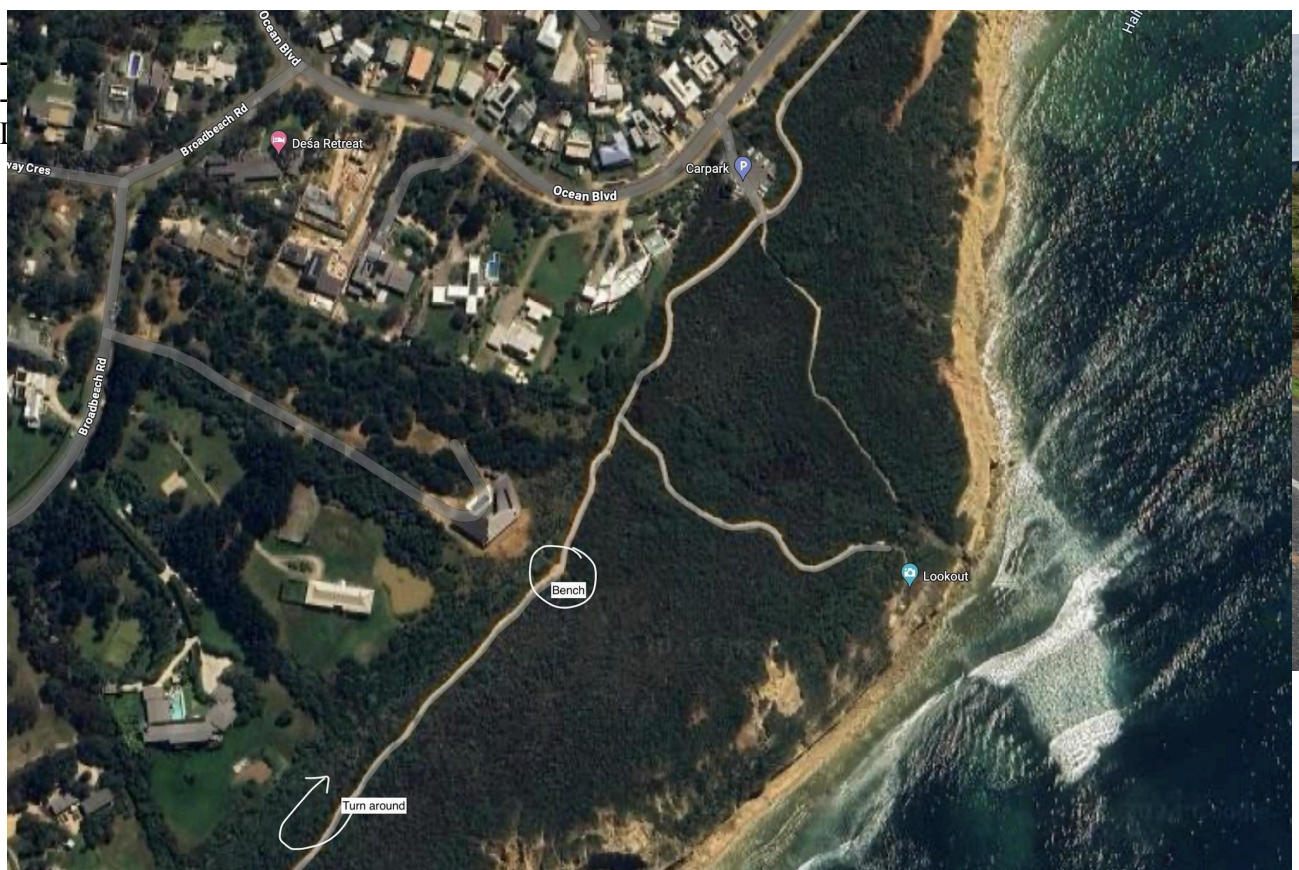


- Follow pedestrian path between yellow lines onto the Surf Coast Trail

## TURN AROUND

- Head out towards Half Moon Bay until you reach the turnaround at 150m past the timber bench in the track.

To set up the turn-around enter the carpark on Ocean Blvd approximately 1 km from the Jan Juc shops (Cnr Stuart Ave and Ocean Blvd ) just before the large bend . This carpark is not signed. Enter the track, turn right . Put cones here either side of the junction of the track and carpark to create a visual for runners. You will cross 5 wooden bridges . .41 km from the 5th wooden bridge (or 150 metres from the wooden bench in the middle of the track) is where you set up the Turn around sign. Put the sign in the middle of the track and put a cone either side on the edge of the track in the event someone moves the metal turn around sign.





- Follow Sandy trail, through the bush next to the golf course until you pop out at the 3 Bollards and turn left, this will take you down to the Boardwalk, back on the river trail and to the finish loop.

