

LANCER TRACK AND FIELD BEGINS SEASON

By: Elijah McCauley

Lancer Track And Field Article

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Ready! Set! Go! The Lancer boys and girls track teams both started their respective seasons recently after not competing in over a year!

The Varsity boys' track team competed at the Norm Armstrong Invitational; their first meet of the season. With being a highly competitive meet, a few Lancers were able to pull off top performances.

On the Lancer's distance squad senior Garrison Shindler got 6th place in the 800m with a time of 2:05.94.



Malachi Wren, the spectacular sophomore, was able to debut in his first varsity race ever for the Lancers and achieve second-place in the 100m dash with a blazing time of 11.13. He also managed to get another second-place finish in the 200M dash next to very elite senior Brandon Battle (Edwardsville) with a time of 22.67.

Elijah McCauley, the jumping junior, also proved to be a valuable asset at last week's meet as well. He went on to win the long jump with a length of 21ft 4 inches and get second place in

the triple jump with a length of 42.6 ft.

Unfortunately, the sprinting squad didn't get to showcase their much anticipated 4x100 and 4x200 relay teams due to slight injuries. However, they are very hopeful to have all members back in full force at their upcoming meets.



The Lady Lancers' track season has been full speed ahead as well. With one meet under their belt they plan on being an extremely competitive force around the state. I interviewed senior Ahmiya Bills, 2019 4x100 state champion, to see how their season has been going so far.

Q: With one meet down how has the season been going for the team?

A: *"The Track season so far is a little more stressful than usual just because of everything going on around us."*

Q: What are any challenges the team has had to overcome?

A: *"We have faced some mental and physical hurdles but we overcome them by pushing each other daily."*

Q: What are the team's goals for this season?

A: *"I think everyone's goal is to get better, stronger, go to state and come back a champion."*

Q: What are the team's strengths this year?

A: *"A strength that we have as a team is just the way we work as a team. I feel like we all have heart and a special bond with one another."*

We wish the best of luck to our Lady Lancer track team and are confident that they will give it their all!