

Michigan Mental Health Resources Page -

<https://www.michigan.gov/coronavirus/resources/mental-health-resources#:~:text=If%20you%20are%20experiencing%20any,for%20other%20sources%20of%20support.>

Mental Health Resources in Michigan -

<https://engage.msu.edu/upcoming-events/2022/june/forum-on-student-mental-health/mental-health-resources-in-michigan>

U of M Mental Health Resources -

<https://medicine.umich.edu/dept/psychiatry/mental-health-resource-list>

Hope Network (Mental Health Resource) -

<https://hopenetwork.org/mental-health>

Michigan Mental Health Hotline - <https://mentalhealthhotline.org/michigan/>

Substance Abuse and Mental Health Services Administration -

<https://www.samhsa.gov/find-help/national-helpline>

Open Counseling Resource -

<https://blog.opencounseling.com/public-mental-health-mi/>

Judah Transitional & Recovery House -

<https://americanrehabs.com/treatment-centers/judah-transitional-recovery-home/>

Detroit Rescue Mission Ministries (Oasis) - <https://drmm.org/>

Counseling & Crisis - Spectrum Human Services Primacare LLC -

<https://www.spectrumhuman.org/Primacare>

www.hegira.net Provides a wide variety of mental health and substance abuse treatment services

Alpha Family Counseling 248.489.4011 Bloomfield Hills

Family, marriage, and individual counseling, Counseling

for Children with Learning Disabilities. Substance

abuse, grief and loss, conflict resolution, PTSD &

pppyg hobbias. <http://www.alphafamilycounseling.com/>

Judson Center - Behavioral Health -

https://www.judsoncenter.org/behavioral-health/?utm_source=google&utm_medium=cpc&utm_campaign=behavioral-health-search-a&gclid=CjoKCQjwsp6pBhCfARIsAD3GZuaR6owBZSx23rrnzHyEsgCNXFZTNjj2t56fglHH_U2r5wtiuWOXKjAaAlroEALw_wcB

LIFE CHALLENGE - <https://lcministries.org/>

Life Challenge is a one-year residential program for men and women with drug, alcohol, and other life-controlling addictions. Affiliated with Teen Challenge USA, International, our goal is more than rehabilitation—helping men and women get clean and sober. Our purpose is to make fully devoted followers of Jesus Christ. Consequently, we seek to help men and women turn from their self-destructive ways and put their faith in God. We emphasize Bible study, counseling, and Christian community. Life Challenge has campuses in Detroit and Flint. Both programs offer a highly structured environment providing a unique opportunity for people to separate themselves temporarily from the normal distractions of life and give needed attention to personal spiritual growth.