

**GIRLS' LACROSSE BY-LAWS****1. GOVERNING RULES**

The National Federation of State High School Associations Rules shall be followed.

**2. TEAM CLASSIFICATIONS**

1. Official competition shall be conducted in Varsity and Junior Varsity Classification.
2. *Seniors CAN participate on GIRLS JV teams. (3/14/23)*
3. Any player can move up and down (varsity & JV) all season just as long as that player does not exceed 20 games in a season.

**3. GAME LIMITATION**

1. No team shall exceed 20 games, 2 scrimmages and 1 Non-CIF contest.
2. No games or scrimmage shall be scheduled prior to the end of the last league contest of the previous season.
3. Tournaments count the number of games played.
4. League play will include a double round-robin schedule for all divisions.

**4. PRACTICE AND LIMITATIONS**

1. Saturday practice is allowed throughout the entire season.

**5. GAME MANAGEMENT**

1. JV teams always play at 5:30pm. If a site uses lights, the Varsity game will follow the JV game at approximately 7:00pm. If a site does not use lights, the Varsity game will be played before the JV game at 4:00pm.
2. The recommended ball for league play will follow the CCS requirements and guidelines.
3. Games will consist of four (4) 12-minute quarters with a 10-minute halftime. If the score differential is 10 or greater at any time, a running clock will be instituted.
4. For Junior Varsity level contests, the game time may be negotiated by the coaches and is often base upon anticipated remaining daylight.
5. **UNIFORMS:** The home team must wear white colored jerseys; the visiting team must wear dark colored jerseys. Schools with a single jersey color must have vests available. It is the coaches' responsibility to confirm uniform colors for the teams prior to the game.

**5. Tie Breaking System**

1. Records of teams head to head contests.
2. The records against league opponents starting from the top and working down until tie is broken.
3. Goal differential in head-to-head contests.
4. Coin toss.

***\*\*In the case of three or more teams tied for any CCS automatic qualifiers, the above tie-breakers will be used. Once the tie is broken, the remaining teams will start over, beginning with #1 head-to-head. This process will continue until all ties are broken. (11/19/23)***

## **6. CCS QUALIFYING**

1. Mt. Hamilton Division champion will receive an automatic CCS playoff berth.

## **7. ALL LEAGUE SELECTIONS**

1. ***Each division will select 10 - 1st team and 10 - 2nd team All-League players for both Varsity and JV teams. In addition, Varsity will receive 5 special recognition awards. MVP, SR., JR., Soph, and Freshman of the year.***

**Section 1:** In an attempt to avoid confusion when selecting All-League teams, this section provides a number of formulas in which a division chairperson can follow. It is required that all JV level teams use these formulas and allow Varsity level teams the option to use them.

- Special awards are limited to **five (5)** and these players are not to be included in the 1<sup>st</sup> team as these are considered “over and above” the 1<sup>st</sup> team recognitions: (MVP, SR, JR, SOPH, FRESH of the year are automatically included in 1<sup>st</sup> team and do not need to be added/listed as such.)
- In the case of a tie in the league standings, extra certificates will be provided to equal the exact finish amount (i.e.: if 2 teams tie for 2<sup>nd</sup> place, both teams will receive the number of all-league certificates that the formula states the 2<sup>nd</sup> place should receive.)
- Honorable mention awards will be pre-printed (with “Honorable Mention”) and be limited to 2 total per school (these will not be recorded by the BVAL) and may be used at the school’s discretion.
- If you choose to give Co-MVP, Co-SR, etc., you must give up one of your remaining special awards. **You may not give up an all-league spot for a Co- spot.**

### **Section 2: Lacrosse Formula - 10 All-League certificates –(1<sup>st</sup> & 2<sup>nd</sup> team)**

(8 teams)			(7 teams)			(6 teams)		
1st	3	2	1st	3	2	1st	3	2
2nd	2	1	2nd	2	2	2nd	2	2
3rd	1	2	3rd	2	1	3rd	2	1
4th	1	1	4th	1	2	4th	1	2
5th	1	1	5th	1	1	5th	1	2
6th	1	1	6th	1	1	6th	1	1
7th	1	1	7th	-	1			
8th	-	1						