



## **Summary - Ski/Splitboard Programs**

- Elevation range: 7,500-11,000 ft.
- Elevation gain: 1,500 - 3,000 ft daily
- Travel distances: 3-5 miles daily
- Experience and competency on touring skis or splitboard with ~30lb pack is required

## **Course Location** Mammoth Lakes, CA

We thank our partners at Mammoth Mountain and Sierra Mountain Guides for helping us offer this AIARE program. Lift access at the ski area will be provided to facilitate learning objectives on certain days and is included in the price of the course.

## **Classroom and Field Sessions**

The classroom will be at the base area of Mammoth Mountain. Lift access will be used to gain elevation and visit certain worksites as needed. Field sessions will also take place from nearby trailheads within a 15-minute drive from the classroom.

Participants will receive specific classroom and trailhead location information from their Trainers prior to the first day of class.

## **Environment**

Weather can be highly variable from sunshine to snow and/or rain and temperatures can be sub-zero degrees Fahrenheit. Because of the environmental factors, you must be able to practice self-care that minimizes the possibility of hypothermia, frostbite, and non-freezing cold injury. In addition, note the typical elevation bands on this course, and plan and prepare appropriately, such as arriving early for extra acclimatization, if necessary.

## **Terrain**

Travel requires moving in mountainous terrain and variable snow conditions, both uphill and downhill on skis (AT or telemark) or splitboards efficiently by ascending 900-1200 ft/hour.

## Lodging and Food

Lodging and food are not included in the course cost. There are several lodging and grocery options in the town of Mammoth Lakes. Due to weather and road conditions, it is strongly advised that students stay in town. Bishop is located approximately 50 miles away and can be difficult to access during Sierra snowstorms.

## Equipment

Participating on an AIARE course requires modern, well-maintained backcountry and rescue gear. Bringing old, or marginally functioning gear, is a detriment to the learning environment and could negatively affect the safety of the group. Please review the equipment list below for more details:

- [AIARE Course Equipment List](#)

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## HTML

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<li><a href="https://avtraining.org/equipment-list" target="\_blank">AIARE Course Equipment List</a></li>  
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