# WISDOM

## 2020-2021 Sunday School Lessons

Click the underlined text to view the video on UPUMC's YouTube account.

## 1. <u>Talmage Boston's comparison of Abraham Lincoln and Winston Churchill-</u> Episode 1 of 2: Abraham Lincoln

- a. Talmage Boston, partner in the Dallas office of the Shackelford law firm, and author of four books of history, presented his insightful comparison of Abraham Lincoln and Winston Churchill.
- b. This video is 32 minutes and 50 seconds long.
- c. It covers Abraham Lincoln's different speeches and ways that he used to do public speaking, along with giving tips on how you can get better at public speaking.

## 2. <u>Talmage Boston's comparison of Abraham Lincoln and Winston Churchhill-</u> Episode 2 of 2: Winston Churchill

- a. Talmage Boston, partner in the Dallas office of the Shackelford law firm, and author of four books of history, presented his insightful comparison of Abraham Lincoln and Winston Churchill.
- b. This video is 26 minutes and 20 seconds long.
- c. It covers Winston Churchill's strategies for public speaking and all of his important speeches, while also showing strategies that can help you get better at public speaking as well.

#### 3. Ethics and Technology- Episode 1 of 4

- a. Charles M. Hosch, JD, co-founder of Hosch & D, co-founder of Hosch & FLLC, a law firm dedicated to privacy, information security, the Internet, and technology.
- b. This video is 52 minutes and 25 seconds long.

c. It covers the hidden information that humans take for granted and what consequences can come from that.

#### 4. Ethics and Technology- Episode 2 of 4

- a. Charles M. Hosch, JD, co-founder of Hosch & D, Korris, PLLC, a law firm dedicated to privacy, information security, the Internet, and technology.
- b. This video is 53 minutes and 15 seconds long.
- c. It covers how certainty can affect spirituality and engagement of difficult questions of life.

#### 5. Ethics and Technology- Episode 3 of 4

- a. Charles M. Hosch, JD, co-founder of Hosch & D, Korris, PLLC, a law firm dedicated to privacy, information security, the Internet, and technology.
- b. This video is 54 minutes and 28 seconds long.
- c. It covers how robots and Artificial Intelligence, is and will be, affecting our daily lives, now and in the future.

#### 6. Ethics and Technology- Episode 4 of 4

- a. Charles M. Hosch, JD, co-founder of Hosch & D, Korris, PLLC, a law firm dedicated to privacy, information security, the Internet, and technology.
- b. This video is 59 minutes and 27 seconds long.
- c. It covers how we should live with social issues, corporate issues, and what we do with all the new technology and experiences.

#### 7. From Political Freedom to Resurrection- Episode 1 of 4: Exodus

- a. Dr Charles L. Aaron, Jr., Director of the Intern Program at Perkins School of Theology.
- b. This video is 35 minutes and 34 seconds long.
- c. It covers Exodus and how the stories in it relate to the experiences we have today.

#### 8. From Political Freedom to Resurrection- Episode 2 of 4: Amos

- a. Dr Charles L. Aaron, Jr., Director of the Intern Program at Perkins School of Theology.
- b. This video is 40 minutes and 15 seconds long.
- c. It covers Amos and how the stories in it relate to everyday experiences and big things that are happening in our lives.

#### 9. From Political Freedom to Resurrection- Episode 3 of 4: Job

- a. Dr Charles L. Aaron, Jr., Director of the Intern Program at Perkins School of Theology.
- b. This video is 41 minutes and 21 seconds long.
- c. It covers Job and how the stories in it relate to the experiences we have today.

#### 10. From Political Freedom to Resurrection- Episode 4 of 4: Daniel

- a. Dr Charles L. Aaron, Jr., Director of the Intern Program at Perkins School of Theology.
- b. This video is 43 minutes long.
- c. It covers Daniel and how the stories in it relate to the experiences we have today.

#### 11. Mental Health and Spirituality- Episode 1 of 4

- a. Dr. Terry Parsons, Psychotherapist, United Methodist Minister, and Perkins Professor.
- b. This video is 45 minutes and 42 seconds long.
- c. It covers how stress and trauma affects your spirituality and everyday life and how to cope with it.

## 12. Mental Health and Spirituality- Episode 2 of 4: A long conversation about Politics and Mental Health

- a. Dr. Terry Parsons, Psychotherapist, United Methodist Minister, and Perkins Professor.
- b. This video is 51 minutes and 57 seconds long.
- c. It covers how politics affects your mental health and how you can cope and figure out different ways to approach it.

# 13. Mental Health and Spirituality- Episode 3 of 4: A conversation about Courage and Spirituality

- a. Dr. Terry Parsons, Psychotherapist, United Methodist Minister, and Perkins Professor.
- b. This video is 55 minutes and 31 seconds long.
- c. It covers how courage can positively and negatively affect your spirituality and how to healthily deal with it.

#### 14. Mental Health and Spirituality- Episode 4 of 4: Getting out of the pit

- a. Dr. Terry Parsons, Psychotherapist, United Methodist Minister, and Perkins Professor.
- b. This video is 55 minutes and 54 seconds long.

c. It covers how to get out of "the pit" and healthy coping strategies to help you get yourself out of the pit.

## 15. The Brave New World of Journalism- Episode 1 of 2: News, Fake News, and Nonsense

- a. Mary Jacobs is a freelance writer who writes regularly for The Dallas Morning News, The Silver Century, and other outlets as well as for clients such as Southern Methodist University, The HomeTeam, and The Arbor Company.
- b. This video is 37 minutes and 18 seconds long.
- c. It covers the different types of news and how to figure out which news is trustworthy and which is not.

#### 16. The Brave New World of Journalism- Episode 2 of 2: One Day J-School

- a. Mary Jacobs is a freelance writer who writes regularly for The Dallas Morning News, The Silver Century, and other outlets as well as for clients such as Southern Methodist University, The HomeTeam, and The Arbor Company.
- b. This video is 43 minutes and 22 seconds long.
- c. It covers what news is considered newsworthy, how to fact check, and how to be a journalist.