



The resources on this directory are for informational purposes only, and this guide is not intended to be complete. All individuals acknowledge that the presentation of this material does not represent advice. It is the sole responsibility of the user to check the accuracy of assumptions or other information contained in this directory.

Mabank ISD DOES NOT endorse any of the resources/facilities listed on this page or provide online school during inpatient or outpatient treatment.”

Dial 2-1-1, Nationwide: The 2-1-1 System connects people with needed human services through an easy to remember three –digit phone number, the web and a variety of community interactions. When someone connects with 2-1-1, specially trained information and referral specialists analyze what services are needed and provide the appropriate resource and related information for the surrounding areas. www.211.org

CRISIS AND INPATIENT:

Andrews Center

Mental health, suicidal threat, addictions, etc.
575 West Highway 243 Canton, TX 75103
903-567-4197 Crisis Line: 877-934-2131
www.andrewscenter.com/

Children’s Medical Center of Dallas

1935 Medical District Dr. 5th Floor Dallas, TX 75235
Intake Coordinator: 214-456-8899 www.childrens.com
Note: Admitted only by Physician referral or through ER.

Dallas Behavioral Health

Suicidal Threat and drug rehab
800 Kirnwood Dr. Desoto, TX 75115
877-510-1909 www.dallasbehavioral.com/

East Texas Medical Center- Behavioral Health

Mental health, suicidal threat, chemical dependency.
4101 University Blvd. Tyler, TX 75701 903-266-2200
<https://www.thero.org/clinics/texas/tyler/hospitals/east-texas-medical-center-etmcbehavioral-health-center/>

Medical City Green Oaks

Suicide, depression, self-harm, mood disorders, etc.
4001 W. 15th St., Ste. 465 Plano, TX 75093
972-985-1599
<https://medicalcityhealthcare.com/locations/medical-city-green-oaks-hospital/>

Terrell State Hospital

State Mental Hospital. Suicide, behavioral, psychiatric
972-563-6452 1200 E Brin St Terrell, TX 75160
<https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals>

Millwood

Suicidal threat, psychiatric services, chemical dependency and intensive outpatient program
1101 N. Cooper St. Arlington, TX 76011
817-476-7975 www.millwood.com

Nexus Recovery Center

Addictions and Recovery
Main Campus: 8733 LaPrada Drive Dallas, TX 75228
214-321-0156 <https://nexusrecovery.org/>

Nexus Outpatient Center

4525 Lemmon Ave., #201 Dallas, TX 75219
Admissions- 214-321-0156 EXT. 3118
help@nexusrecovery.org

Phoenix House, Dallas

Inpatient and outpatient addiction services, ages 12-17.
Hill A. Feinberg Academy and Counseling Center
2345 Reagan Street, Dallas, TX 75219
Phone: 214-999-1044 Northstar 1-844-330-6864
<https://phoenixhousetx.org/>

Perimeter Behavioral Hospital of Dallas

Inpatient psychiatric ages 5-17.
2696 West Walnut Street Garland, TX 75042
972-370-5517 www.perimeterhealthcare.com

Texas Health Seay Behavioral Health Hospital

Mental, psychiatric, and behavioral health services
6110 W. Parker Road Plano, TX 75093 682-236-6023
<https://www.texashealth.org/Locations/texas-health-plano/THB>

GENERAL COUNSELING:

Basepoint Counseling

Provides counseling services for adults, adolescents, & children. Accepts insurance.

11808 Classic Ln. Forney, TX 75043 972-552-5559

www.changepointcounseling.com

Cary Scott Counseling

Grief, Anxiety, Trauma, Parenting. Accepts insurance.

4037 North Goliad Suite 115 Rockwall, TX 75142

972-325-5942 <https://www.caryscottcounseling.com/>

Cedar Creek Wellness Group

Counseling and psyc. med management for ages 10 and up. Addictions, depression, anxiety. Accepts insurance.

1837 W Main St Gun Barrel City, TX 75156

903-910-2294 www.cedarcreekwellnessgroup.com

Child & Family Guidance Centers, Kaufman

Children and adolescents up to 18 years old with emotional or psychiatric problems. (Sliding Scale)

877-932-4157 www.childrenandfamilies.org

106 S. Jefferson Street Kaufman, TX 75142

East Texas Family Guidance Center

Specializes in young children, family, and trauma.

600 South Palestine St Athens, TX 75751

903-880-2334 www.summerallanwilson.com

East Texas Neurobehavioral Health, PLLC

Learning disabilities, pain, depression, emotional disturbances, etc. Accepts most insurances.

122 S Gun Barrel Lane, Ste 6 Gun Barrel City, TX 75156

(903) 767-4190 www.etgetwell.com

Fortitude Counseling-Erica Winn, LPC, LMFT

Family & individual counseling. Accepts Insurance

771 E. US Hwy 80 Suite 105 Forney, TX 75126

<https://www.psychologytoday.com/us/therapists/erica-winn-forney-tx/202080> 888-881-5107

Green Counseling and Play Therapy

Play therapist, autism spectrum, developmental, etc.

children, teens, and adults. Accepts insurance.

20159 TX-274 Kemp, TX 75143

214-564-8449

www.greencounselingandplaytherapy.com

Navigate Counseling Solutions

Addiction, trauma, play therapy, anxiety, depression,

EMDR. Ages 5 & up. Accepts insurance

1023 S. Trade Days Blvd. Canton, TX 75103

903-309-2563 www.navigatecounselingsolutions.com

Kaufman County Children's Advocacy Center

Serves children of all ages that are being investigated as victims of either sexual or physical abuse.

972-932-6252 <https://kaufmanccac.org/>

Mabank Counseling Solutions

Trauma, anxiety, depression, EMDR, digital & chemical addictions, parenting. Ages 5 & up. Accepts insurance.

101 W. Eubank St. Mabank, TX 75147

903-309-2563 www.mabankcounselingsolutions.com

Rockwall Counseling and Wellness

Children and up. Depression, anxiety, relationships, et.

1024 Ridge Rd Rockwall, TX 75087 214-817-3593

<https://www.rockwallcounselingandwellness.com/home>

Joanne Radeke, Ph.D., Kaufman

Psychologist, Ages 5 & up. Accepts insurance.

2801 Millennium Dr Ste D Kaufman, TX 75142

972-932-3941

<https://www.psychologytoday.com/us/therapists/75142/275143?sid=61b9162b701e7&ref=6>

StraightForward Counseling

Provides counseling for children, adolescents and adults. Accepts insurance.

506 S. Washington Street Kaufman, TX 75142

972-932-8898 www.straightforward-counseling.com

East Texas Psychological Services

Counseling services for children & adults.

Insurance/Medicaid. 700 S. Palestine St. Athens, TX

903-675-9570 www.etpsathens.com

Erin Williams Counseling

408 East State Hwy 243 Canton, TX 75103

(430) 224-0127 www.erinwilliamscounseling.com

Kristi Zimmerman, LPC-A, LMFT-A, LCDC, NCC

Children, teens, & adults. Trauma, addictions, play & expressive arts, EMDR 1805 West Main Street # 6

Gun Barrel City, TX 75156 (430) 206-3165

<https://kristi-zimmerman.clientsecure.me/>

PSYCHIATRISTS

Dallas Psychiatric Associates

Provides medication management as well as family and individual counseling services. Accepts insurance.

17736 Preston Road Suite 100 Dallas, TX
972-248-2299 <http://www.dallaspsychiatry.com/>

The Holiner Psychiatric Group

Monday – Thursday 8:00am to 5:00pm
Friday 8:00am to 12:00pm
7777 Forest Lane Building CSte 833
Dallas, Texas 75230-2501 972-566-4591

Lakewood Group, Rockwall

Psychiatrist & Psychologist 972-771-3969

Dr. Andrew Portteus – Child and Adolescent Psychiatrist

4915 W. Lovers Lane, Dallas, TX 75209
Phone: (214) 550-3367
Email: appointments@drportteus.com

Sabri Skeikha, M.D., Ph.D., P.A., Rockwall

Adult & Child Psychiatry 972-772-3630

MHMR

The Andrews Center

Mental health services/counseling for children & adults.
Insurance and Sliding Scale
575 West Highway 243 Canton, TX 75103
903-567-4197 Crisis Line: 877-934-2131
<http://www.andrewscenter.com/>

Lakes Regional MHMR Crisis, Terrell

Mental health services/counseling for children & adults.
Insurance and Sliding Scale
972-524-4159
24 Hour Crisis Hotline 1-866-260-8000

Providence

Mental health services
Greenville: 903-455-9090
Kaufman (Wednesdays Only): 972-932-4637

S.T.A.R. Youth and Family Program

www.helpandhope.org or contact the Texas Youth
Hotline at: www.TexasYouth.org
Call: 1-800-989-6884
Text: 512-872-5777
Provides free services to youth and families.

RECOVERY GROUPS

C|Life Church

Support and Recovery, Griefshare, and Divorce Care.
Days and times vary by location. Kaufman, Forney,
Sunnyvale, and Rockwall
<https://clifec.com/ministries/support-recovery/>
Email: slabarbera@clifec.com

Lighthouse for New Hope, Mesquite

Adult and Children Grief Support Groups
972-226-3110
www.lighthousefornewhope.org

Lake Point Church, Rockwall

Support groups for adults and children, al-anon,
celebrate recovery.
972-771-2322 Ext. 250

Alcoholics Anonymous, Dallas

Information on Alcoholics Anonymous program of
recovery and AA group locations in the Dallas and
surrounding areas. (Free)
214-887-6699 (24 hours)

FAMILY SERVICES

North Texas Behavioral Health Authority

Kaufman County Bridge Program: Crisis Intervention,
Linkage to treatment, urgent psychiatric med refills,
referrals to community resources, etc. 469-780-9159
108 W. Grove St. Kaufman, TX 75142
Mobile Crisis Outreach Team: 866-260-8000

Texas State Runaway Hotline

Assistance for runaways/troubled youth; confidential
message relay service between runaways & families.
Call : 1-800-989-6884 Text: 512-872-5777
Chat online at: www.texasyouth.org

American Red Cross, Terrell

Assist victims of a house fire, flood, or a tornado. Offer
CPR/First Aid classes. 972-563-1030

Child Find

Assures all children in need of early intervention or
special education services are located, identified and
referred. Mabank ISD 903-880-1300 ext. 9030

Child Protective Services

Provides 24 hour immediate, confidential, one on one telephone counseling, crisis prevention, and intervention, information, referral and emergency aid. Kaufman: 972-932-9100
To Report online: <http://www.tdprs.state.tx.us>
Statewide Hotline 1-800-252-5400

Community Services Inc

Support services, housing & immediate life necessities assistance. 302 Hospital Dr. Corsicana, TX 75110
1-800-831-9929 www.csiorsicana.org

Abundant Life Pregnancy Resource Center

610 Maryland Drive, Suite A Athens, Texas 75751
903-904-4387 www.abundantlifeprc.com

Stillwaters Pregnancy Resource Center

2311 S. Washington, Suite A Kaufman, TX 75142
972-932-HELP www.stillwatersps23.com

Kaufman County Juvenile Probation

Provides services to juveniles ages 10 to 17 who are alleged to have engaged in conduct indicating a need for supervision or delinquent conduct.
www.kaufmancounty.net/county-offices/juvenile-probat
[ion](http://www.kaufmancounty.net/county-offices/juvenile-probat) 972-932-0320

Department of Human Services, Kaufman

Financial services to families w/ dependent children; food stamps & employment services to those meeting AFDC requirements. 972-932-9160

Kaufman Christian Help Center, Kaufman

Angel Food Ministries & Food Pantry
Open Tuesday-Thursday 9 A.M.- 1 P.M.
Call for needed paperwork 972-932-8866

Kaufman Community Health Center, Kaufman

Income-based charge for medical services and assistance with RX cost. 972-932-7001

Salvation Army, Kaufman

Clothes closet, food closet, helps with utilities when funds are available (lights, water and gas). Open M-F 9 A.M.- 1 P.M. 972-962-1345

Baylor Dental School, Dallas

Discounted dental care for family. 214-828-8981
<https://dentistry.tamu.edu/patient-care/index.html>

Kaufman County Resources:

<http://thecenterkaufman.org/resourceapp/>

Henderson County Resources:

<http://www.andrewscenter.com/henderson-county-resources/>

Van Zandt County Resources

<http://www.andrewscenter.com/van-zandt-county-resources/>

Additional Community Resources: www.findhelp.org

Family Violence/Dating Violence

Brighter Tomorrows

Serves survivors of domestic & sexual violence. Shelter. Limited transitional housing is available. Crisis intervention & referral to agencies for help with housing, employment, legal, childcare & personal. Crisis Line : 972-262-8383 Office: 972-263-0506

Genesis Women's Shelter, Dallas

Provides emergency shelter, in-house food & clothing for battered women & their children. Counseling, aftercare & ex-residents program.
214-389-7700 www.genesisshelter.org
24 Hour Hotline 214-946-4357

New Beginnings, Garland

Domestic violence counseling: women, men and children & family members. Referral, advocacy, casework services, & limited emergency shelter. Financial assistance for women who meet eligibility.
972-276-0057 (Garland)
972-276-0423 (Outreach Center)

The Family Place, Dallas

For violent families and victims of incest and child abuse. Shelter, counseling and transitional housing.
24 Hour Hotline 214-941-1991 www.familyplace.org

STATE/NATIONAL CRISIS HOTLINES

Alcohol & Drug Abuse Help Line	1-800-821-4357
Mobile Crisis Team	1-866-260-8000
Texas Child Abuse Hotline	1-800-252-5400
National Suicide Prevention Lifeline	988
Poison Control	1-800-222-1222
Teen Runaway Hotline	1-800-786-2929
Suicide Crisis Center	1-214-828-1000
National Domestic Violence	1-800-799-7233
Texas Youth Hotline	1-800-989-6884