

Crock Pot Apple BBQ Pork Tenderloin

Ingredients:

1-2 lb. pork tenderloin
1 cup chunky applesauce
1 cup barbecue saue
2 Tablespoons minsed dried onions (or fresh)

Instructions:

Place Pork Tenderloin in crock pot.

In mixing bowl mix together, applesauce, barbecue sauce and onions.

Pour sauce over the pork tenderloin.

Cook fo r6-8 hours on low or 3-4 hours on high.

Serve over a bed of rice or pasta

Drizzle a little of the remaining sauce from the crockpot over the rice/noodles.