CREATIVE COMPASSION PROJECTS

Nothing to do?
Create something to make someone's day brighter.

Here are some ideas:

1. Make an anonymous (don't include your name) card for someone in school that could use a pick-me-up. Tell them that you notice them and include why they are special and important.
2. Make a card to thank a Police Officer, Firefighter, or EMT.
3. Make a thank you card for a (current or past) teacher.
4. Create a "mail a hug" card for someone
5. Write a letter to someone in the military thanking them for their service
6. Create a poster that shares positivity/kindness that we can post on the school walls
7. Make a card or coloring sheets for kids at Barbara Bush @Maine Med or for kids at the Maine Children's Cancer Program (Scarborough)
8. Think of someone you can compliment, send them a message
9. Make a drawing for someone
10. Make cards for senior citizens in nursing homes
11. Offer to help someone with their homework
12. Go to freerice.com and they will donate rice to the World Hunger Program for every question you answer. See how much rice you can donate!
13. Start making holiday cards that can be sent to active military away from home, or to nursing homes and hospitals
14. Write a card to the RSU5 kindergarteners to welcome them to school!
15. Pick another advisory to surprise with notes, decoration, and/or goodies.
16. Find examples of FHS spirit in your advisory, take photos of it, and upload to Images.jostens.com and then 2. Enter the User ID: 406123592. This way the yearbook can use them!

Feel free to pass in your project to your teacher to mail, hang, distribute, etc.