How can I help India?

What is going on in India and why does it matter?

India is currently suffering greatly from the pandemic with record death tolls for the country being newly set every day. India's hospitals are being overrun with patients and those that are able to secure a spot are forced to share ventilators. Beyond this being an issue of access to life and good health for India, India's wellbeing is crucial to 90+ countries (click the link to see what countries and the quantity) relying on it for resources and vaccines during this time. The numbers are increasing for India and the countries around it and the ones relying on India for access to vaccines.

Another crucial component to this is that those hardest hit are people in vulnerable communities with little access to healthcare and steady jobs during this pandemic. By supporting these organizations you would be supporting communities that would otherwise either not be able to afford hospitalization or have access to medical equipment in their areas.

Please feel free to comment here with concerns about organizations or with other projects/organizations you think are important to this list.

Below are links/access to organizations supporting India through access to ventilators, medical deliveries, oxygen concentrators, general medical equipment for COVID relief. Some of these organizations also provide food and other immediate necessities to vulnerable groups impacts by the lockdown and economic impact of COVID-19, these organizations are marked with "(PROVIDES FOOD/GROCERY KITS)".

Local Organization/Project:

American Organization/Project:

International Organization/Project:

1. Help India Breathe

- a. Link: https://www.justgiving.com/campaign/HelpIndiaBreathe
 - i. A campaign created by the Islamic Medical Association of North America Inc
 - ii. Allows for airlifting medical equipment and oxygen delivery systems to help COVID-10 hospitals in major Indian cities
- 2. Urgent Appeal COVID Relief linked by Indian Muslim Relief and Charities (IMRC) (PROVIDES FOOD/GROCERY KITS)
 - a. Link: https://imrc.kindful.com/?campaign=1077860
 - i. Donations help give food and medical kits. Different donations provide different kits to people.
 - 1. \$25 Impoverished family gets a food package
 - 2. \$30 A medical kit (oximeter, thermometer, gloves, medicine, masks, e.t.c) is provided
 - 3. \$100 Supports school teachers/families for one month with emergency needs while schools are closed

- 4. \$250 Provides food for 6 families for a one month
- 5. \$1,000 Provides an oxygen concentrator to help someone breathe
- 6. \$12,000 Covers the cost of 1 emergency ICU hospital bed
- 7. \$14,000 Covers the cost of 1 ventilator

3. Khanna Chahiye (PROVIDES FOOD/GROCERY KITS)

- a. Link: https://fundraisers.giveindia.org/fundraisers/khaanachahiye-mumbai-is-battling-humger-along-with-covid-19-again
 - i. A citizen-led campaign that started at the start of the lockdown to provide food and other grocery kits to vulnerable populations in India (daily wage laborers, homeless, migrant works, e.t.c.)
 - ii. To learn more about their long-term goals and hunger map: https://www.khaanachahiye.com/hunger-map

4. International Medical Corps' Donation

- a. Link: https://internationalmedicalcorps.org/updates/we-are-responding-to-the-surge-of-covid-19-in-india/
- b. This organization is providing medical supplies, personal protective equipment (PPE), sanitation and hygiene supplies, and isolation facilities. They also help to fight against vaccine hesitancy and vaccine misinformation.

5. Give India: Mumbai Needs You (PROVIDES FOOD/GROCERY KITS)

- a. Link: https://fundraisers.giveindia.org/fundraisers/lockdown-20-mumbai-needs-you
- b. This is led by organizations Youth Feed India and Helping Hands Charitable Trust but with the support of numerous grassroots organizations in India. It provides emergency food supplies for immunocompromised patients, elderly and disadvantaged women, HIV-positive patients, groups that lack government support, sex workers, and members of the transgender community.

6. Mission Oxygen

- a. Link: https://www.ketto.org/fundraiser/mission-oxygen-helping-hospitals-to-save-lives
- b. A Democracy People Foundation Project that allows and gives access to people to buy certified oxygen ventilators from abroad and have them shipped to India. These donations can help to get at least 3,000-6,000 ventilators by mid-may delivered to hospitals in India.

7. Path's Donation for Medical Supplies

- a. Link: https://www.path.org/p/india-medical-oxygen/
- b. From the organization Path, these donations will help to provide medical oxygen for facilities that require and need it right now. The organization is also getting more COVID testing kits and helping to keep COVID surveillance going and accelerating COVID testing

8. OxFam: Emergency Donations (PROVIDES FOOD/GROCERY KITS)

- a. Link: https://bit.ly/3aYtXMh
- b. OxFam is helping to distribute and install medical equipment at help centers, distribute personal protective equipment (PPE) to frontline health workers, providing food and money to meet people's immediate needs (things like food, water, housing, clothing, e.t.c.).

9. American Association of Physicians of Indian Origin (AAPI) Oxygen Concentrators Donations

a. Link: https://www.aapiusa.org/

b. AAPI is hosting a place to donate to getting oxygen concentrators shipped and delivered to India. You can directly buy multiple oxygen concentrators here and will be featured in their donor list which is visible publicly.

10. Hope Foundation

- a. Link: https://hopefoundationusa.com/covid-19-emergency-response/
- b. This helps specifically issues in Kolkata with COVID-19. There is a focus on helping street and slum children along with the most underprivileged in general India.
- c. You can donate to different individual supplies individually:
 - i. paying to support COVID wards continue running
 - ii. providing personal protective equipment (PPE) for hospital staff
 - iii. buying surgical masks and gloves (30 pack)
 - iv. buying 5-liter hand sanitizer
 - v. providing food and nutrition for 1 patient
 - vi. buying individual oxygen cylinders
 - vii. donating food costs of ventilators
 - viii. providing air conditioning units for new wards
 - ix. providing cardiac monitors for new wards

11. UNICEF (USA) COVID-19 Relief

- a. Link:
 - https://www.unicefusa.org/stories/india-faces-brutal-covid-19-crisis-unicef-there-help/38 520?ms=cpc_dig_2021_indiacovid3_20210428_google_indiacovid3_delve_None&initial ms=cpc_dig_2020_indiacovid3_20210428_google_indiacovid3_delve_None&gclid=Cjw KCAjwm7mEBhBsEiwA_of-TA9dqEI4di0De8ZNb_6UZOBWLpYxsyWmlr3zz7IeIAK Vo0lGhJMuMhoCDiAQAvD_BwE&utm_content=indiacovid3
- b. UNICEF is supporting India by providing many materials and supplies lacking in hospitals during this time. They are delivering oxygen concentrators, diagnostic testing systems, hygiene supplies, and PPE kits to protect health care workers.
- c. They also provide information to communities on how to stay safe and well protected from the virus while also placing in things like elbow-operated taps in schools to lower the spread.

How can I help Nepal?

What is going on in Nepal?

Nepal is currently experiencing one of the worst outbreaks in the world. With an infection rate spiking daily and minimal ICU beds, Nepal is facing a direct crisis. Nepal is one of the countries that depended on India for vaccine materials and vaccine and now that India is suffering so is Nepal. With India's borders having closed later after their spike, Nepal experienced maximum exposure with many strains coming into the country. With such a large population stuck in a small perimeter, it complicates Nepal's ability to successfully manage the crisis without external support.

- 1. Small World's Nepal Emergency COVID-19 fund
 - a. Link: https://www.globalgiving.org/projects/nepal-pledge-emergency-covid-19-fund/
 - b. This project helps to get supplies and resources out to people in remote villages to help them navigate the pandemic outside city areas. It allows for the projection of awareness through radio stations and distribution of PPE ann meals to families.
 - c. You can donate for things individually:
 - i. Pay to feed children for a day
 - ii. Pay to buy soap for 50 vulnerable children
 - iii. Pay to support and provide food for a family for a month
 - iv. Pay to support transportation cost delivery for relief supports
 - v. Pay to help feed 50 children for a week
 - vi. Pay to provide food and essentials for 50 families hard hit by the pandemic

2. Action Aid Relief Fund

- a. Link: https://www.actionaid.org.uk/about-us/where-we-work/nepal
- b. Donations help to:
 - i. Support the management of 10 isolation centers f patients and their carers by providing more access to food, PPE, oxygen cylinders, and concentrators and through supporting the needs of women and children in lockdown
 - ii. Provides psychosocial counseling support to those impacted by COVID-19 in any manner.
 - iii. Provides COVID-19 preventions kits to those in isolation filled with PPE, pulse oximeters, and sanitizers
 - iv. Distribute medical equipment to support health institutions (equipment like oxygen cylinders and concentrators, PPE, sanitizers, PCR, and antigen tests for COVID-19.

3. Local fundraiser by Rijesh Rajkarnikar

- a. Link:
 - https://www.gofundme.com/f/help-nepal-during-covid19-surge?utm_campaign=p_cp+sh_are-sheet&utm_medium=copy_link_all&utm_source=customer
- b. This is a local small-scale fundraiser that helps to get oxygen cylinders then manually move them to different hospitals on the ground. One of the hospitals the fundraiser has helped provide more resources to is Star Hospital with the help of APF, Trauma Center,

Jyapu Samaj, Sita Oxygen Plant, Sagarmatha Oxygen Plant, Sankar Oxygen Plant, Manab Kalyan, and other individuals.

- 4. Led by "Stories of Nepal", a project for Community COVID Relief Funds
 - a. Link: https://www.chuffed.org/project/stories-of-nepal
 - b. Funds will go towards providing
 - i. Food parcels
 - ii. Oxygen cylinders: refilling, distributing, and transporting
 - iii. PCR testing kits, antigen testing kits PPE
 - iv. Hygiene kits (bathing soap, laundry soap, sanitary pads, rehydration packets, masks, e.t.c.)
 - v. Financial Aid Package (tailored to the recipients, food store credit, salary equivalent, hospital bills, rent, schooling fees, e.t.c.)
 - vi. Radioing information to get more outreach on safety updates and info on where to get support

How can I help Bangladesh?

What is going on in Bangladesh?

Bangladesh has been heavily impacted as it is close to India. With the lack of resources available to all, its people and the lockdown ending the labor jobs available to a large portion of the public, both health and general security are a problem. With the most vulnerable communities suffering and being hit the hardest, any funds or donations will go a long way in navigating this pandemic.

1. Direct Relief Donation to Bangladesh

- a. Link: https://www.directrelief.org/place/bangladesh/
- b. Provides medical aid, doses of medicine, pounds of medicine and supplies, helps with deliveries, and supports healthcare providers on the ground.

2. Coronavirus Relief Support for Bangladesh hosted by JAAGO Foundation

a. Link:

https://www.globalgiving.org/projects/coronavirus-relief-fund-for-bangladesh/share/?gclid=Cj0KCQjwhr2FBhDbARIsACjwLo2qRIOZjccRm8wuHJPoapuNpt5xnPhDZ6zIhpD_Fod6YtW6CfKrewgaAnP1EALwwcB

- b. Donations will provide:
 - i. 1-week food package for a 4 person family
 - ii. 2-week food package for a 4 person family
 - iii. 1-month food package for a 4 person family
 - iv. Support digital education initiative
 - v. Train volunteers on emergency response with PPE
 - vi. Provide relief kits for vulnerable communities

3. COVID-19 Relief Support For Bangladesh

a. Link:

https://www.globalgiving.org/projects/food-for-covid19-lockdown-1000-poor-in-bangladesh/

- b. This relief fund allows for donations to go towards and provide:
 - i. Mask and sanitizers
 - ii. Families food (1-4 different)
 - iii. Support in starting a small business for women
 - iv. Support in starting 2-3 small business with start-up funds