

NOT YET REVISED for 2026 - Please Bookmark this link for future reference and check back in Spring of 2026.



Welcome to Camp Two Roads 2025

Welcome to camp. We are excited to have the opportunity to serve your family this summer for Camp Two Roads (C2R). We cannot wait to share all the amazing fun and adventures with your camper. Don't forget to help your camper prepare for our theme days.

Please read the information in this parent guide carefully. Remember to bring medications (**in ORIGINAL containers**).

Can't wait to see you all very soon,

Erin McPherson "Salmonberry"
C2R Director

Camp Mission

Camp Two Roads believes that outdoor happiness deepens awareness, kinship and adventure. We strive to provide the tools necessary to empower young women to be confident leaders both in the outdoors and within their communities. We work to broaden their horizon of possibilities so that they have the courage and ability to blaze their own roads in life.

Before Camp

Preparing mentally for camp

"Homesickness" (missing home) is common for some kids while at camp. C2R staff are trained to address homesickness in a positive manner. Our policy is to not call parents even when youth or teens at camp are missing home and want to talk to their family. However, if after 24 hours your child is still feeling homesick, the camp director will contact parents. If you anticipate your child experiencing homesickness during camp, please do not tell them they are able to come home anytime they want to, but rather let them know that our staff are there to help them enjoy the remaining days of camp.

Consider prewriting a few letters or cards to send your camper while at camp. They love getting mail! Just remember to send it no later than August 10th to make sure it arrives during camp. You can also give our family liaison letter at drop off.

Camper Check in - Sunday, August 10th between 2:30 pm and 4:00 pm

If you arrive before 2:30pm, please note **you will be required to remain in your car in the driveway to camp until a staff member is available to check you in.** Gates WILL NOT open until 2:30pm. After parking your vehicle, follow staff directions to continue through the check in stations.

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In order to accommodate all families and have room in the parking lot, please follow our check in schedule. If you arrive before your scheduled time and there is a line, you may be asked to wait. If you have multiple grade levels, please arrive at the youngest camper's time. We are doing our best to spread everyone out to minimize crowds, congestion and wait times.

We love our animals as much as any other family, but drop off and pick up from camp are not a time for our pets. **PLEASE LEAVE ALL PETS AT HOME!** If you do bring your pet we will ask someone to stay in the car with the pet. **Any dogs brought to camp will result in an additional fee.**

Arrival Window	Cabin Grade Level
2:30 -2:45 pm	3rd/4th & CIT
2:45-3:15 pm	7th/8th
3:15-3:30 pm	High School
3:30 - 4:00 pm	5th/6th

*Please notify us if arriving late via email as phone calls/texts will not go through.

Directions to Camp

Here are a couple of options for getting yourself to camp:

Google Map Link -

<https://www.google.com/maps?ll=45.358941,-123.315208&z=16&t=m&hl=en-US&gl=US&mapclient=embed&cid=10773414775666608938>

Directions from Yamhill, go west on Moores Valley Rd for 1.5 miles. Turn right on Oak Ridge Rd. **In three miles this road will “Y” into 2 gravel roads. Stay to the right** on Oak Ridge Rd and follow it for another three miles. Go past Yamhill University on your left. Just over the bridge the road curves to the left and the entrance to Camp Yamhill will be on your left, near the top of the hill - from there our camp staff will guide you the rest of the way.

Pick up - Friday, August 15th between 2:30 pm and 4:00 pm

Bathrooms will be available in the lower cabin area AFTER cars begin to park (like we tell the campers - go before you go). Due to limited parking, cars will need to line up on the road, some cars may be directed into overflow parking - please be kind to our staff and follow their directions as they are trying to get you parked as quickly and efficiently as possible.

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Our programming for campers does not end until 2:30ish, but we will move cones and begin parking cars in the lot at 2:15pm. If you arrive before that time, be prepared to wait in line on the road.

Once you park, you may use the restroom and begin the checkout process while you wait for your camper to finish. Our staff will give you a check out list to be returned to the staff member at the bottom of the driveway as you exit the site. **Please remain in the checkout area until you have completed the required steps AND a staff directs you to the camper pick up location.**

Contacting Us

Before the Thursday prior to camp or the week after Camp

You can reach our staff through email c2r@shootingstaradventures.org or phone 971-328-1653

During Camp - Be sure to follow us on social media for daily updates and photos from camp.

Emergency Number: **(503) 662-5860**

To leave a Non-Urgent Voicemail for C2R Staff: **971-328-1653 (this is checked once a day)** or e-mail c2r@shootingstaradventures.org

FYI - We have no cell service on site.

Camp Yamhill - Camp Address:

Camper Name

Attn: Camp Two Roads

19651 NW Old Railroad Grade Rd

Yamhill, OR 97148

2025 Camp Themes and Special Events

Each camp day comes with its own theme! While dressing up isn't mandatory, it's a blast and helps amp up our community spirit (plus, it might simplify your packing game!). So, get those creative juices flowing and think about your outfits. Even a simple themed t-shirt can do the trick!

- **Sunday** - Something Special - pick a favorite band, animal, phrase, etc put it on your shirt, hat, sock etc and let us get to know you better.
- **Monday** - Monochromatic - pick one color and go all in from head to toe
- **Tuesday** - Cartoon - represent your favorite 2d animation or actually become them.
- **Wednesday** - Working dress up for your future career, dream job or just one you admire
- **Thursday** - Throwback - kickin it 90s style
- **Friday** - Friendship - a little bit of cabin unity on our last day together! (All materials will be provided by C2R staff and counselors.)

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Formal Dinner, Talent Show, Dance - Summer dresses and fashion take over for our formal dinner and dance.

Camp Store

Our camp store will be open every afternoon during recreation. Campers will have the opportunity to visit the store and purchase all sorts of fun items.

- Water Bottles
- Camp Logo Stuffed Animals
- Pins, Stickers and Patches
- Hats, Hoodies, Flannel Pants and T-shirts
- Friendship Bracelets, Pins and more
- Journals, souvenirs and mementos
- Snack options - some healthy, others maybe not so much :)

You may add money to your camper's store account at check in via cash or check. We will keep track of her total throughout the week and any funds (over \$5) at the end of the week will be refunded to you. Of course, you can always donate them to our campership fund and help to make sure that no girl is denied the opportunity to participate at Two Roads due to a lack of financial ability.

A note about food options, our camp store manager will be fully aware of any food allergies your campers might have. If you prefer not to allow certain food items to be available for your camper, we will make note of that as well.

What to Bring to Camp - [Click here for a printable packing list](#)

Important:

1. Please mark all clothing / personal items with the Participant's name.
2. Please bring all medication your child will need while on site in its **original container** (OTC or prescription) with instructions and permission to dispense. **ONLY BRING THE NUMBER OF PILLS NECESSARY FOR THE TIME AT CAMP.** No drugs will be administered to your child by camp staff without written parent or physician authorization – we will have additional forms at check in.

Suggested Packing List for Camp Two Roads

Clothing: Girls will be outdoors all day, so dress weather appropriate. Mornings and evenings can be cool, afternoons warm so layers are great. CLOSED TOES SHOES are required each day

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for many of the skill stations. Sandals or open-toed shoes are allowed during recreation time if they have a **backstrap**. Flip-flops are allowed only for showers.

- 2 sweatshirts
- 2 pair of long pants
- 3 – 4 t-shirts & shorts
- socks
- underwear/sport bras
- bathing suit
- sleepwear
- hat/beanie
- rain jacket or poncho
- 2 pair closed toed shoes (not Crocs).
- sandals **with a back strap** (optional)
- sundress or nice outfit for formal dinner and dance

Please see the [dress code guidelines](#) when choosing clothing for your campers. Our dress code is in place to keep campers comfortable and safe while hiking, being involved in outdoor activities and wearing a challenge course harness.

Toiletries: (we have limited amounts of these items available for purchase if forgotten)

- hairbrush and hair ties
- toothbrush
- toothpaste
- soap
- shampoo
- conditioner
- deodorant
- chapstick
- shower caddy

Gear: River shoes are encouraged for the swimming hole and required for creek walks. Also, a sleeping bag and warmer pajamas is recommended for sleeping under the stars.

- bath towel
- washcloth
- shower shoes (flip-flops)
- sleeping bag -or-
- twin sheets/blankets*
- pillow and pillowcase
- beach towel
- plastic sack for wet towels
- water shoes with backstrap*
- water bottle
- sunglasses
- insect repellent
- sunscreen

Optional Items:

- silly costumes for theme days
 - book or other reading material
 - extra pair of glasses or contacts
 - day pack to hold personal items
 - battery-powered lantern or flashlight
 - cooling towel for hot afternoons
 - extra item to tie dye (pillowcase, socks, bandanna, etc.)
 - pre-addressed, pre-stamped stationery (in zip lock bags to protect from moisture).
- camera (One-time use cameras work great, please mark name with permanent marker)

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DO NOT BRING toys, gum, candy, sugary drinks, cell phones, ipods, other electronic devices/games, expensive items (Shooting Star Adventures will not be held responsible for lost or broken items). Weapons, drugs and/or illegal substances will result in removal from the camp program. *Cosmetics are strongly discouraged as there is no time to apply/remove and it attracts insects to the campers face.*

Dress Code Guidelines

Your camper will be outdoors all day, so dressing appropriately for the weather is important. Mornings and evenings can be cool, afternoons can be warm so layers are great. **CLOSED TOE SHOES** are required each day for many of the skill stations. Sandals or open-toed shoes are allowed during recreation time if they have a **backstrap**. At some point your camper may have a climbing harness on. Your campers' clothing needs to make that comfortable for them and facilitators helping them with the harness - no spaghetti straps, crop tops or short short/skirts will be permitted on the course - campers will be asked to return to their cabin and change before participating on the challenge course.

- Clothing is free from any objectionable logos, writing, or pictures (i.e., cursing, violence, political messages, sexual preferences etc.) that go against our behavior contract.
- Clothing should make camp enjoyable, including shorts that are long enough to cover you entire bottom, crop tops (not sports bra style) must completely cover their undergarments when hands are raised.
- Swimsuits should be appropriate for a youth camp setting. String bikinis and thongs will not be allowed.
- Underwear must be covered from all angles (think rockwall) (booty shorts, Daisy Dukes, and saggy pants are not functional clothing at camp).
- Rips and holes in clothing must be modest and in appropriate areas.
- Final dinner clothing should remain modest and camp appropriate. No body con short dresses.

These guidelines are not put in place to shame, degrade or make anyone feel less than. These guidelines are purely for safety and comfortability.



Examples of the climbing harnesses

revised 08/06/2025

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T-Shirt and pants are best, as the straps can chafe skin when wearing tank tops and short shorts. The photo shows a variety of outfits and their challenges, please help your camper ensure they have comfortable and appropriate clothing.

Lost and Found

In the case of items lost, the Shooting Star Adventures office will make every effort to locate the item but will not be able to replace or reimburse the camper for the item. Unclaimed items will be disposed of after September 20th, 2023. If any of the prohibited items are found on site, they will be taken from the participant's possession and returned to parents at pick-up.

Health/Medications

Please make sure your camper is coming to camp in good health. Please let staff know if there are any recent injuries, allergies or illness.

Bring all camper medications with you to your check-in on the first day of camp.

All medications, including rescue medications such as an inhaler or epipen, must be turned in to Camp nursing staff. All rescue medications will stay with the camper. Other medications will be stored and administered by the camp nursing staff. Please make sure the campers name is on all medication, including rescue medication such as inhalers or epi pens. **ONLY BRING THE NUMBER OF PILLS NECESSARY FOR THE TIME AT CAMP.**

- All medications must be in original packaging (Rx or OTC) with specific written instructions for use. We are unable to distribute unmarked medications to the camper.
- All medications must be listed with detailed instructions given on the Medical Authorization form prior to coming to camp.
- Bee Sting/Allergic Reactions: If your camper has a known allergy to bee stings, or other severe allergic reactions, the camper must bring an appropriate treatment kit to camp.
- History of asthma: If your camper has a history of asthma, you must provide medication for treatment. Even if your camper has not used this medication recently, camp activity (heat, cold water, or dust) can aggravate symptoms and we want to have every tool at our disposal to keep your camper safe.

Bed Wetting

Our staff is trained in how to handle wet sleeping bags at camp in a discreet and respectful manner. All soiled clothing and bedding will be washed and we do our best to ensure that this is done in a timely manner, without other campers' knowledge. We also provide campers with

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loaner sleeping bags if needed before soiled items are washed and dried. If you are concerned that your camper may end up with a wet sleeping bag, you may also want to talk with your camper about what to do in case of an accident. It is best if a camper tells their counselor immediately, and you can reassure your camper that their counselor will keep the information private. Our staff are compassionate and dedicated to keeping campers safe, happy, and healthy while they are at Camp Two Roads.

Additional Forms

Campers and families will be asked to turn in the following forms at check in:

- Behavior Contract
- Challenge Course Agreement
- Medication Authorization - only new meds/doses since registration

[These forms can be downloaded from our website.](#) We will have additional forms available at check in.

Staff and Camper Interactions After Camp

Campers often develop strong and positive mentor relationships with summer camp staff. When our week together ends, many campers want to keep in touch with their favorite staff members. However, all Camp Two Roads staff are asked to refrain from connecting with campers (without expressed camper family consent) via in person or any social media platforms until they have aged out of our camper programs or graduated high school. Should your camper request to follow a staff member it will most likely be politely denied. Instead we recommend campers send email to office@shootingstaradventures.org or to our business address. We will make sure counselors receive the messages.