

ACERS Submission 2026 – Podcast

Applicant

Megan Pamplin-Gillingwater



Summary

The Blossoming Minds podcast explores the benefits of outdoor education through research and child perspectives. It highlights how learning in nature improves academic success, mental health, and engagement, while addressing challenges like equity, resources, and teacher preparation through policy-based solutions and creative classroom ideas.



Cited Works

Podcast Content

- Ayotte-Beaudet, J.-P., Berrigan, F., Deschamps, A., L'Heureux, K., Beaudry, M.-C., & Turcotte, S. (2024). K-11 teachers' school-based outdoor education practices in the province of Québec, Canada: From local initiatives to a grassroots movement. *Journal of Adventure Education and Outdoor Learning*, 24(2), 334-347. <https://doi.org/10.1080/14729679.2022.2164787>
- Falzon, D., & Conrad, E. (2024). Designing primary school grounds for nature-based learning: A review of the evidence. *Journal of Outdoor and Environmental Education*, 27(3), 437-468. <https://doi.org/10.1007/s42322-023-00142-4>
- Harris, M. A. (2023). Growing among trees: A 12-month process evaluation of school-based outdoor learning interventions. *Journal of Adventure Education and Outdoor Learning*, 23(3), 232-243. <https://doi.org/10.1080/14729679.2021.2001758>
- Humberstone, B., & Stan, I. (2011). Outdoor learning: Primary pupils' experiences and teachers' interaction in outdoor learning. *Education 3-13*, 39(5), 529-540. <https://doi.org/10.1080/03004279.2010.487837>

Temiz, Z. (2024). Nature is my best teacher: One-week nature-based education program for preschool teachers. *Applied Environmental Education & Communication*.

<https://doi.org/10.1080/1533015X.2024.2436199>

Music (Intro & Outro)

Espin, C. (n.d.). *Intro Music 5 Seconds - Original Rock Instrumental* . YouTube.

<https://www.youtube.com/watch?v=Hjh5CStfDvs>