



REFLECTION SHEET

Thin Places

A companion for noticing the holy ground you have been walking past.

The Celts believed the distance between heaven and earth sometimes narrows almost to nothing. They did not mostly mean famous islands — they blessed the kindling of the morning fire and the making of the bed. This sheet is an invitation to look closer to home than you have been looking.

A Practice to Begin

Choose one ordinary place within a mile of your bed — a porch step, a chair, a stretch of trail, a room in your house. Go there for ten minutes with no phone and no agenda. Do not try to make anything happen; you are not producing an experience. You are only practicing turning aside. Return to the same place three times this week and notice what changes — in the place, or in you.

Reflection Questions

- Where have I sensed the world go thin, even briefly? What was I doing at the time?
- What ordinary place near me might be holy ground I keep walking past?
- What in my life makes turning aside hardest — and what would it cost me to be late for something?
- When have I felt genuinely seen, rather than merely observed?
- Who has been a thin place for me? For whom might I be one?
- What would it mean to become thinner myself, rather than to travel somewhere thinner?

An Invitation for the Week

Do what those Hebridean households did: bless the thing in front of you. Washing the dishes, making the bed, starting the car, holding a hand — say something simple and true over it. Not because the blessing makes the ground holy, but because it was holy, and the blessing is how you finally notice.

"Surely the LORD is in this place, and I did not know it." — Genesis 28:16

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