

The Resilient Collective

Where movements Rest, Root and Rise

May 2026 Workshop

The Pause: Building a Mindfulness Practice to Lead with Self-Efficacy

with **NOOR MASOOD**



Noor Masood is the founder of the Center for Social Innovation in Developing Countries (CSIDC), a justice-oriented leadership and strategy institute based in Pakistan, working with civil society organizations, campaigns, and coalitions across South and Southeast Asia, Australia, the United Kingdom, and the United States. CSIDC's work spans climate, energy, gender, and workers' rights, operating at three levels: building leadership capability in people and teams, supporting organizations to develop and execute strategy, and facilitating coordination across actors working toward collective change. Before CSIDC, Noor worked at the World Bank and the United Nations, and served as CEO of Teach For Pakistan. She holds an MPA in International Development from Harvard Kennedy School, where she studied as a Fulbright Scholar, and a BSc in Computer Science from LUMS, Pakistan.

Her methodology draws on Marshall Ganz's organizing frameworks and Ron Heifetz's Adaptive Leadership, both of which she began teaching at Harvard in 2012. Over the past decade, she has translated and adapted these frameworks for the organizational and political realities of movements and institutions in the Global South, training approximately 2,000 leaders and campaigners across Asia, Australia, Africa, and the United States. The measure, as she puts it, is not methodological rigor alone -- it is whether leaders can use what they learn to move real work forward. She is also a trained mindfulness meditation teacher, and it is from that practice, alongside years of leading under pressure, that she brings this session.