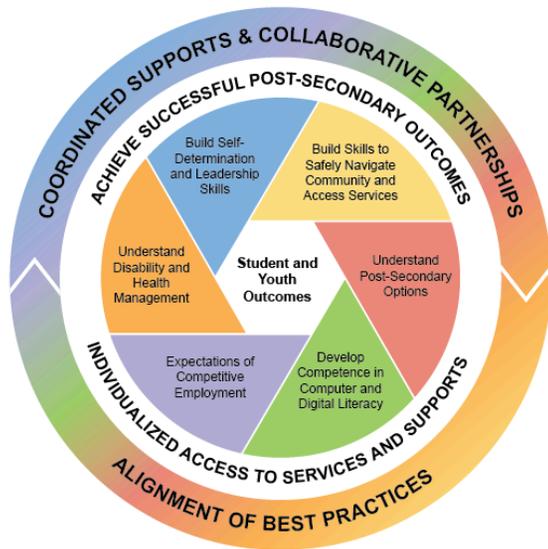


LOCAL SEQUENCING OF SERVICES WORKBOOK



Key Components:

- Building Your Interagency Transition Team:
- Shared Transition Vision
 - Vision:
 - Purpose:
- Collaboration with Families
- Competitive Integrated Employment
- Shared Communication Practices
- Student Led Planning

Visit the website to learn more: [Key Components](#)

TIMELINE FOR CONNECTION TO AGENCIES:

Less than 14	Age 14	Age 15-16	Age 17-18	Age 19-21	Age 22-24
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<ul style="list-style-type: none"> ● Person Centered Planning ● Connect to Medicaid waiver programs through a Community Center Board ● Family Support Programming ● Complete application for Behavioral Health Services 	<ul style="list-style-type: none"> ● Person Centered Planning (incorporate with IEP/504) ● Connect with Independent Living Center ● Connect to local workforce center ● Connect to Benefits Planning Counselor ● Submit application for HCBS-DD Waiver services 	<ul style="list-style-type: none"> ● Person Centered Planning (incorporate with IEP/504) ● Apply for mental health services (age 15) ● Refer DVR for Pre-ETS ● Apply for DVR, as appropriate 	<ul style="list-style-type: none"> ● Person Centered Planning (incorporate with IEP/504) ● Submit application for SSI ● Apply for DVR, as appropriate ● Planning/preparing Transition from Children's to adult HCPF (17 years) Linking to information ● Connection made to IDEA 18-21 Services 	<ul style="list-style-type: none"> ● Person Centered Planning (incorporate with IEP/504) ● IDEA 18-21 Services ● Apply for DVR, as appropriate ● Choice transitions CCT at 18 + ● Transition to Adult HCPF services 	<ul style="list-style-type: none"> ● Person Centered Planning ● Apply for DVR, as appropriate ● Adult HCPF Services
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EXAMPLE OF A LOCAL SEQUENCE OF SERVICE FOR 1 CORE OUTCOME:

Build Self-Determination and Leadership Skills

GOAL: To have each student develop the skills and knowledge to understand their strengths and areas of need, set and achieve goals for themselves and achieve them, and to work with other people and to be a leader in their own life.

Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:

Age	Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:
Less Than 14	<ul style="list-style-type: none"> •Development of self-reliance skills. •Increased self-awareness and participate in making choices. •Development of personal unique interests, talents, and aspirations
Age 14	<ul style="list-style-type: none"> •Participates in Volunteer and Civic Activities. •Engages in Person Centered Planning Process.
Age 15-16	<ul style="list-style-type: none"> •Participates in Student Leadership Activities. •Identifies Needs and Can Appropriately Self-Advocate.
Age 17-18	<ul style="list-style-type: none"> •Participates in Peer Mentorship. •Leads Personal Planning Sessions (IEP, ICAP, IPE, etc.) and Evaluates Progress Toward Goal.
Age 19-21	<ul style="list-style-type: none"> •Develops of Self-Reliance Skills. •Identify Supports Needed to Reach Personal Goals and Monitors Progress.
Age 22-24	<ul style="list-style-type: none"> •Demonstrates Leadership in Groups and Mentors Others. •Demonstrates Self-Determination/ Advocacy.

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Age 15-16	•Participates in Student Leadership Activities. •Identifies Needs and Can Appropriately Self-Advocate.
Age 17-18	•Participates in Peer Mentorship. •Leads Personal Planning Sessions (IEP, ICAP, IPE, etc.) and Evaluates Progress Toward Goal.
Age 19-21	•Develops of Self-Reliance Skills. •Identify Supports Needed to Reach Personal Goals and Monitors Progress.
Age 22-24	•Demonstrates Leadership in Groups and Mentors Others. •Demonstrates Self-Determination/ Advocacy.

Fill Out Your Local Template: *Build Self-Determination and Leadership Skills*

Interagency Transition Team Partners	Less Than Age 14	Age 14	Age 15-16	Age 17-18	Age 19-21	Age 22-24
Local School District & Aspen Family Connections	<p>Participates in Middle School and High School Club Offerings</p> <p>Participates in various exploration classes (music, art, technology, stem)</p> <p>Instruction in self advocacy, meetings, organization, peer mentoring, youth leadership, sports and extracurricular participation</p>	<p>Continue services</p> <p>Participates in Middle School and High School Club Offerings</p> <p>Volunteers at school and community events and programs</p>	<p>Continue services</p> <p>Participates in High School and Community Club Offerings</p> <p>Meets with counselor and case manager to advocate for needs and explore interests</p> <p>Instruction on rights and responsibilities</p>	<p>Continue services</p> <p>Meets with college counselor to discover post-secondary opportunities</p> <p>Supported community counselor, peer mentoring</p>	<p>Continue services</p> <p>Meets with transition coordinator and outside agencies to discover post-secondary opportunities</p>	<p>Continue services</p> <p>Meets with outside agencies to discover post-secondary opportunities</p>

Additional Resources for Guardians & Providers:

Self-Determination Strategies and Tools	Goal Setting	Knowing Rights and Responsibilities	Connecting to Resources
<ul style="list-style-type: none"> ● <u>411 on Disability Disclosure</u> ● <u>Explore Work (Modified)</u> ● <u>NTACT: the Collaborative (Modified)</u> ● <u>The hangout - knowing myself</u> ● <u>Self Determination. Org</u> ● <u>National Consortium on Leadership and Disability for Youth</u> ● <u>NSTTAC – National secondary transition technical assistance center</u> ● <u>Bridging Apps (Modified)</u> 	<ul style="list-style-type: none"> ● <u>Self-Determination.Org</u> ● <u>It's all about Me! Understanding my IEP</u> ● <u>National Institute of child health and human development</u> ● <u>Me! (Modified)</u> ● <u>AIR Self-Determination Scale</u> ● <u>T-Folio</u> ● <u>Disabilities: A Self-Advocacy and IEP curriculum for students (Modified)</u> ● <u>Pacer's National parent center on Transition and Employment</u> 	<ul style="list-style-type: none"> ● <u>411 on Disability Disclosure</u> ● <u>ADA Video and Multimedia</u> ● <u>JAN – Job Accommodation Network</u> ● <u>Hitting the Open Road After High School</u> ● <u>National Consortium on Leadership and Disability for Youth</u> ● <u>Pacer's National Parent Center on Transition and Employment</u> 	<ul style="list-style-type: none"> ● <u>Find Help.org</u> ● <u>Agencies serving Blind/Low Vision: Helen Keller ACBVI SAAVI FBC Heritage for the Blind</u> ● <u>Raising Special Kids</u> ● <u>Salvation Army</u> ● <u>WATI Student/Teacher Resource and Transition Portfolios</u> ● <u>Community of Practice for adult educators, shares resources, research , information and expertise</u> ● <u>A guide to developing community connections (Modified)</u> ● <u>Bridging Apps (Modified)</u>

Build Skills to Safely Navigate the Community and Access Services

GOAL: To have each student gain the skills to safely navigate their community and understand the resources and services available to them.

Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:

Age	Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:
Less Than 14	<ul style="list-style-type: none"> •Understands adolescence and changes to my body through a disability lens. •Develops self-care skills. •Develops skills to maintain mental wellness.
Age 14	<ul style="list-style-type: none"> •Understands and practices health and disability management skills needed for independence. •Develops social media health and safety skills.
Age 15-16	<ul style="list-style-type: none"> •Participates in a variety of community-based instruction. •Accesses community safely. •Engages in daily living activities, including recreation. •Explores future living options in home of their own. •Obtains a driver’s license/Colorado ID. •Uses public transportation. •Increases skills in financial literacy.
Age 17-18	<ul style="list-style-type: none"> •Increased independence and identified future environments for Community Based instruction. •Participates in social activities with supports or independently. • Volunteers in their community at non-profit/community services. • Identifies future living plans. •Eligibility WIOA services explored. •Registered for Selective Services. •Understands transfer of rights and responsibilities under IDEA. • Prepared to apply for HCPF waivers (multiple). •Makes and Keeps appointments. •Understands guardianship options/alternatives. •Registered to Vote and knows the rights of people with disabilities. •Practices budgeting skills.
Age 19-21	<ul style="list-style-type: none"> •Masters’ safety skills needed to navigate community. •Increases interpersonal, civic, and community engagement in their chosen community. •Understands how to engage and advocate within service systems including Medicaid and DVR. •Understands the various housing options and selects desired option. • Participates in elections by voting. •Demonstrates financial literacy.
Age 22-24	<ul style="list-style-type: none"> •Safely navigates community. •Understands and practices adult rights and responsibilities. •Lives in chosen community/home with supports as needed. •Engages in civic responsibilities. •Pays bills and addresses financial needs.

LOCAL RESOURCES: *Build Skills to Safely Navigate the Community and Access Services*

Interagency Transition Team Partners	Less Than Age 14	Age 14	Age 15-16	Age 17-18	Age 19-21	Age 22-24
<p>Local School District & Aspen Family Connections</p>	<p>Connect with Medicaid Waiver Programs</p> <p>CES - refer to Mountain Valley Developmental Services - Kerra Sandlin</p> <p>CHCBS Waiver - refer to Linda Byers Garfield Human Services</p> <p>Apply for Behavioral Health Services</p> <p>Local Resource: Mountain Valley Developmental Services</p> <p>700 Mount Sopris Drive Glenwood Springs, CO 81601, (970)945-2306</p> <p>Linda Byers, Program Manager Mailing address: 195 W.14th St., Building B, Rifle, CO 81650 970-963-1639 phone 970-963-1974 fax</p>	<p>Connect with Independent Living Center & enroll in waitlist for services</p> <p>Connect with Benefits Planning Counselor</p> <p>Submit Application for HCBS-DD Waiver Services</p> <p>Obtain Colorado Identification Card DMV Identification Card Information</p> <p>Local Resource: Center for Independence – Glenwood Springs 823 Blake Ave., Ste 102, Glenwood Springs, CO 81601, (970) 718-5155, FAX (970) 340-8845</p>	<p>Apply for Mental Health Services (as needed)</p> <p>Enroll in DVR Pre-Ets and SWAP Program</p> <p>Connect with leaders regarding driver's license</p> <p>Local Resource: Department of Vocational Rehabilitation 401 23rd Street, Suite 300 Glenwood Springs, CO 81601, (970) 309-2331, (970) 945-1042</p>	<p>Apply for Social Security Benefits</p> <p>Submit Supplemental Security Services Navigate Adult HCPF Services Redetermination</p> <p>Submit Medicaid Transition Paperwork Health First Colorado Adult Medicaid Program</p> <p>Connect with Colorado Work Force Center</p> <p>Connect with IDEA 18-21 Services</p> <p>Consider the following: WIOA services, HCPF waivers (multiple), guardianship options/alternatives</p> <p>Local Resource: Department of Vocational Rehabilitation 401 23rd Street, Suite 300 Glenwood Springs, CO 81601, (970) 309-2331, (970) 945-1042</p> <p>Glenwood Springs Workforce Center 401 23rd Street, Suite 300 Glenwood Springs, CO 81601 P:(970) 945-8638 F:(970) 945-5543</p>	<p>Navigate IDEA 18-21 Services</p> <p>Choice Transitions CCT at 18+</p> <p>Navigate Independent Living Options - Independent Living Center</p> <p>Understands how to engage and advocate within service systems including Medicaid and DVR</p> <p>Local Resource: Center for Independence – Glenwood Springs 823 Blake Ave., Ste 102, Glenwood Springs, CO 81601, (970) 718-5155, FAX (970) 340-8845</p>	<p>Navigate Adult HCPF Services</p> <p>Continue Adult Workforce Services with DVR Adult Program and Assisted Living</p> <p>Local Resource: Department of Vocational Rehabilitation 401 23rd Street, Suite 300 Glenwood Springs, CO 81601, (970) 309-2331, (970) 945-1042</p>

Additional Resources for Guardians & Providers:

Appearance	Transportation	Organization and Planning	Financial Literacy
<ul style="list-style-type: none"> ● Get a life toolkit (Modified) ● eHow ● Busyteacher (Modified) ● Wikihow (personal hygiene) (Modified) ● Teens Health (Modified) ● Skills to pay the bills (Modified) ● Bridging Apps (Modified) ● Guide to Healthy living 	<ul style="list-style-type: none"> ● Find Help.org ● Videos for Practicing Driving Skills ● RTD ● Nadtc – national aging and disability transportation center (Modified) ● RAFTA 	<ul style="list-style-type: none"> ● Quizlet ● Virginia's CTE resource center ● Project Access (Modified) ● Calm moment ● Well Cast (Modified) ● Live binders (Modified) 	<ul style="list-style-type: none"> ● Get a life toolkit (Modified) ● Skills to pay the bills (Modified) ● Money 101 ● Transition Tennessee (Modified) ● You for Youth ● Talkin' Money ● Understanding Taxes ● High School financial planning program ● SAM - Smart About Money ● Choiceworks App ● Mapping your future ● GCF Global (Modified) ● WINTAC (Modified) ● NGPF – Next Gen Personal Finance (Modified) ● Practical Money Skills (Modified) ● Your Money your goals ● "You can deal with it" financial literacy ● Bureau of consumer Financial protection: 105 ready to use lesson plans for high school age students ● LEAD Center Financial Literacy resources ● FDIC ● National disability Institute

Understand Post-Secondary Education and Training Options

GOAL: To have each student gain an understanding of opportunities after high school to expand their training, knowledge and skills through additional programs and schooling.

Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:

Age	Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:
Less Than 14	<ul style="list-style-type: none"> •Explores different types of post-secondary education and training options. •Explores potential career pathways that align with likes/dislikes.
Age 14	<ul style="list-style-type: none"> •Develops an understanding of the potential costs, benefits, and challenges including personal, social, environmental and/or family implications, of post-secondary opportunities. •Considers concurrent and dual enrollment including CTE/ACE, etc. •Identifies career pathways that align with their skills, interests/abilities/LMI. •Engages in coursework, placement opportunities, extra – curricular clubs, organizations, and college or workforce preparation programs.
Age 15-16	<ul style="list-style-type: none"> •Understands financial aid options specific to SWD (benefits counseling, ABLE, Medicare waivers, college accounts). •Explores the environment of post-secondary schools. •Selects course of study that reflect career pathway. •Utilizes academic advisors to inform academic trajectory. • Understands supported decision making and guardianship and the relationship to post-secondary education.
Age 17-18	<ul style="list-style-type: none"> •Identifies higher education options that align with career goal and previously identified needs (2/4 yr. degree programs, apprenticeships military service, career and technical colleges, and service-learning inclusive education). •Participates in post-secondary education and training tours/visit. •Understands differences in modification vs. accommodation. •Understands differences between IDEA and ADA law regarding supports and services. •Creates portfolio and submits application (if relevant submit financial aid application). •Identifies living options including location and roommates.
Age 19-21	<ul style="list-style-type: none"> •Participates in training program that supports identified career pathway. •Connects to on campus resources/understands their availability (disability specific supports). •Understands adult rights and responsibilities and how it pertains to the post-secondary environment.
Age 22-24	<ul style="list-style-type: none"> •Utilizes career center to job hunt and/or plan for graduation from post-secondary program. •Self-advocates and communicates desires and needs in post-secondary environment in preparation for or engagement in transition out of post school. •Continues to access academic supports needed to reach educational goals.

LOCAL RESOURCES: *Understand Post-Secondary Education and Training Options*

Interagency Transition Team Partners	Less Than Age 14	Age 14	Age 15-16	Age 17-18	Age 19-21	Age 22-24
<p>Local School District & Aspen Family Connections</p>	<p>Participate in post-secondary interest surveys, explore clubs and extracurricular activities</p>	<p>Enroll in Career Technical Education Coursework with school counselor</p> <p>Meet with counselors about post-secondary options and individual career planning</p>	<p>Enroll in Career Technical Education Coursework with school counselor</p> <p>Meet with Post-Secondary Counseling</p> <p>Explore Inclusive Education Programs</p> <p>Explore Inclusive Education Student Resources</p> <p>Explore Colleges/Universities with TRIO Programs</p>	<p>Meet with Post-Secondary Counseling</p> <p>Enroll in Career Technical Education Coursework with school counselor</p> <p>Complete FAFSA</p> <p>Complete Post-Secondary Applications</p>	<p>Navigate IDEA 18-21 Services</p> <p>Choice Transitions CCT at 18+</p> <p>Navigate Independent Living Options - Independent Living Center</p> <p>Local Resource: Center for Independence – Glenwood Springs 823 Blake Ave., Ste 102, Glenwood Springs, CO 81601, (970) 718-5155, FAX (970) 340-8845</p>	<p>Navigate Adult HCPF Services</p> <p>Continue Adult Workforce Services with DVR Adult Program and Assisted Living</p> <p>Local Resource: Department of Vocational Rehabilitation 401 23rd Street, Suite 300 Glenwood Springs, CO 81601, (970) 309-2331, (970) 945-1042</p>

Additional Resources for Guardians & Providers:

Understanding Post-Secondary Options			
<ul style="list-style-type: none">● <u>Labor and Employment's Apprenticeship website</u>● <u>Big Future College Boardbigfuture.collegeboard.org/get-started/inside-the-classroom/8-ways-to-take-control-of-your-tilie (Modified)</u>● <u>Making my way through College</u>● <u>https://inclusivehighered.org/</u>● <u>https://aspireonline.org/colorado/programs/program-directory/</u>			

Develop Competence in Computer and Digital Literacy

GOAL: To have each student gain skills to access a computer and the internet to expand their opportunities for connection and skill building.

Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:

Age	Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:
Less Than 14	<ul style="list-style-type: none"> •Demonstrate basic skills of digital literacy. •Manage personal data maintaining digital privacy and security. •Aware of the permanence of their actions in the digital world including impact of cyber bullying.
Age 14	<ul style="list-style-type: none"> •Access and Practice digital literacy across platforms including social media. •Engage in positive, safe, legal, and ethical behavior when using technology, including social interactions online or when using networked devices. •Demonstrates an understanding of, and respect for the rights of others in digital environments.
Age 15-16	<ul style="list-style-type: none"> •Reads and interprets media across digital environments. •Collaborates and communicates with different social media users. •Aware of data-collection technology used to track their navigation online.
Age 17-18	<ul style="list-style-type: none"> •Applies new knowledge gained from a wide range of source. •Designs and delivers digital and social media content that reflects critical thinking. •Cultivates digital identity and reputation.
Age 19-21	<ul style="list-style-type: none"> •Evaluates and applies new knowledge gained from digital environments, including social media. •Uses technology tools for day-to-day activities including employment-related activities. •Evaluates the accuracy and validity of social media.
Age 22-24	<ul style="list-style-type: none"> •Completes tasks effectively in a digital environment. •Uses communication tools and networks effectively to locate, evaluate, use, construct, and express information. •Utilizes social media to enhance their community engagement.

Fill Out Your Local Template: *Develop Competency in Computer and Digital Literacy*

Interagency Transition Team Partners	Less Than Age 14	Age 14	Age 15-16	Age 17-18	Age 19-21	Age 22-24
School district and community resource, Aspen Family Connections	<p>Participate in provided school lessons</p> <p>Engage with assistive technology</p>	<p>Participate in provided school lessons</p> <p>Participate in community based informational learning with guardians</p> <p>Participate in lessons and training regarding safe digital use and social media</p>	<p>Participate in provided school lessons</p> <p>Participate in community based informational learning</p> <p>Participate in lessons and training regarding safe digital use and social media</p>	<p>Participate in provided school lessons</p> <p>Participate in community based informational learning</p> <p>Participate in lessons and training regarding safe digital use and social media</p>	<p>Participate in provided school lessons</p> <p>Participate in community based informational learning</p> <p>Participate in lessons and training regarding safe digital use and social media</p>	<p>Participate in provided school lessons</p> <p>Participate in community based informational learning</p> <p>Participate in lessons and training regarding safe digital use and social media</p>

		Engage with assistive technology				

Additional Resources:

Computer and Digital Literacy
<ul style="list-style-type: none"> ● GCFL Learn ● Policy works ● Social Media Test Drive (Modified) ● Live binders (Modified) ● Get a Job toolkit (Modified) ● Career One Stops ● NTACT: the Collaborative (Modified) ● Common Sense Education (Modified)

Expectation of Competitive Employment

GOAL: To have each student gain pre-employment transition services, work-based learning experiences and informative assessments throughout their high school years to make progress toward their employment related goal. Each student will have a paid employment experience before they leave high school increasing their chances of competitive, integrated employment when they move into the community.

Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:

Age	Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:
Less Than 14	<ul style="list-style-type: none"> • Expects to be employed in a community, integrated job. • Exposed to benefits counseling. • Identifies employment opportunities in their community. • Understands the connection between work and academic skills. • Understands the process to obtain employment.
Age 14	<ul style="list-style-type: none"> • Goals for post-secondary employment supports career pathway of interest. • Understands the basics of financial literacy the benefits of employment. • Identified personal attributes in teamwork, conflict management, problem-solving and learning. • Understands the concept and standards of work performance.
Age 15-16	<ul style="list-style-type: none"> • Ability to navigate benefit information and tools. • Research labor market information and identified careers of interest. • Acquire skills in conflict management, problem solving, and teamwork. • Developed resume (written, visual and/or video), cover letter template, reference, and network. • Participates in school and community workplace opportunities to build skills and experiences.
Age 17-18	<ul style="list-style-type: none"> • Participated in competitive integrated employment experiences. • Understand available benefits and how they support reaching career goals. • Learn about their benefits and then management of benefits. • Discover training options and requirement(s) for occupations of interests. • Apply core work skills including, teamwork, problem solving, conflict management. • Demonstrate skills of finding jobs, completing applications, contacting potential employers, and engaging in mock interviews. • Develop and practice work performance skills through work opportunities and experiences.
Age 19-21	<ul style="list-style-type: none"> • Paid competitive integrated employment. • Understand SSA income reporting options and work incentives. • Behaviors critical to succeed in workplace. • Apply for jobs of interest with targeted resume, cover letter and references. • Demonstrates ability to be reliable, dedicated, productive, cooperative, self-disciplined and quality work performance skills through work-based learning experiences and real work opportunities.
Age 22-24	<ul style="list-style-type: none"> • Achieve post-secondary employment outcome. • Financial Literacy for Benefits Counseling. • Utilize SSA work incentives. • Career Pathways- Set individual career advancement goals in selected career pathway. • Employability Skills- Integrate work skills and apply lifelong learning habits and behaviors in real world situations. • Job Seeking Skills- Demonstrate interview skills and job seeking, including networking with confidence. • Work Opportunities and Performance- Employed in competitive, integrated employment of their choice.

Fill Out Your Local Template: Expectation of Competitive Employment

Interagency Transition Team Partners	Less Than Age 14	Age 14	Age 15-16	Age 17-18	Age 19-21	Age 22-24
Local school district, community resources, MVDS, DVR, Aspen Family Connections	<p>Job and career exploration</p> <p>Social skills</p> <p>Child waiver services</p>	<p>Job and career exploration</p> <p>Social skills</p> <p>Volunteering , clubs, exploration of jobs and careers</p> <p>Meet with counselors</p> <p>Job shadowing</p>	<p>Work based learning</p> <p>Internships</p> <p>Job coaching Career focused leadership activities</p> <p>Workplace readiness skills</p>	<p>Benefits and financial planning</p> <p>Child/ Adult waiver services</p>	<p>Individual planning sessions</p> <p>Job search and placement</p>	<p>Continue individual planning sessions, job searches, and placements</p>

Additional Resources:

Career Pathways	Employability Skills	Job Seeking Skills	Work Opportunities
<ul style="list-style-type: none"> ● <u>Get a Job Toolkit</u> ● <u>Colorado Labor Market Information</u> ● <u>CWDC</u> ● <u>My Next Move</u> ● <u>Explore Work (Modified)</u> ● <u>You Tube Tell me about yourself (Modified)</u> ● <u>Truity – Type finder for career planning</u> ● <u>T-Folio (Modified)</u> 	<ul style="list-style-type: none"> ● <u>NTACT: the Collaborative (Modified)</u> ● <u>YouTube tell me about yourself</u> ● <u>T-Folio (Modified)</u> ● <u>Bridging Apps (Modified)</u> ● <u>Explore VR (Modified)</u> ● <u>Transition Tennessee (Modified)</u> ● <u>Project Access</u> 	<ul style="list-style-type: none"> ● <u>Get a job toolkit</u> ● <u>Career index +</u> ● <u>Colorado Labor Market information</u> ● <u>American Foundation for Blind Career Connect</u> ● <u>Explore Work (Modified)</u> ● <u>YouTube interview questions</u> ● <u>Job Skills to list on your resume</u> ● <u>Policy works</u> 	<ul style="list-style-type: none"> ● <u>Labor and Employment's Apprenticeship website</u> ● <u>Bridging Apps (Modified)</u> ● <u>T-Folio (Modified)</u> ● <u>National Collaborative Workforce and Disability</u> ● <u>One stop shop</u> ● <u>Transition Tennessee (Modified)</u>

<ul style="list-style-type: none">● <u>Pacer's National Parent Center on Transition and Employment</u>● <u>Explore VR (Modified)</u>● <u>One Stop Shop</u>● <u>Maine career exploration workshop materials</u>● <u>MapIt – what comes next (Modified)</u>			
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Understand Disability and Health Management

GOAL: To have each student have the skills to manage their own healthcare and decision making.

Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:

Age	Possible Skill Development Benchmarks to Achieve the Long-term Core Outcome:
Less Than 14	•Understands adolescence and changes to my body through a disability lens. •Develops self-care skills. •Develops skills to maintain mental wellness.
Age 14	•Understands and practices health and disability management skills needed for independence. •Develops social media health and safety skills.
Age 15-16	•Develops positive disability identify and pride. •Understands and identifies healthy relationships.
Age 17-18	•Practices Health and disability management skills needed for independence. •Establishes care with adult health provider.
Age 19-21	•Leads or identifies decision maker for clinical health visits with healthcare providers. •Practices healthy relationships skills. •Demonstrates self-care skills. •Demonstrates skills necessary to maintain mental wellness
Age 22-24	•Leads and manages own mental and behavioral health care. •Communicates needs in a variety of settings effectively. •Understand and manages health benefits.

Fill Out Your Local Template: *Understand Disability and Health Management*

Interagency Transition Team Partners	Less Than Age 14	Age 14	Age 15-16	Age 17-18	Age 19-21	Age 22-24
Local school district, local healthcare providers, community resources, Aspen Family Connections, MVDS	Person centered planning Development of life skills Collaborate with health office Self determination, advocacy, communication, behavior, health training	Continued less than age 14	Continued services Physical and mental restoration services provided as necessary for the attainment of an appropriate employment outcome	Continued services	Continued services	Person centered planning Self determination training Physical and mental restoration services provided as necessary for the attainment of an appropriate employment outcome

Additional Resources for Guardians & Providers:

Expressive and Receptive Communication	Emotional Regulation
<ul style="list-style-type: none"> ● <u>Skills to Pay the Bills (Modified)</u> ● <u>Peers curriculum and videos (Modified)</u> ● <u>Do2learn (Modified)</u> ● <u>Education planner: "Learning style assessment" (Modified)</u> ● <u>Communication styles: A self-assessment exercise based on the work of P case "Teaching for the Cross-cultural mind"</u> ● <u>Explore Work (Modified)</u> ● <u>NTACT: the Collaborative</u> ● <u>Applied Educational Systems</u> ● <u>Positive Psychology</u> ● <u>Essential life skills</u> ● <u>Preparing youth to thrive</u> ● <u>Project Access (Modified)</u> 	<ul style="list-style-type: none"> ● <u>Do2Learn (Modified)</u> ● <u>Peers- Semel Institute for Neuroscience and Human Behavior (Modified)</u> ● <u>Positive Psychology</u> ● <u>Common Sense Education (Apps) – Stop, Breathe, Think (Modified)</u> ● <u>Emotions Bingo – Everyday Speech (Modified)</u> ● <u>The zones of regulation</u> ● <u>Preparing Youth to Thrive</u> ● <u>Turnaround for children (Modified)</u> ● <u>BridgingApps (Modified)</u> ● <u>Anger Management Resources – Love to Know</u>

Continuum of Agency Connections (From CDE)

Less than 14	14	15-17	17-18	18-21	22-24
<ul style="list-style-type: none"> ● Connect to Medicaid waiver programs through a Community Center Board ● Family Support Programming ● Complete application for Behavioral Health Services 	<ul style="list-style-type: none"> ● Connect with Independent Living Center ● Connect to Benefits Planning Counselor ● Submit application for HCBS-DD Waiver services 	<ul style="list-style-type: none"> ● Apply for mental health services (age 15) ● Refer to DVR for Pre-ETS and SWAP Program ● Apply for DVR, as appropriate 	<ul style="list-style-type: none"> ● Submit application for SSI ● Redetermination for SSA Benefits ● Apply for DVR, as appropriate ● Planning/preparing Transition from Children’s to adult HCP (17 years) (PDF) ● Connect to local workforce center for WIOA eligibility ● Connection made to IDEA 18-21 Services (PDF) 	<ul style="list-style-type: none"> ● IDEA 18-21 Services (PDF) ● Apply for DVR, as appropriate ● Choice transitions CCT at 18+ ● Transition to Adult HCPF services 	<ul style="list-style-type: none"> ● Apply for DVR, as appropriate ● Adult HCPF Services