



Thu2024 - 2026 Assigned Playing Day Matrix By Conference

SPORT	CITY CONFERENCE		COASTAL CONFERENCE		GROSSMONT CONFERENCE		METRO CONFERENCE		NORTH COUNTY CONFERENCE		SOUTHEASTERN CONFERENCE		SOUTHERN CONFERENCE		FRONTIER CONFERENCE	
	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26
GIRLS' FLAG FOOTBALL	M/TH/F W (8/28) (9/25)	T/TH/F	T/TH/F W(9/11) (10/9)	M/TH/F	M/TH/F W (8/28) (9/25)	T/TH/ F	M/TH/F W(8/28) (9/25)	T/TH/F	T/TH/F W(9/11) (10/9)	M/TH/F	T/TH	T/TH	NA	NA	NA	NA
GIRLS' FIELD HOCKEY	W/F	W/F	NA	NA	T/F	M/TH	T/TH	T/TH	Palomar W/F AVO/ VALLEY M/TH	AVO/ VALLEY W/F Palomar M/TH	NA	NA	NA	NA	NA	NA
BOYS' WATER POLO	W/F	T/TH	NA	NA	Hills W/F Valley T/TH	Hills T/TH Valley W/F	T/TH	W/F	Pal/Val W/F Avo/ Coastal T/TH	Pal/Val T/TH Avo/ Coastal W/F	NA	NA	NA	NA	NA	NA
GIRLS' VOLLEYBALL	East/Cen W/F Western/ City T/TH	East/Cent T/TH Western / City W/F	W/F	T/TH	W/F	T/TH	T/TH	W/F	Pal/ Coastal W/F Avo /Valley T/TH	Pal/ Coastal T/TH Avo/ Valley W/F	T/TH	T/TH	W/F	T/TH	T/TH	W/F
SOCCER	Boys T/TH Girls W/F	Girls T/TH Boys W/F	W/F	T/TH	W/F	T/TH	T/TH	W/F	Pal/Val T/TH Avo/ Coastal W/F	Pal/Val W/F Avo / Coastal T/TH	T/F	T/F	N/A	N/A	Summit T/TH Patriot/ Pioneer M/TH	Summit T/TH Patriot/ Pioneer M/TH
BOYS' BASKETBALL	T/F	T/F	T/F	W/F	T/F	T/F	W/F	W/F	PAL/Val T/F Avo/ Coastal W/F	PAL/Val W/F Avo/ Coastal T/F	T/F	T/F	T/F	T/F	Summit T/TH Patriot/ Pioneer M/TH	Summit T/TH Patriot/ Pioneer M/TH

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	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26	24-25	25-26

GIRLS' BASKETBALL	T/F	T/F	W/F	T/F	T/F	T/F	W/F	W/F	PAL/Val T/F Avo/ Coastal W/F	PAL/Val W/F Avo / Coastal T/F	T/F	T/F	T/F	T/F	Summit T/TH Patriot/ Pioneer M/TH	Summit T/TH Patriot/ Pioneer M/TH
GIRLS' WATER POLO	W/F	T/TH	NA	NA	Hills W/F	Hills T/TH	T/TH	W/F	PAL/Val W/F Avo / Coastal T/TH	PAL/Val T/TH Avo/ Coastal W/F	NA	NA	NA	NA	NA	NA
BASEBALL	M/T/TH	W/F	M/W/F	T/TH	W/F	T/TH	M/SB W/F Pacific T/TH	M/ SB T/TH Pacific W/F	Pal / Val W/F Avo/ Coastal T/TH	PAL/ Val T/TH Avo / Coastal W/F	T/F	T/F	W/F	T/TH	W/F	T/TH
SOFTBALL	Cent/City W/F East/West T/TH	Cent/City T/TH East/West W/F	T/TH	W/F	W/F	T/TH	M/SB W/F Pacific T/TH	M/ SB T/TH Pacific W/F	PAL/ Val W/F Avo/ Coastal T/TH	PAL/ Val T/TH Avo/ Coastal W/F	T/F	T/F	W/F	T/TH	W/F	T/TH
BOYS' LACROSSE	Eastern T/TH Western W/F	City W/F East/West T/TH	W/F	M/TH	M/TH	T/F	T/F	M/W	Valley M/W Avo/ Pal T/TH	Valley T/TH Avo/ Pal W/F	NA	NA	NA	NA	NA	NA
GIRLS' LACROSSE	City/West T/TH Eastern W/F	City W/F East/West T/TH	W/F	M/TH	M/TH	T/F	T/F	M/W	Valley M/W Avo/ Pal T/TH	Valley T/TH Avo/ Pal W/F	NA	NA	NA	NA	NA	NA
SWIM & DIVE	F	TH	W	W	F	TH	TH	W	TH	F	TH	TH	NA	NA	NA	NA
TRACK	TH	TH	TH	TH	TH	TH	TH	TH	TH	TH	TH	TH	TH	W	TH	TH
BOYS' VOLLEYBALL	Eastern/ Central T/TH Western/ City W/F	Eastern/ Central W/F Western/ City T/TH	T/TH	W/F	T/TH	W/F	W/F	T/TH	PAL/Val W/F Avo / Coastal T/TH	PAL/Val T/TH Avo/ Coastal W/F	T/TH	T/TH	NA	NA	T/TH	W/F 