- 2 large cans (12 oz. each) tomato paste
- 1 lb. ground beef
- 1 lb. Italian sausage
- 1 onion, chopped
- 1 tsp. minced garlic (a few cloves)
- 2 tbsp. Italian seasoning
- 3 tbsp. sugar

*Make the day ahead for best flavor

In a large pot (6-8 quart), brown beef, sausage, and onion. Drain grease. Add tomato paste and 9 cups water; stir. Bring to a boil, lower heat, and simmer for about 4 hours. While cooking, add salt, pepper, garlic, and Italian seasoning. Add sugar during the last hour. Taste, and add salt if it still needs something. Cool, then store. May be frozen in dinner-sized portions. Enjoy!