

**Trigger Warning: Eating Disorders**

## Sibling experiences of Eating disorders



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### Who am I?

My name is Lili and I am a sixth former who is creating a guide for siblings of people that have Eating Disorders. This guide is inspired by my own personal experience of having a sibling that has suffered from an Eating Disorder and a recognition that there is not enough support for siblings.

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### What is this survey about?

For my EPQ (an independent research project), I am creating a guide for people whose siblings have an eating disorder.

Aside from my own experiences, I want to learn about the experiences of other siblings to make my guide as useful to as many people as possible.

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### Who should fill out this survey?

Anyone who has a sibling with an eating disorder, or whose sibling has previously had an eating disorder is welcome to fill out this survey.

Whilst my guide will focus on Anorexia, if your sibling has a different eating disorder, your responses are equally important.

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