



2025 FIELD HOCKEY BULLETIN



CHSAANOW



CHSAA Contacts

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'Seeking Excellence in Academics, Activities and Athletics'



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July 2025

Dear Field Hockey Athletics Directors, Coaches, and Officials,

I hope this message finds you well. My name is Arin Dunn, and I'm honored to serve as the new Assistant Commissioner at the Colorado High School Activities Association. It's a privilege to support and advocate for the sport of field hockey, and I'm excited to work alongside each of you, coaches, athletic directors, and officials, as we continue to grow and elevate this game across the state.

As we enter the 2025 season, there's much to look forward to. Last year, CHSAA introduced an innovative postseason format, expanding the championship structure to a 16-team bracket featuring both a Championship and Consolation path. This approach reflects our ongoing commitment to increasing visibility for the sport, encouraging growth within existing programs, and inspiring new schools to invest in field hockey opportunities.

Thanks to the dedication of school leaders and coaches like you, we proudly featured 16 varsity programs during the 2024 season, a milestone that signals continued momentum. We're eager to build on that progress and anticipate another exciting, competitive season ahead.

As a reminder, the CHSAA Field Hockey Bulletin is now available online. This annual resource includes essential information on regular and postseason play, important dates, as well as CHSAA and NFHS rules and procedures. Please take time to review it and ensure you're familiar with all outlined expectations. Should questions arise at any point during the season, I encourage you to reach out to me directly. You can also find ongoing updates and resources at www.CHSAA NOW.com.

Thank you for your continued commitment to Colorado high school athletics, and best wishes to all sixteen of our member field hockey schools this season.

Sincerely,

Arin Dunn
Assistant Commissioner
Colorado High School Activities Association
adunn@chsaa.org



TABLE OF CONTENTS

Season Calendar.....	pg. 4
Important Contacts.....	pg. 4
Field Hockey Advisory Committee.....	pg. 5
Major Field Hockey Committee Changes.....	pg. 5
SMAC Information.....	pg. 5
Major Bylaw Changes.....	pg. 6
NFHS Field Hockey Rules Changes.....	pg. 7
NFHS Field Hockey Rules – Points of Emphasis.....	pg. 7
CO State Rule Adoptions.....	pg. 9
NFHS Field Hockey Uniform Rules.....	pg. 10
Sportsmanship Protocol at CHSAA Events.....	pg. 13
Officials Information.....	pg. 14
Regular Season Game Management.....	pg. 16
Postseason Guidelines.....	pg. 20
Postseason Finances.....	pg. 23
Postseason Bracket.....	pg. 24
Participating Schools.....	pg. 24
Past State Champions.....	pg. 25
Field Diagram.....	pg. 26

2025 Field Hockey Calendar

August 11	First practice
August 16	First scrimmage date
August 21	First contest
August 23	SAT test date
September 6	ACT test date
September 13	SAT test date
September 15	Eligibility regain date Restricted Varsity Eligibility regain date
October 4	SAT test date
October 18	ACT test date
October 23	Regular-season games must be completed
October 24	State Pairings posted on chsaanow.com Roster/gate lists due to CHSAA
October 27-28	First round games (higher seeds host)
October 30-31 or November 1	Quarterfinal games (higher seeds host)
November 3	Consolation/Championships Semifinal/Final planning meeting (via Zoom)
November 3	Semifinals at DPS All-City Stadium
November 4	Consolation Semifinals at DPS All-City Stadium
November 5	Consolation/Championship Finals at DPS All-City Stadium
December 3	Field Hockey Committee Meeting

All playoff competition in each round must be completed on the scheduled date.

SEMIFINALS

Championship- Monday, November 3 at DPS All-City Stadium – 4:00 & 5:45 pm

Consolation- Tuesday, November 4 at DPS All-City Stadium – 4:00 & 5:45 pm

FINALS

Consolation- Wednesday, November 5 at DPS All-City Stadium – 5:00 pm

Championship- Wednesday, November 5 at DPS All-City Stadium – 7:00 pm

IMPORTANT CONTACT INFO

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Richard Judd Field Hockey League President	rjudd@kentdenver.org	303-770-7660
Sarah Jacobs Coaches Association President	sdjacobs14@gmail.com	720-323-0911
Jonathan Moskowitz CFHUA President	moskowitzj3@gmail.com	720-577-9281

2025-2026 CHSAA FIELD HOCKEY ADVISORY COMMITTEE

JON HILL (CHAIR) – COLORADO ACADEMY (27-28 2nd term)
WHITNEY CAVE – DENVER PUBLIC SCHOOLS (26-27)
RYAN BISHOP – BOULDER HIGH SCHOOL (25-26)
MICHELLE BROWN – DENVER EAST HIGH SCHOOL (27-28)
LISA GRIFFITHS – SMOKY HILL HIGH SCHOOL (25-26)
HANNAH JAMESON – PINE CREEK HIGH SCHOOL (27-28)

The 2025-2026 Field Hockey Committee meeting is Wednesday, December 3, 2025

Important Reminders:

1. Each coach must certify that players are properly attired and legally equipped.
2. Each player must have **3 days** of practice before participating in a game.

MAJOR FIELD HOCKEY COMMITTEE REPORT CHANGES

There were no major changes to the 2024-2025 Field Hockey report by the committee. A reminder on changes from previous year's report is below.

I. MAJOR CHANGES FROM 2023-2024 REPORT:

- a. In an effort to grow the game, the Committee is introducing a postseason consolation bracket within the Field Hockey classification.

II. RATIONALE:

- a. Additional postseason opportunities will increase visibility for the sport across the state, increasing participation numbers at already established programs, and potentially encouraging schools to add new programs.



The CHSAA Sports Medicine Advisory Committee's mission is to provide information, vision and guidance to the CHSAA while emphasizing the health, and safety of students participating in interscholastic sports and activities. For more information about the Sports Medicine Advisory Committee and their policies (including Lightning Policy), [click here](#).

CHSAA Emergency Action Plan

Every member school is required to create a Venue-specific Emergency Action Plan (VEAP) for each site that the member school practices and hosts athletic contest. On rSchool, there is an Emergency Action Plan under Forms that you can either upload your VEAP(s) or fill out the form on rSchool. If you would like to fill out one to upload, you may use this [template for each venue](#).

The Americans Disability Act

Please note: All rules and policies contained within this bulletin are subject to the ADA's requirement to provide reasonable modifications for a disabled student(s). A reasonable modification(s) shall provide a disabled student with equally effective access [to the activity] unless the provision of such reasonable modification would constitute a fundamental alteration of the essential elements of the activity involved. Please refer to CHSAA bylaw 500 for more detailed information.

2025-2026 CHSAA MAJOR BYLAW CHANGES

MAJOR CHANGES 2025-2026

1. **CLOC TIMELINES & LOGISTICS**
-- Constitution & Bylaws, Article 15, Rules 1500.2 - 1500.48page 42
2. **CLASSIFICATION & LEAGUE PLACEMENT DETERMINATIONS**
-- Constitution & Bylaws, Article 15, Rule 1510page 46
3. **TRANSFER TYPES (MILITARY, GUARDIANSHIP & ADMINISTRATIVE**
-- Constitution & Bylaws, Article 18, Rules 1800.31 - 1800.33page 68
4. **AMATEUR STATUS (NAME, IMAGE & LIKENESS)**
-- Constitution & Bylaws, Article 20, Rules 2000.1 – 2000.8.....page 83
5. **ADMINISTRATIVE CONTROL**
-- Constitution & Bylaws, Article 2200, Rule 2260.2page 96
6. **SUNDAY PRACTICE – ICE HOCKEY & ALPINE SKIING**
-- Constitution & Bylaws, Article 23, Rule 2310.5page 102

Please note that the CHSAA staff continually updates the CHSAA Constitution and Bylaws as needed. The most updated document can be found at CHSAANOW.com.

2025 NFHS FIELD HOCKEY RULE CHANGES

1-5-1b: Switches the required home and away team uniform colors to allow the home team to wear a dark-colored uniform top that showcases the primary school colors.

Rationale: Allowing the home team to wear dark colors gives them the ability to showcase their primary team colors at their home location. Consistent with other NFHS rule books and national governing bodies.

1-6-5: Allows a wire-caged style penalty corner face mask to be worn when defending a penalty corner.

Rationale: Allows the option of wearing a wire-caged penalty corner face mask during a penalty corner. Failure to remove the wire-caged mask beyond the 25-yard area results in a player misconduct. Rule 1-6 PENALTIES, Rule 8-2-1j PENALTIES.

4-4-3: Adjusts when a substitution is allowed during a penalty corner.

Rationale: Clarifies when a substitution is allowed on a penalty corner, including in a retaken corner situation.

8-2-1 PENALTIES 2 (NEW): Establishes a misconduct penalty for a goalkeeper uniform violation.

Rationale: Aligns with the 2024 rules change to the goalkeeper uniform penalty, clarifying how to assess a misconduct penalty for a goalkeeper uniform violation.

11-2-7: Aligns penalty stroke end of game procedures with penalty corner procedures and clarifies when the stroke should be awarded.

Rationale: Brings language for penalty stroke end of game procedures in line with penalty corner procedures.

2025 NFHS POINTS OF EMPHASIS

Penalty Corners

The penalty corner is a critical set piece in the sport of field hockey. Two points of emphasis were written by the rules committee to focus on this set piece.

Substitution on Corners

Substitutions during a penalty corner are **not permitted** from the time the penalty corner is awarded until after it has been completed. This rule ensures the integrity and flow of the game is maintained during these situations and applies to both field players and goalkeepers. Once the penalty corner is completed,

substitutions can occur within the designated 10-yard substitution area. All players, including goalkeepers, must enter and exit the field through this area.

An exception is granted to ensure player safety if any player is injured during a penalty corner, in which case a substitution is allowed. Adhering to these substitution rules during penalty corners is crucial for maintaining fair play and the structured progression of the game. 10-3 PENALTIES 8a

Completion of Penalty Corner

A penalty corner is considered complete when:

1. A goal is scored
2. A free hit is awarded to the defending team
3. A penalty stroke is awarded. The game shall be prolonged to permit the completion of the penalty
4. The ball travels more than 5 yards from the circle
5. The ball is played over the end line and a penalty corner is not awarded
6. A defender commits a foul which does not result in another penalty corner.

It's important to note that if a penalty corner is awarded at the end of the first three quarters the game shall continue to complete the penalty corner. If a penalty corner is awarded at the end of the game, the game shall continue to complete the penalty corner unless the scoring opportunity of the goal would not influence the outcome of the game. Only after completion of the penalty corner can substitutions occur. No substitutions are allowed when a penalty corner is retaken. 10-3 PENALTIES 8a

Intentionally Delaying the Game on a Corner:

Intentionally delaying the game is considered a foul. This includes teams taking an unreasonable amount of time to take their positions for the set-up of a penalty corner. Umpires are empowered to manage such infractions using various administrative tools. Penalties for intentionally delaying the game can include, cautioning the offending player, issuing a green card, suspending the player for a minimum of five minutes with a yellow card, or permanently suspending the player with a red card. These measures aim to maintain the flow of the game and ensure fair play.

Defining Obstruction:

Obstruction is defined as any action where a player uses their body or stick to prevent an opponent from attempting to play the ball. This includes shielding the ball, backing into an opponent or positioning oneself between the opponent and the ball without actively playing it.

Third party obstruction occurs when a teammate positions themselves between an opponent and the ball, preventing the opponent from making a play.

A stationary player receiving the ball is permitted to face in any direction. However, they must not move their body to shield the ball from an opponent who is within playing distance and attempting to make a legitimate tackle.

Obstruction is considered a foul and results in a free hit awarded to the opposing team.

COLORADO STATE RULE ADOPTIONS

Suspended Games – If play is suspended during the regular season, if one half of play (two quarters) has been completed, the contest will be declared official. If one half of play has not been completed, it will be restarted from the point of interruption or declared a no contest. If play is suspended for any reason in a postseason game, the contest will be restarted at the point of interruption. All postseason contests must be played to completion.

Mercy Rule

- a. Once a 5-goal differential between the teams is reached, the official clock will run for the remainder of the game after goals and referee's disciplinary action. The clock will only stop for a team or injury timeout. The clock will continue to run even if the goal differential goes below 5 goals.
- b. The game WILL NOT end early due to goal differential.

Tiebreaking Procedure in Regular Season (League & Non-League Games) - Ties in the regular season shall be broken by playing one 10-minute sudden victory overtime period with six field players and one goalkeeper (7v7) to determine a winner. If the game is tied at the conclusion of the 10-minute period, the game will end in a tie.

Tiebreaking Procedure in Postseason Games - If a postseason game is tied at the end of regulation play, teams will play up to two 10-minute sudden victory periods consisting of six field players and one goalkeeper (7v7). If the score remains tied at the conclusion of the second overtime, a one-on-one shootout will take place to determine the winner.

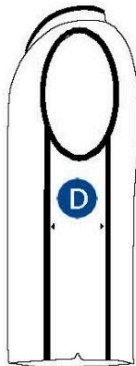
Ejected Player/Coach Penalty – A player or coach ejected will be subjected to the CHSAA player/coach ejection policy, By-law 2200 and 2210.

Lower-level Game Management – All lower-level games shall consist of four quarters of 12 ½ minutes and an interval of two minutes between quarters one and two and between quarters three and four. There shall be a halftime between quarters two and three of 5 minutes after which the teams shall change ends of the field.

Student/Team Practice Requirement - Each student competing in an interscholastic sports program must have had a minimum practice period of three days in his/her/their sport(s) (exclusive of Sundays) before representing his/her/their school in an interscholastic contest or scrimmage. A student must have a minimum of nine days of practice in football. Receiving school must have written verification on file if transfer of schools is involved.

NFHS FIELD HOCKEY UNIFORMS

Back & Side View



PO Box 690 | Indianapolis, IN 46206
Phone: 317-972-6900 | Fax: 317.822.5700
www.nfhs.org

C BACK GAME JERSERY NUMBER

1. Any number from 00 through 99 is legal. A team may not use both numbers 0 and 00. Numbers shall not be duplicated.
2. Numbers shall be 6 to 8 inches in height on the back.
3. The numbers shall be of a solid color contrasting to any surrounding colors.

D TRIM AND INSERTS

1. Trim shall not exceed 1 inch around the neck and arm openings.
2. The style and design of the side insert may be of any color or design.
 - Width of side inserts is a maximum of 4 inches (2 inches on each side of the seam).

E SOCKS

1. Home Team:
 - Solid knee-length white socks/sock guards (not rolled down).
2. Visiting Team:
 - Solid knee-length contrasting dark-colored socks/sock guards (not rolled down).

F BOTTOMS

1. Players may wear full length, solid-colored warm-up pants/tights provided the knee-length socks/sock guards are visible. If worn, all players must wear the same color.
2. Any undergarment that extends below the team uniform shall be the same color.
3. All players on a team shall wear the same color compression shorts.

G UNDERGARMENTS

1. If worn, undershirts shall be white for the visiting team and black or darkcolor for the home team.
2. All players on the same team who choose to wear an undershirt must wear the same color.

NFHS FIELD HOCKEY UNIFORMS

Front View



A GAME JERSEY

- Home Team:
 - Single solid black or dark-colored uniform tops front and back on the torso.
- Visiting Team:
 - Single solid white uniform tops front and back on the torso.
- All jerseys shall be tucked into shorts, unless manufactured to be worn outside.
- Members of each team shall be dressed uniformly, except the goalkeeper.
- GOALKEEPER'S shall wear a uniform top of a color or colors contrasting to the color of the uniform tops of both teams, and with a visible number on the front and back.
- The school's name, nickname, logo, mascot and/or team player's name are permitted on the uniform top and/or bottom.
 - Lettering must be placed horizontally.
 - Letters shall not be closer than 1 inch to any point on any number.
- There are no restrictions in the area of the jersey/top from an imaginary horizontal line at the base of the neckline extending to each armhole/sleeve, up to the shoulder seam.
 - Different colors and/or designs may be used in this area.

B FRONT GAME JERSEY NUMBER

- Any number from 00 through 99 is legal. A team may not use both numbers 0 and 00. Numbers shall not be duplicated.
- Numbers on the front shall be 3 to 6 inches in height
- The numbers shall be of a solid color contrasting to any surrounding colors.



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Page | 1

NFHS FIELD HOCKEY UNIFORMS

H HEAD COVERINGS

1. Knitted hats and soft headgear are permitted.
2. GOALKEEPER'S shall wear a full face/cage mask-helmet which covers the entire head including the back of the head (cage must be rounded at all points).
 - Mask helmets shall not have a hard, visor-type protrusion which extends beyond the cage.
3. Medical required head coverings must be approved by state association.
4. Head coverings worn for religious reasons are not considered hair devices. Must be made of non-abrasive, soft materials and must fit securely.

MISCELLANEOUS

1. Manufacturer's logo may not exceed 2¼ square inches or exceed 2¼ inches in any dimension.
2. American flag may not exceed 2 inches by 3 inches.
3. By state association adoption, commemorative or memorial patches placed on the jersey may not exceed 4 square inches.
4. Any form of decorative accent (i.e. paw, halo, crown, star, etc.) in a name or abbreviation is only permitted above the number.
5. Mittens/gloves are permitted.



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Page | 3

Sportsmanship Protocol at all CHSAA Contests and Activities

1. Cheerleaders/Fans/Spectators

- o It is recommended that there be positive cheers only.
- o Only cheerleaders may use megaphones.
- o All patrons must wear shirts and shoes. Face painting is allowed.
- o Cheer and tumbling routines must be in front of your team's student body. Routines that spill into the area of the opposing team are prohibited.
- o Cheer squads may perform under the basket area outside the free vertical lane lines at all times.

2. Banners

- o One cloth or vinyl banner may be used, but must be sanctioned by the game management, principal, and/or athletic director before the contest. Note: Some facilities, including venues used for CHSAA playoffs, may not allow any banners. Paper banners are not allowed at CHSAA sponsored playoff events.
- o The words and graphics on banners must be positive: i.e. "beat", "outscore", "conquer", etc.; Negative banners: i.e. "kill", "maim", "scalp", etc., will be confiscated and may result in no future use of banners.
- o Banners must not block the view of others.

3. Noisemakers

- o All artificial noisemakers are prohibited. This includes: cowbells, drums, whistles, horns, plastic clackers, thunder sticks, etc. Exception: bleacher kicking is permitted if the facility management allows it.
- o An air horn or cannon may be used on the field and only if supervised by a school designee. It should never be disruptive to the playing of the game and used only during dead ball periods at the end of playing action.
- o No musical instruments and/or amplified music, including drums, shall play while the game clock is running or when a 'live-ball' situation is applicable by rule, whether the game is indoor or outdoor. This includes fanfares, drum rolls, etc. The only time the game, once started, is not "in progress" is during a timeout or intermission. This applies to the use of outdoor, in-gym, or in-arena sound systems and public address announcements. The announcer is an integral member of game administration and is a reporter of information not necessarily obvious to spectators. Great care must be exercised to see that neither team gains an advantage from announcements over the public address system. Announcers are not "play-by-play" announcers.
- o There shall be no amplified instruments at any CHSAA playoff events.

4. A list of acceptable and unacceptable behaviors can be found on CHSAAnow.com under Activities>Sportsmanship in the Game Management and Sportsmanship Expectation Guide.

5. CHSAA Venue Sportsmanship Expectation Poster

All schools are strongly encouraged to post the poster/flyer at all school contest venues, with or without using the card system protocols. The Sportsmanship Expectation Poster provides a consistent message for our schools to fans and spectators in our gyms about how to treat referees, judges, umpires, and other sports officials. Any size of the poster/flyer will do. Download the 8 ½ x 11 version at Chsaanow.com.

CHEER FOR YOUR TEAM AND NOT AGAINST THE OPPONENT!

A MESSAGE FROM CFHUA

Greetings Coaches, Players, Fans,

Field hockey in Colorado has been holding strong for years and is now reaching a rapid growth spurt. Woohoo! Thanks to the many recent avenues of bringing this sport to the younger crowd and all the dedication put forth in the past, this expansion means we need YOU to join our crew.

The Colorado Field Hockey Umpires Association is seeking coaches, players, fans and the like that have an interest in our sport to take that next step of adding a whistle to their repertoire. I began my umpire career unbeknown whilst in University when a former high school coach of mine randomly saw me walking down my local main street. She suggested I attend an upcoming umpire clinic. I said yes! and next thing I knew I was happily immersed in a world I never knew existed prior to that invite.

Training in Colorado begins in August, but beginning your journey can start anytime you are ready. Reach out to us at cfhua.board@gmail.com so you may get on our trainee list. Also, please pass this opportunity along to those you know, it might just positively fill a space in their life they would have unknowingly overlooked.

As always, if you have any questions, comments, ideas, concerns, rule clarifications, funny jokes, or helpful insights, please reach out.

To our future,



President

Co Field Hockey Umpires Association

July 2025

*"Remember, field hockey isn't just a sport,
its family, and we welcome you here."*

OFFICIALS' INFORMATION

OFFICIALS' FEES for the 2025 season:

Game Fees (2 Officials) - \$85 - Varsity Game; **\$60** - Sub-Varsity Game.

Mileage – 50 cents per mile. Exception see note 1 that follows: Note 1: The Confluence (except Campion); The 5280 (except Gilpin County); The Colorado 7(except Fort Lupton, Elizabeth, Fort Morgan, Weld Central); The Jefferson County (except Conifer & Evergreen), Denver, Continental, East Metro, Front Range (except Fort Collins, Loveland, Poudre and Rocky Mountain), Frontier (except Bennett, Clear Creek, Lake County, Middle Park and Platte Canyon), Metropolitan, and Centennial leagues and Broomfield, Denver Academy, Denver Christian, and Valor will not pay mileage between league cities, but will pay a mileage travel stipend of \$10 to each official between league cities per day of assignments. Colorado Springs schools will pay mileage travel stipend of \$10 per day of assignments to officials selected from the Colorado Springs Officials' Association. An official that is assigned to two or more contests at a given site on the same day shall be paid one travel stipend or reimbursement.

Only ONE driver will be paid the mileage reimbursement for each contest. It will be paid to the official on the crew who travels the farthest. Issues with multiple drivers must be solved between the officials and the assignor prior to the game. In lieu of per diem, a rider fee of \$10 is paid to officials, non-drivers only, who are riding on trips of 75 miles or more one-way.

For regular season contests, the most an official should receive for mileage reimbursement is 75 miles. This does not apply to post season contests where officials are assigned by CHSAA. Please refer to the current Officials' Report in the Legislative Council Minutes for more information.

Individual Mileage Buffer - No mileage will be paid to an official whose town of residence is 20 miles or closer to the host school. Full mileage (including the first 20 miles) will be paid to officials who travel over 20 miles. This does not apply to the metro area officials described above that receive the \$10 travel stipend.

EVALUATE YOUR OFFICIALS

The CHSAA and the Colorado Field Hockey Umpires Association value your input on the officiating in our state. The [Rate Your Contest Official](#) form can be found on the CHSAA Now Field Hockey page. It is important that coaches approach this with the mindset that constructive criticism is the best way to improve officiating in Colorado.

State Playoff Voting Information

The Officials' voting for the playoffs will be October 14-20, 2025. This is your opportunity to vote for the official you will see in the playoffs. Please take a moment to vote for the best official.

ALL ATHLETIC DIRECTORS, COACHES (HEAD & ASSISTANT), AND OFFICIALS WILL BE INVITED TO PARTICIPATE.

Selections will then be made by a committee consisting of CHSAA Assistant Commissioner overseeing Field Hockey, one non-top 8 coach, and 1 non-board member official.

BECOMING AN OFFICIAL

If you or someone you know is interested in becoming an official, please contact the CHSAA official's office at mtillman@chsaa.org.

CHSAA FIELD HOCKEY REGULAR SEASON GAME MANAGEMENT

1. All regular season games will be played according to the NFHS and be completed by **Thursday, October 23, for all schools.**
2. **Student/Parent Information** - Completed and signed documentation that parents and participants have been informed, understand and acknowledge basic CHSAA eligibility rules and knowledge of the risk of participation must be on file with the school prior to any student participating in an athletic practice, scrimmage or contest.
3. **Physical Exam/Parent Consent** - No student shall represent their school in interscholastic athletics (practice or contest) until there is on file with the school administration a statement signed by his parent or legal guardian and a practicing physician certifying he/she has passed an adequate physical examination within the past year (12 calendar months) and is physically fit to participate in high school athletics and has the consent of his parents or legal guardian to participate.
4. **Trainer's Kit** - The CHSAA recommends that a trainer's kit, with all the necessary medical supplies needed for your sport, be available at all practices and contests.
5. **Language** - Coaches are reminded that the CHSAA focuses on exemplary behavior. The use of bad language may be penalized by disqualification. Work with your athletes at the beginning of the season to understand that whenever the uniform is worn, they represent their school and the philosophies of the CHSAA.
6. **Taunting** - Taunting is considered any action(s) or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist. Game officials shall, in all sports, follow the rules set forth by the National Federation for each sport. Penalties under these rules may include ejection or other penalties for flagrant unsporting-like behavior-like offenses. Taunting in all sports and/or activities is an unsporting-like behavior-like offense that may result in a game ejection with penalties as outlined in the student ejection policy in the CHSAA Handbook.
7. **Sunday Contact** – In accordance with Bylaw 2310.5, no high school interscholastic contests, practices for interscholastic contests, camps, nor association between participants and coaches/directors of any CHSAA sanctioned sport from the student's school shall take place on Sundays during the competitive high school season (start of official practice through the state tournament). The Commissioner may, when deemed advisable, allow postponed state-level events to be played on Sunday. Teams playing on Monday in district, regional or in a state-culminating event will be exempt from this rule.
8. **MaxPreps** is the official site we use to collect data for regular season scores and statistics. Please report all game information to this site (www.maxpreps.com). More information and a user guide may be found on the CHSAA homepage: www.chsaanow.com. All scores must be posted in MaxPreps by the home team within 24 hours of the end of the game.

NOTE: All schools competing against an out-of-state opponent must submit an [out-of-state opponents form](#) (located on rSchool) which must be submitted before the date of the game.

9. **Team Bench Area** – The team area shall extend from each team's own 25-yard line to the substitution line on its side of the scorer's table. The officials' table and team benches shall be placed on the same side of the field. The officials' table shall be placed slightly in front of the team line. The team line is a broken line parallel to, and 5 yards from, the sideline. This area shall be free of obstructions except for the officials' table.
10. **Field Markings** – The CHSAA asks that you work with your maintenance and field staff to make sure your field of play is marked as per the NFHS rule book guidelines. They can be found in this bulletin (at the end

of the bulletin) as well as the NFHS field hockey rule book on the page following the table of contents. Except as specifically stated within the rules, any dimensions or other information in diagrams of fields is suggestive only; it is not required by NFHS rules. The construction and layout of all facilities used for high school competition are subject to any applicable laws and building codes, and to the sound judgments of the people in charge of the facilities.

11. Both varsity coaches must (junior varsity and freshman may) present to the home team scorekeeper a copy of the up to date and accurate team roster, including names and numbers of all team players, before the game begins. The names shall be recorded in the home team scorebook and checked by the officials prior to the start of the game. When a player not listed correctly in the official scorebook enters or wishes to enter the game, the player is added to the official scorebook and is eligible to participate without a penalty.
12. The host school and tournament host school are responsible for keeping a varsity scorebook, which contains a team roster, including numbers and names of all team players for all varsity matches.
13. Each team shall consist of not more than 11 players on the field, one of whom is the goalkeeper. Each team shall have a captain on the field who wears a distinctive arm/leg band. The captain is the only player permitted to confer with the officials. A team may compete with a minimum of seven players on the field. When a team plays with fewer than 11 players, a goalkeeper shall be one of the players. A team not having a properly equipped goalkeeper shall forfeit the game.
14. Varsity games will consist of four 15-minute quarters. Set stoppage times of two minutes between the first and second quarters – as well as between the third and fourth quarters – will provide student-athletes breaks for rest, hydration and strategizing. The length of halftime is set for 10 minutes, with teams changing goals.

All lower-level games shall consist of four quarters of 12 ½ minutes and an interval of two minutes between quarters one and two and between quarters three and four. There shall be a halftime between quarters two and three of 5 minutes after which the teams shall change ends of the field.

15. Mandatory Mercy Rule:
 - a. Once a 5-goal differential between the teams is reached, the official clock will run for the remainder of the game after goals and referee's disciplinary action. The clock will only stop for a team or injury timeout. The clock will continue to run even if the goal differential goes below 5 goals.
 - b. The game WILL NOT end early due to goal differential.
16. Games interrupted or suspended because of circumstances beyond the control of the responsible administrator (i.e. weather, darkness, natural disaster, etc.) shall be resumed at the point of interruption if play is stopped prior to the completion of the second quarter or declared a no contest. If play is stopped after completion of the second quarter, the game is considered a completed game.
17. Uniform Requirements: Refer to NFHS Field Hockey Uniform rules listed previously in this bulletin.
18. Tiebreaking procedure in Regular Season (League & Non-League Games): Ties in the regular season shall be broken by playing one 10-minute sudden victory overtime period with six field players and one goalkeeper (7v7) to determine a winner. If the game is tied at the conclusion of the 10-minute period, the game will end in a tie.
19. Maximum Student Participation: A student may not participate in more than 72 quarters exclusive of state qualifying games. Example: A player who played 16 JV quarters and 60 Varsity quarters would've violated this rule.
20. Maximum Team Contests: No member school shall permit any of its field hockey teams to participate in more than 15 games exclusive of state playoffs.
21. NO Overtime for JV/Sub-Varsity: If tied at the end of regulation, the game will end in a tie.

22. If any member schools elect to play junior varsity schedules ONLY, they will not be included in the CHSAA state championship postseason tournament.
23. Ejection of a Player: An ejection is when a student-athlete receives a red card. Any player who has been ejected from a match or contest (regular or post-season) shall be disqualified for the remainder of that match or contest. In addition, the player shall be suspended from competition for the next scheduled match or contest played at the same level. They may not take part in any other games or contests at any level during this time. There is no appeal to this rule and coaches are urged to review the rule with team members prior to the start of the season and provide a constant reminder as the season progresses.

If a player is ejected or disqualified for a second time during the season, he/she will be required to miss the next two contests. A third ejection during the same season will result in a consequence determined by the Commissioner. **It is the responsibility of the coach and athletic director to enforce all ejection policies regardless of whether or not they receive notification from the CHSAA.** NOTE: Sitting out scrimmages or foundation games does not satisfy the penalty for player ejections.

If a player ejection occurs in the final match or contest of the season, then the player shall be ineligible for the first match or contest of the next season of sport that player elects to play. In satisfying the penalty, the player must sit out a game in a sport in which he/she completes the season. See the CHSAA Handbook for more information.

24. Ejection of a Coach - CHSAA By-laws require that a credentialed (registered) coach under contract with the school must assume supervisory responsibility for all interscholastic contests. If a coach is ejected and no credentialed (registered) person from that school is available, the contest shall be forfeited.

A coach ejected from a contest for committing an unsportsmanlike act shall be suspended from coaching for 10% (2 games) of the season's regularly scheduled matches or contests of the same level.

He/she/they may not coach in any other contest at any level during this time. A coach ejected from a second contest during the same season shall be suspended from coaching for 20% (3 games) of the season's contests of the same level (CHSAA Bylaw 2210.1 & 2210.2). **If a coach ejection occurs, it is the responsibility of the coach and school to declare the individual ineligible for the next contest of that level regardless of whether you have been notified by the CHSAA.**

CHSAA By-law Article 22, Rule 2210.21 - A coach ejected from a game is required to complete the following courses offered on-line by the National Federation of State High School Associations (NFHS): Sportsmanship; Teaching and Modeling Behavior. These courses shall be completed before he/she will be removed from probation and must be finished in a reasonable amount of time during the season to be determined by the school's athletic director.

- A coach ejected from two contests during a five-year period shall be required to appear at a hearing before the Commissioner or his/her/their designee and shall be subject to a penalty to be determined by the Commissioner (CHSAA Bylaw 2210.4). A coach ejected from three contests in a five-year period shall be placed on restriction (no playoffs) per CHSAA Bylaw 2210.5.

25. Reporting Cards

- Officials bear the responsibility of contacting the CHSAA when a yellow/red card is given. [Field Hockey Reporting Link](#)
- The CHSAA Office will track the cards, **but it is the responsibility of each coach and school to track their own cards and to implement the penalty regardless of whether you have been notified by the CHSAA.**
- Any player who receives a third, fourth, fifth, sixth, etc. yellow card during the regular season will not be eligible to compete in the next regular season contest of the same level following the game in which they received the third, fourth, fifth, sixth, etc. yellow card. Cards will be reset at the end of the regular season and any player accumulating a third, fourth, fifth, sixth, etc. yellow card during the postseason will be subject to the same penalty as during the regular season.

26. Protests - Appeals – NO protests involving the judgement or possible misapplication of a rule by a game official will be considered by the CHSAA. However, coaches may direct questions to the game officials as they pertain to the rules during the break between quarters or halftime, in accordance with the National Federation rules. Once a game has been declared as completed, the outcome is considered to be final and official. Coaches and Administrators are encouraged to use the [official evaluation form](#) available on CHSAANow.com for evaluation of all contests.
27. ALL Registered Coaches - Carefully review CHSAA Bylaw 1620 in the CHSAA Handbook regarding the qualification of coaches. Do not allow your athletes to receive instruction from anyone who does not meet the requirements established in CHSAA Bylaw 1620. Assistant coaches must be registered by the school's AD in accordance with CHSAA policy and must be under contract to the school. To allow a "volunteer" who is not under contract to work with your athletes exposes the "volunteer", the head coach and the school to increased liability and is a **CHSAA violation**.
28. Out of State Travel – A school group, team, or individual representing a school in athletic competition may travel outside of the state to compete upon recommendation of the school district administration and upon written approval of the CHSAA Liaison. Schools may fill out the form for out of state travel on [rSchool](#) (click to go to Forms page).
29. The host school has the responsibility to ensure that an event is governed in a manner that emphasizes the educational values inherent in interscholastic activities. It is the host school's responsibility to remove any individual(s) creating a disturbance, which disrupt(s) the educational goals of the event and does not keep in mind the positive aspect of sporting behavior. Individuals, who by their actions, have become a constant disruption to the orderly governance of a high school activity shall be barred indefinitely by the school's principal, or his/her designee, from attending all high school activities at member school(s) and all sectional, district, region, and state playoff events. The CHSAA, the league, and offender must receive written notification of such action. (CHSAA Bylaw 2240)
30. CHSAA Drone Policy - "The use of drones, also known as unmanned aerial vehicles, is prohibited for any purpose by any persons at all CHSAA-sanctioned events, unless express written permission is obtained: 1) from the host school district during regular season contests, or 2) the CHSAA for any postseason/playoff contest. This policy includes not only the restricted playing area of the venue(s), but also the physical confines of the entire stadium/field/arena structure. For the purposes of this policy, a drone is any aircraft without a human pilot on board."

OFFICIALS

Dressing Room - Where possible the official's dressing room should be in an area with the most direct access to the playing field. The officials' dressing room shall be used as a changing area for game officials only. The room should be stocked with water.

Security - It is the responsibility of game management to provide security escort for game officials to and from the playing field or court. If possible, the officials should be escorted to the parking lot.

Arrival at Site - Game officials are required to arrive at the game site per their officiating association's policy.

Communication with Officials - Except for contact as is necessary by game management all others are prohibited from talking to the officials before, during, at halftime or after games concerning matters related to the game. Officials are asked to report any such violations to the CHSAA office.

Halftime - Game officials will delay leaving the playing field or court until players and coaches have left at halftime. A security escort is to be provided to take officials to their dressing room and prevent contact or conversation between coaches and officials.

CHSAA FIELD HOCKEY POSTSEASON GUIDELINES

The following information is relative to the 2025 Field Hockey Playoff Season. It is expected that coaches and Directors of Athletics will review and become familiar with all information contained within.

Due to the possibility of travel in the playoffs, any cooperation between schools to reduce costs would be appreciated.

The results of regular season play will determine respective seeds in the postseason. Regular season matches must be completed and reported in MaxPreps by Thursday, October 23, 2025. All postseason pairings will be determined on Friday, October 24, 2025. The CHSAA staff can approve alternate dates in extreme situations.

QUALIFYING FORMAT

The seeding committee will be made up of the Field Hockey League President, Field Hockey Committee Chair and the Assistant Commissioner overseeing Field Hockey.

All postseason games are to be played at the site of the higher seed, except for the Championship/Consolation Semifinals and Finals (neutral site). The higher seeded team will wear home uniforms (predominantly light-colored uniform tops) for all postseason rounds.

The CHSAA Selection & Seeding Index (50/50 Split MaxPreps & RPI Rankings) will be utilized to capture the State Tournament bracket. The CHSAA Selection & Seeding Index will seed teams 1-16. There will be no movement on the bracket based on the CHSAA Selection & Seeding Index except in seeds 9-16 based on geography.

If two teams have the same ranking in the final standings, the following tiebreakers shall be used:

1. Head-to-head result between the two teams (if there is a three-way tie or more and all teams have not all played each other, you must move to scenario 2 to break the tie)
2. Highest ranked team in the MaxPreps rankings
3. Highest ranked team in the RPI rankings
4. Coin flip

EQUAL FACILITIES

Although it is necessary that one team be designated as the home team at common sites, it should be kept in mind that the game belongs equally to both competing schools. It is strongly advised that a pre-game planning meeting be held to cover all details connected with the staging of every postseason contest. Game fields must be legal size fields for high school field hockey and be in safe and playable condition. The CHSAA reserves the right to make sure all playoff fields are legal fields, as per NFHS rules and recommendations for high school field size. This will allow both teams a fair opportunity to compete and ensure proper seating for spectators with a restricted area between participants and fans.

HOST SITES/VENUES

The higher seeded team will be the home team throughout the playoff bracket and will host all rounds, except for the Championship/Consolation Semifinals and Finals (neutral site).

It is recommended by the CHSAA that postseason host sites follow all CHSAA playoff requirements included but not limited to admission and all other amenities of a championship game, including bleacher seating, lighted venue and a secure playing field for players, coaches, and officials.

Enclosed fields with suitable seating and where admission can be charged is the preferred venue for postseason games. Field conditions must meet minimum NFHS rules and recommendations regarding the size of the field. Team bench areas located on the same side of the field are expected. The field should be secured in a manner to limit fan access to players, coaches, and officials. Please refer to the NFHS rule book for securing a field from spectators.

POSTSEASON DATES & MATCH TIMES

CHSAA will establish match dates. It is the desire of the CHSAA that schools **mutually establish** match times that best accommodate the interests of each school and community for non-neutral site rounds. Schools must consider the conditions in which the match will be played and make the best decision to accommodate the schools involved. NOTE: All **mutually established** match times are subject to final approval by the CHSAA office as needed. When mutual agreement for the match time cannot be reached, the following statements will apply for non-neutral site rounds:

- a. When postseason matches are to be played on a Saturday, games will be played at 11:00 a.m. when mutual agreement for the match time cannot be reached. In scenarios where the host facility is not available at 11:00 a.m., games will be played at 3:30 p.m. for non-lighted fields and 6:00 p.m. for lighted fields.
- b. When postseason matches are to be played on a weekday, games will be played at 3:30 p.m. when mutual agreement for the match time cannot be reached for non-lighted fields. Games will be played at 6:00 p.m. when mutual agreement for the match time cannot be reached for lighted fields.
- c. The Assistant Commissioner shall have the sole province to designate match times and sites, including when a school district is hosting more than one match. Conflicts, which could have a venue, academic or financial impact on the match, may be considered.
- d. All schools, both home and visitor, will be provided the opportunity to mutually establish the match time during the scheduling process. When mutual agreement cannot be reached, the above scenarios (a-c) will apply.
- e. The CHSAA postseason calendar will be adhered to when match conditions permit.
- f. **Under no circumstances may a school host any type of ceremony during a CHSAA Postseason Field Hockey contest (examples include but are not limited to – Senior Night, Alumni Night, Homecoming Recognition, etc.).**

TEAM ARRIVALS & WARM-UP

For all postseason games, teams should arrive at their designated/agreed upon time. Teams may not begin warm-ups on the field prior to 30 minutes before the game time for the consolation/championship semifinals/finals; for all other rounds, teams should mutually agree upon a warm-up schedule. No running around the track during game play. Warm-up location will be given to teams upon checking in at the stadium. When multiple games are played at a venue, 30 minutes on the field for warm-ups is guaranteed prior to the start of each game.

TEAM BENCH AREAS

Team benches are located on the same side of the field. No parents, spectators or non-school officials may be present on the track, sideline or in the vicinity of the playing field.

FIELD MARKINGS

The CHSAA asks that you work with your maintenance and field staff to make sure your field of play is marked, as per the NFHS rule book guidelines found in the NFHS Field Hockey rule book on the page following the table of contents. Located there is the NFHS diagram. It includes the markings for team benches and officials' areas located on the same side of the field, as per NFHS rules.

PRACTICE

Practice will not be permitted at the site of the State Championship after the end of the regular season unless a participating school's practice facility is also the tournament site.

ANNOUNCER

The announcer should be a school staff member or responsible individual who can set the tone of the game by calling the fans' attention to the following points of reference: (1) CHSAA playoff contests are conducted under the strictest code of good sporting-like behavior; (2) The officials are neutral individuals and have been selected because of demonstrated ability; (3) Fans are to be encouraged by the announcer to support their own team and display proper protocol and sporting-like behavior.

OFFICIALS' ASSIGNMENTS & PAYMENT

For all postseason games, the CHSAA is responsible for the assignment of officials. Payments to officials will be made by the host school during the first and consolation/championship quarterfinal rounds. Payments to officials in the consolation/championship semifinals and finals will be made by the CHSAA. All the assignments will be listed on the Arbiter site.

To view and pay the officials that CHSAA has assigned, Athletic Directors at host schools will need to access the Arbiter Sports website: www.arbitersports.com.

TRAINER

A trainer will be provided at the consolation/championship semifinal and final contests by the CHSAA.

INCLEMENT WEATHER & SUSPENDED PLAY POLICY

In the event inclement weather prevents a postseason game from being held on the regularly scheduled date(s), the CHSAA office will work with the host site to select the next available date for competition. The game(s) will be rescheduled as quickly as possible and will be played close to the originally scheduled date depending on facility constraints. If play is suspended for any reason in a postseason game, the contest will be restarted at the point of interruption. The game(s) will be resumed as quickly as possible and will be played close to the originally scheduled date depending on facility constraints.

ROSTER

The maximum total of game participants/support staff in the team and coaching area is 32; this includes up to 25 players, up to 7 essential personnel (coach, manager, etc.). Only those listed on the Gate List will be admitted without charge for postseason games.

GATE LIST & PROGRAM INFORMATION

It is imperative that each team that qualifies for the CHSAA Field Hockey Tournament completes the field hockey gate list that will be sent to you from CHSAA via a link to an online form submission. All gate lists **MUST** be completed by **October 24**. This information is very important, as it will be used to develop the program as well as any press releases. You will **not be allowed to make any changes or additions to your gate list at the event**. Any changes **MUST** be submitted by emailing CHSAA prior to the start of the event.

DUE DATE FOR GATE LIST: FRIDAY, OCTOBER 24, 2025

OFFICIAL TIME

Official time will be kept on the stadium clock throughout the game; however, the horn will not go off and a certified official will alert the head official that one minute is remaining in the first half, at the end of the game and any subsequent overtimes, and the official will count down beginning at 10 seconds remaining in the contest. Halftime shall be five minutes.

AWARDS

Awards for the CHSAA Field Hockey Tournament will include a trophy for both the championship and runner-up teams and a plaque for the consolation bracket winner.

AWARDS CEREMONY

The CHSAA will have an awards ceremony at the conclusion of the consolation final and championship game. The awards ceremony will be located in the center of the field. *School administrators and coaches are expected to assist in the awards ceremony by **not** allowing students and fans to join their team on the field.*

CHEERLEADERS

Twenty-eight (28) cheerleaders in uniform and two coaches may be admitted at no charge to state consolation/championship semifinal and final games. The coaches and spirit groups must enter the gates together accompanied by their coach.

NOTE: Due to varying sizes of facilities used at state consolation/championship semifinal and final games, certain restrictions or more limited numbers may be imposed.

PEP BAND ADMISSION INFORMATION

Only 35 pep band members, and the director, will be admitted at no charge to the state playoffs, providing each member of said groups complies with the following conditions. Additional members may attend at the student fee at the discretion of host administrator based on facility space consideration.

Marching Bands/Pep Bands are asked to observe the following:

- Play only at pre-game, timeouts, and intermissions during games. At no time can bands, percussion, or any part of an instrument be played while the ball is in play.
- Respect/consider other bands in attendance. Every school should have the opportunity to complete a cheer and to have its band play (a meeting of the band directors prior to the start of the contest always helps to ensure good sportsmanship).
- Do not allow band instruments, drums, etc., to be used as noisemakers. Only a maximum of 2 amplifiers can be used for the purpose of amplifying a piano, guitar, or bass.

MEDIA RULES

- Game and school officials have the final word on photographer placement.
- All photographers must be credentialed by the CHSAA. No school specific passes will be accepted.
- Team photographers not credentialed by the CHSAA will not have access to the field.
- High school student photographers must have the CHSAA issued media pass. No school specific passes will be accepted.

*For more information on obtaining a CHSAA credential, please contact Rob White (Rwhite@chsaa.org)
(Note: no credentials will be issued within 72 hours of an event)

TOURNAMENT/PLAYOFF FINANCES

Playoff financial reporting requirements for the 2025-2026 playoffs.

In a playoff game, if the host makes \$1,000 or more in net income from that game (revenue minus expenses=net income), then 25% of the net income gets paid to the visiting team. A simple T&PF form is required to be sent from the host to the visiting school to report the amount that will be paid to the visiting school. Sarah Vernon-Brunner, Director of Finance for CHSAA, will send the T&PF Form to the host to fill out.

No percentage of gate revenue is owed to CHSAA, and no travel reimbursements will be paid to the visiting team.

If a host distributes free tickets, this needs to be made equitable to the visiting team. For example, if a host school lets students in for free to a game, then the visiting team students should be allowed in free as well, as stated in the T&PF Committee Report.

POSTSEASON GAME TIEBREAKING PROCEDURES

- a. Play a 10-minute golden goal overtime period with teams of **six** field players and one goalkeeper (**7v7**).
- b. If no one has scored at the end of the first overtime period, the teams will change ends and will play a second 10-minute golden goal overtime period with **six** field players and one goalkeeper (**7v7**). If no one scores in either the first or second overtime periods, move to One-on-One's.
- c. One-on-One - A series of five shots on goal shall be taken by individual players in a one-on-one situation (attackers vs. goalkeeper). To begin this procedure, the attacker stands on the 25-yard line and the goalkeeper stands on the goal line. Play continues for 10 seconds with follow-up shots permitted.

*NOTE: A foul or violation by the attacker ends the procedure. For an unintentional foul by the goalkeeper, the One-on-One shall be retaken. For an intentional foul by the goalkeeper, a penalty stroke shall be awarded. The procedure also ends when: 1. The 10 seconds have elapsed; 2. A goal is scored; 3. **The ball goes out of play over the end line or sideline.***

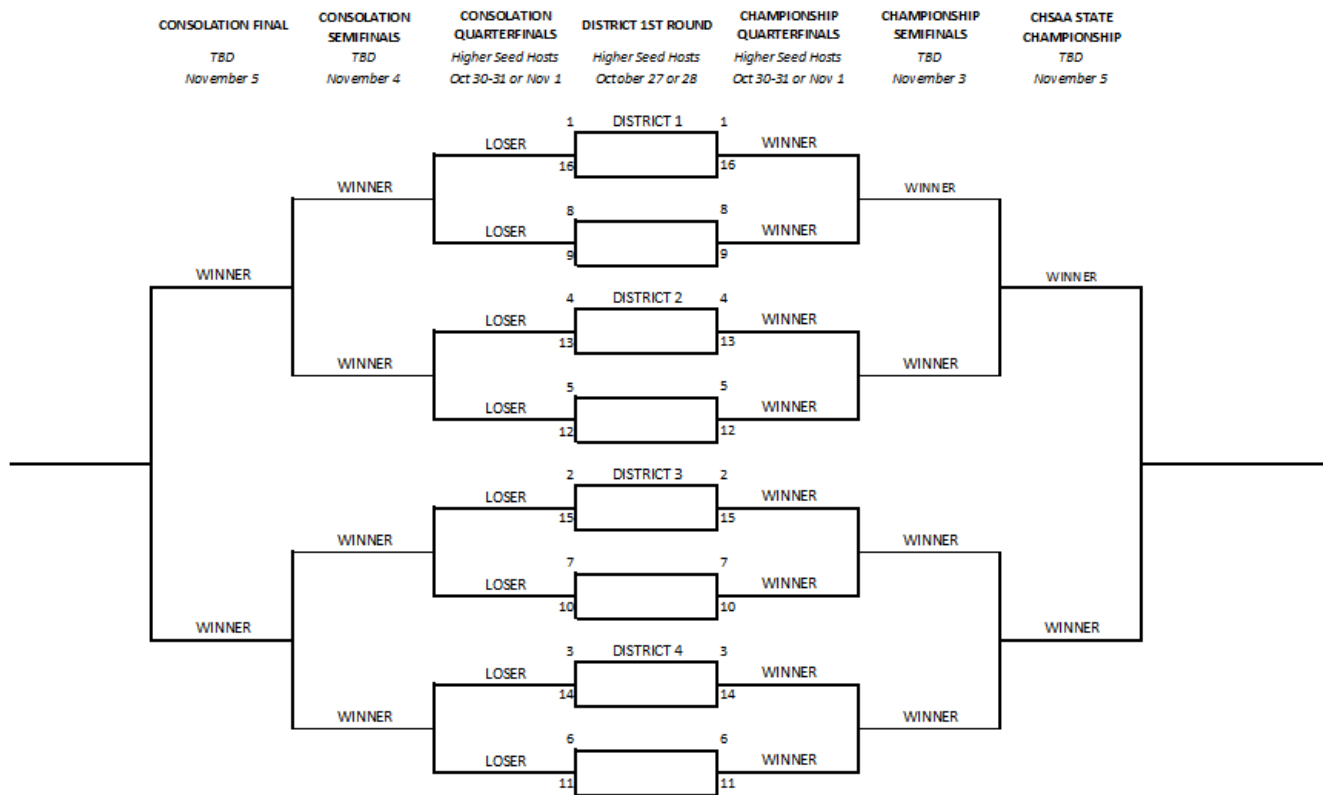
- a. Each coach will present a list of 5 players to the official and the shots will be taken by the players in the order they are listed. The team attempting the first shot will be decided by a coin toss. If a player participates out of order, that one-on-one is over, and no goal is awarded. The next correct player is to play the team's next one-on-one.

- b. The first five players listed for each team will attempt the shots on goal on an alternate basis and the team scoring the most goals is declared the winner.
- c. If the game is tied, a list of any five players from the roster will be submitted to attempt sudden victory shots on an alternating basis. This procedure will continue until the tie is broken.

EXAMPLES: (1) No. 6 of A scores; No. 6 of B fails to score; A declared winner (2) No. 6 of A scores; No. 6 of B scores; (No. 7 player from each team must attempt shot-on-goal.) No. 7 of A scores; No. 7 of B scores; (No. 8 player from each team must attempt shot-on-goal.) No. 8 of A fails to score; No. 8 of B scores; B declared winner.

CHSAA STATE TOURNAMENT BRACKET

In the consolation/championship semifinals and finals, the higher seeded team will wear home uniforms (predominantly light-colored uniform tops). One semifinal will be at 4:00 p.m.; the other will be at 5:45 p.m. The consolation final game will be played at 5:00 p.m. and the championship final will be at 6:45 p.m.



PARTICIPATING SCHOOLS (16)

Arapahoe	Denver East	Palmer Ridge
Cherry Creek	Grandview	Poudre School District
Cheyenne Mountain	Kent Denver	Regis Jesuit
Colorado Academy	Pine Creek	Smoky Hill
Dakota Ridge	Mountain Vista	St. Mary's Academy
	Boulder Valley School District	

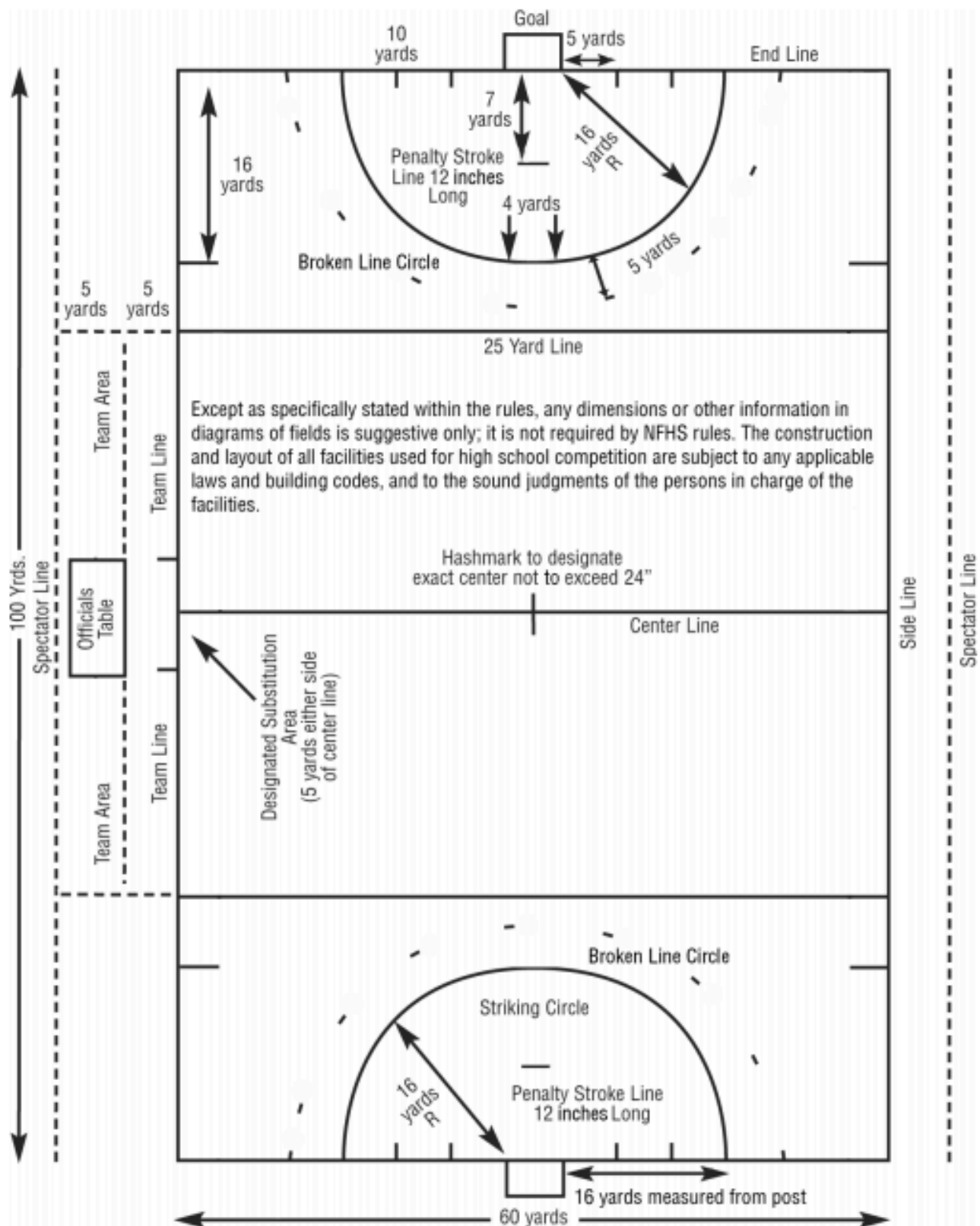
COLORADO FIELD HOCKEY STATE CHAMPIONS

1997	Colorado Academy
1998	Kent Denver
1999	Smoky Hill
2000	Kent Denver
2001	Kent Denver
2002	Cherry Creek
2003	Kent Denver
2004	Kent Denver
2005	Kent Denver
2006	Kent Denver
2007	Cherry Creek
2008	St. Mary's Academy
2009	Kent Denver
2010	Mountain Vista
2011	Kent Denver
2012	Colorado Academy
2013	Colorado Academy
2014	Colorado Academy
2015	Colorado Academy
2016	Kent Denver
2017	Palmer Ridge
2018	Regis Jesuit
2019	Colorado Academy
2020	Regis Jesuit
2021	Regis Jesuit
2022	Colorado Academy
2023	Colorado Academy
2024	Cherry Creek

Mini Championship Trophies

You can find the link for the Personal Trophy PDF [HERE](#)

FIELD HOCKEY FIELD DIAGRAM



NOTE: The grass should be cut to a height not to exceed 1½". The circle and endline hashmarks should all be measured from the goalpost.