



## **Allamakee Prevention Advisory Meeting**

Thursday, June 8, 2023 from 11:30-12:30

Location: Lid's Bar & Grill (1350 9th St., Waukon)

Meeting Link: <https://us02web.zoom.us/j/87493997767>

Meeting ID: 874 9399 7767

*"Allamakee Prevention Advisory is a group of individuals focused on guiding grant funds to advocate, educate, and provide awareness to positively impact the health and wellness of Allamakee County."*

**In Attendance:** Leah Hemesath (ARPA-IPN Prevention); Jenny Rose (IPN Prevention); Jonathan Vagts (SOR3 Prevention); Colinne McCann (Mentoring Coordinator); Ashley Havenstrite (Tobacco Prevention); Alisha Dietzenbach (HAWK CPPC Coordinator); Ted Jacobsen (Allamakee Co. Deputy); Jordyn Roth (Allamakee Co. Jailor/Dispatch); Kelly Wille (Business Owner)

Welcome & Introductions

Updates, upcoming collaboration opportunities, and end of the fiscal year grant reports:

### **Integrated Provider Network Grant:**

- Leah reached out to 10 businesses in Allamakee County offering TIPS Responsible Beverage Server Training. Followed up in the beginning of June with no trainings scheduled at this time. Jenny had a training in January with 11 attendees and another scheduled in March but it was canceled due to lack of attendance.

\*\*\*Age to serve alcohol has changed from 18 to 16 years old. There are some stipulations, but statistics show the younger the server the higher chance to over serve or serve minors. Please reach out to businesses and promote TIPS.\*\*\*

- Colinne did Curriculum-Based Support Group in Waukon during Kid's Club this spring. Attendance was rocky due to kids not showing up since it is after school when kids may forget and go home. We will be looking for a way to potentially get it into the school day, along with introducing CBSG to other schools in Allamakee County like Lansing and Postville.

- The Savor Every Moment media campaign was shared with 62 different churches in the 5-county area with 9 churches agreeing to post the campaign in their bulletins, newsletters, or on their bulletin board.
- Jenny has worked on reaching out to nonprofit businesses and helping them implement the Responsible Gambling Toolkit for the workplace.

#### **Tobacco Prevention:**

- Ashley gave presentations to 24 adults from Allamakee County pertaining to Youth Nicotine Trends
- Presented to 135 youth ranging from middle school to high school about nicotine
- She is working with the Postville Veteran's Memorial Hospital on the Ask, Advice, Refer promotion of cessation.
- Cessation funding received went towards radio ads, billboards, Hulu ads, community events, and social media advertising

#### **Youth Mentoring:**

- Colinne reported that Youth Mentoring has 9 matches (soon to be 10 matches) in Allamakee County.
- There are 5 boys waiting for a mentor and 2 girls in Lansing who are waiting as well.
- There is a mentor wanting a (youth) girl in Waukon.
- Youth Mentoring will be offering a school-based mentoring program this fall in Waukon during the Kids Club after school program.
- They will also be having an upcoming event at Village Creek Bible Camp with 25 people. This event will include a fun afternoon at the

#### **State Opioid Response Grant (SOR3):**

- Jon continues to offer trainings to the community
  - Trainings offered:
   
<https://docs.google.com/document/d/1sWzJ8ps6sY0ZRsfZ4GIB20CVnyMgT3YE6o9f-shACF0/edit>
- Narcan will be available over the counter; more details and information is to come.
- Waukon schools have Narcan available within the schools and have been trained on its use, overdose signs, etc.

### Old Business:

- Veteran's Memorial Hospital 'Family Wellness Fair' Hidden In Plain Sight & Tabling Event
- [Community Survey](#) promotion
  - Leah sent the community survey to Ted via email
  - Ted had the survey posted at Northeast Iowa Wellness and Recreation Center, along with sharing it to their social media sites and the Postville Community Facebook page.
- Email Address: [allamakeepreventionadvisory@gmail.com](mailto:allamakeepreventionadvisory@gmail.com)
  - Leah has access to the Allamakee Prevention Advisory email and checks it when an email comes in.

### New Business:

- [FY23 Marketing Plan](#)
  - Updates for website [www.allamakeeprevention.com](http://www.allamakeeprevention.com) can be sent to Leah or the Allamakee Prevention Advisory email.
  - Hosting a training:
    - List of trainings available:  
<https://docs.google.com/document/d/1sWzJ8ps6sY0ZRsfZ4GIB20CVnyMgT3YE6o9f-shACF0/edit>
    - The advisory decided to do a training on Kratom. Jon will give the Kratom training and it will take place during the August meeting as a Lunch & learn.
    - Promotion:
      - The training will be promoted during the Kids Day HIPS event on July 21st from 1-4pm at the Allamakee County Fair in Waukon.
      - Jon and Jenny will create grocery stuffers to promote the Kratom training as well as the HIPS event
- [SAMHSA Communities Talk Stipend](#)
  - Hidden In Plain Sight
    - Financial Update: The Allamakee Prevention Advisory has received a \$500 Communities Talk Stipend to assist with prevention of alcohol and other drug misuse that negatively affect the community and youth.

- [Items](#) added new BEAST Hard Monster drink to HIPS items
  - The HIPS event will take place at Kids Day event on July 21st from 1-4pm at the Allamakee County Fair in Waukon.
  - Staff will set up a tent inside the Kids Day building for the mock bedroom. Other events will be going on in the building, so kids are able to have fun while their parents are learning more about substances/drug paraphernalia.
  - Jenny and Jon will create grocery stuffers to promote the HIPS event as well as the Kratom training.
- **Capacity Checklist:** <https://forms.gle/mrWiasBdgW2E5wTr6>
  - This is the checklist we do yearly to help the advisory group with capacity and sustainability. The link will be sent out in the meeting minutes. We also had paper copies available at the meeting and will bring more to our July meeting.
- Capacity Workbooks
  - Please look over the capacity workbook and add any information you see fit. If your name is on the table but has blank boxes next to it, please try to fill in the blanks or send the advisory an email stating what you would like added.
  - Link to the capacity workbook: <https://docs.google.com/document/d/1epQfhMRaWe1-SOuxlCdzMQyjB-v2wUx6cwW6-X3Y-ck/edit>

### **Next Steps:**

- Capacity Checklists
- Survey Promotion
- Hosting a community training
- Hidden In Plain Sight for Kid's Day at the fair in July
- Updates from Val with Allamakee County Economic Development & Tourism at July meeting

Next Meeting: **Thursday, July 13th, 2023, 11:30 AM** at Lid's Bar & Grill in Waukon

If you wish to add something to the agenda, please contact:

[allamakeepreventionadvisory@gmail.com](mailto:allamakeepreventionadvisory@gmail.com)