AVIEMORE FINAL DETAILS LETTER

DATES: Thursday 21st. August (10pm) to Tuesday 26th August 2025

These are the details for the 6th form leadership weekend at Aviemore.

Travel

Out:

Meet at Sutton Grammar School (Greyhound Road entrance) at 8pm for a 10pm departure by coach on Thursday 21st. August

Return:

Tuesday 26th. August

The coach bringing us back from Aviemore should arrive at school around 9pm., but cadets will be asked to text ETAs during the journey.

Activities

1. Adventurous Activity

   We will be doing a water-based activity (Canyoning or Gorge Walking) with an outdoor provider we have used before. More information about this, including any needs for waivers, will be published on the blog when it becomes available. For now, please remember to bring spare trainers or wet boots (to wear during the activity) and a non-cotton top to wear under the wetsuit.

   We will also be doing a zip-wire activity. You will be divided into two groups for both of these activities, undertaking one in the morning and one in the afternoon.

2. Mountain Walking - You will be spending two Quality Mountain Days in the Cairngorms, one high level one low. The weather can be highly unpredictable, so please bring waterproofs and small rucksacks. Other walking gear includes strong footwear – those who have been on Pennines or D of E should use that experience as a guide. Walking boots are ideal, although army boots will also suffice. Walking socks are a good investment, and we also recommend midge nets. **Please note that you must bring long trousers, a warm top, waterproof and appropriate footwear. You will be expected to wear or**

at least carry these on the walking days. [Please reference the briefing given by Mr. Hobbs from which you hopefully took notes]

3. Please bring a small item or 'prop' with you, that best reflects you and your aspirations for the last year of your CCF career. Don't over-think this one, but similarly please do not come without it. You will be asked to produce it and explain its significance at some point during the weekend.

Accommodation and Catering

We will be staying at Forces Manor, a fantastic hotel in the Cairngorms – forcesmanor.com. **Please note that bedding is provided**.

G2 Waiver for Adventurous Activity

Please complete the Google form for G2 here prior to the trip:
https://docs.google.com/forms/d/e/1FAIpQLSd-rWNlnIxKYqEc-whgF5KghvCEMtRWC2LfCjMnkStSaKhpUw/viewform

Kit List

This is not exhaustive, and you should consider what you need for two days in the mountains, a day of canyoning/zip-wiring and 4 evenings at the hotel. Each of the mountain walking days is long, but they are not camping expeditions – we finish back at the bunkhouse on each day.

Midge Nets (Smidge)
Wash Kit
Towel/s (you also need this for the water-based activity)
Swimming shorts and non-cotton T-shirt
Old shoes/trainers for getting wet (canyoning)
Waterproofs
Warm clothing (eg fleece)
Light-weight long trousers (recommended for walking)
Walking boots (see note above)
Small rucksack (or larger one if small not available – it will not be fully packed)
Change of clothing for evenings
An improving book for the journey and other times (for example, "Crimea" by Orlando Figes, an admirable account of the Crimean War)

Money

Meals are all provided, but if you wish to purchase extra food from the Aviemore Tesco, or eat at the airport, you will need to bring funds for that. The first meal we provide will be dinner on Thursday.

Enquiries/Contacts

If you have any questions about this weekend, you should email Mr. Hobbs at info@suttongrammarccf.com, with "Aviemore Query" in the subject line. Please also keep checking the blog in the approach to the weekend.

Wg Cdr Hobbs will be running the weekend.