

# White Oak Basketball Program Standards

1. BE ACCOUNTABLE - Players are expected to attend all practices and games unless excused. SAC or school suspension is an unexcused absence. Repeated unexcused absences or tardies are grounds for suspension and possible dismissal from the team. At minimum, all athletes are expected to meet the academic requirements of the UIL. Habitual grade problems are grounds for suspension or dismissal from the team. All players are expected to do their best.

2. BE RESPONSIBLE - In order to be considered excused, the coach must be notified of the absence in advance. Players will be required to make up all practices missed with a maximum of 3 practices for extended illness or injury. Excused absences will require the player to make up the conditioning missed with a minimum of 3 mavericks. Unexcused absences will demand the following: 15 Mavericks under time. Players will not dress for games until unexcused absences are cleared. Unexcused tardies will depend on circumstances and time missed with a minimum of 3 mavericks. After school detention is an unexcused tardy and carries a penalty of 5 mavericks.

3. BE TRUSTWORTHY - Players are responsible for their school issued equipment. Non-school issued equipment should not be worn except for undershirts which may be White Oak basketball shirts or a plain white, grey, or maroon t-shirt. Violations of equipment standards carry a penalty of 3 mavericks. The locker code is as follows: (1) all cloth should be hung up (2) Only shoes in the bottom of locker. Shoes should be flat. (3) Personal items , notebooks, ankle braces, etc. should be kept in the top of lockers. Players should maintain the locker code after each practice or game.

4. BE DISCIPLINED - Discipline problems in the classroom, community, or within the team will not be tolerated. The first offense will carry a penalty of extra conditioning. The second offense will be extra conditioning and a one game suspension. The third offense will be an indefinite suspension or possible dismissal from the team. The student handbook and athletic code of conduct must be adhered to at all times. Any flagrant technical foul carries a penalty of 8 mavericks for the team. The coach is the only person that says anything to the officials.

5. BE RESPECTFUL: Players should not enter the equipment room or coaches' office without permission. All players are required to see their coach after games and workouts before leaving.

STUDENT SIGNATURE \_\_\_\_\_ PARENT SIGNATURE \_\_\_\_\_

All practices are "closed" for the purpose of eliminating distractions and securing a teachable atmosphere. During practice hours, parents should only enter the gym or dressing area in emergency situations.