

Parents Promoting Purity Movement

presents

“The Numbing of Today’s Teenage Brain - Video Games and Popular Media”

with Richard Zapf

Description: So how badly do video games affect children today? Research shows video games have lasting effects long after they have been turned off for the night. That is why Richard Zapf gives some practical advice on how to help today’s teenage brain with media overload. It’s not just another class on the teenage brain, but the start of the Parents Promoting Purity Movement.

Course Objectives:

- Educate parents to the dangers ahead for a electronic teen.
- Encourage positive, lasting change through effective communication and parenting.
- Understand what has changed in the past fifteen years that parents aren’t ready for.
- How to join the Parents Promoting Purity Movement

Course Outline:

- Understand the teenage brain and it’s limitations
- Learn how to respond to the “drama”
- Changing societal expectations
- Learn some practical steps to help your teenager
 - What is “media overload?”
 - How to unplug from a teenager’s virtual reality
 - Using social media positively
 - C
- Parents Promoting Purity Movement

[Register for the class](#)

About Richard “Rick” Zapf - Richard 'Rick' Zapf is an author, national speaker, and family therapist. He works with families across the country to help parents survive the teen & tween years. Now, Rick takes the knowledge from the counseling office and in his books to the classroom to help parents.

www.ParentsPromotingPurity.org