



**Office of Physical Education, Health, Athletics and Nursing**  
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**Return to School after Illness:**

Students who *were sent home from school or did not attend school due to a fever or multiple COVID like symptoms* may return to school with:

A note from a health care provider clearing the child to return to school

OR

A negative COVID test (PCR, Rapid or Over the Counter)

-If using an Over the Counter Test, please submit a picture of the test results along with the Over the Counter Health Attestation Form located on the District website under the Resources, Covid-19 Resources and Information tab.

**According to the NYSDOH, COVID symptoms include:** Fever (100.0+), cough or sore throat, shortness of breath, difficulty breathing, fever, chills, body aches, headache, fatigue, new loss of taste or smell, loss of appetite, nausea/vomiting, nasal congestion/runny nose

Students who have *a confirmed diagnosis of COVID* can return to school if:

It has been at least five days since the individual first had symptoms or date tested if asymptomatic  
AND

It has been at least 24 hours since the individual has had a fever (without using fever reducing medicine)  
AND

The individual's symptoms improved

All test results should be sent to Arin Hampson at [ahampson@portjeffschools.org](mailto:ahampson@portjeffschools.org)

If you are having difficulty getting an appointment for a Covid test, please contact the school nurse for an Over the Counter test).