

Show Your Support for the Nurse Practitioner at NWSS

The Nurse Practitioner (NP) at Wellness Centre at NWSS is an essential resource for students, providing important medical and mental health support. With the recent cut to NP hours from **8 hrs every week**, to **4 hrs every two weeks**, it's now much harder for students to get the care they need. If you believe this service is important, you can help by sending a letter or submitting feedback to Fraser Health. Your voice matters—by speaking up, you can show how much students rely on this service and urge Fraser Health to reinstate at least **8 hours per week**. Every letter counts, so take a few minutes to make a difference!

Option 1: Submit Feedback on Fraser Health Website

Go to <https://www.fraserhealth.ca/about-us/contact-us/other> and fill out the form. In the “Detailed Explanation” section (limited to ~100 words), you can use the sample text below as a guide.

I'm deeply concerned about the reduction of Nurse Practitioner (NP) hours at New Westminster Secondary School Wellness Centre. The NP provides essential health support for students, including mental health and medical care. When I was struggling with [INSERT YOUR OWN EXPERIENCE], the NP was there to help—without this service, I would have had nowhere to turn. Many students rely on this care, and reducing hours makes access even harder. Please reinstate at least 8 hours per week so students like me can get the help they need.



Health topicsPatients and visitorsLocations and servicesCare in your community

Your message is about:

First and Last Name

Email

Phone Number (optional)

Please provide a detailed explanation of your concern or question. What happened and how can we assist you now? Helpful information includes the name of the facility, location and time (if applicable).

Text Size

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Option 2: Mail Letter to Fraser Health

Write a letter to the CEO of Fraser Health and the Board of Directors using the template below as an example. Add your own experience to make it more personal. Mail the letter to:

Dr. Lynn Stevenson, CEO
Fraser Health Corporate Office
Suite 400, Central City Tower
13450 – 102nd Avenue
Surrey, BC V3T 0H1

Dear Dr. Lynn Stevenson, & Fraser Health Board of Directors,

I am writing to share my concerns about the decision to reduce the Fraser Health nurse practitioner (NP) hours at the Wellness Centre at New Westminster Secondary School. The NP is an important resource for students, providing medical care and support for both physical and mental health. Cutting these hours will make it much harder for students to get the help they need.

*Since September 2024, having the NP available for 8 hours a week has helped many students, including myself. I was able to get advice and care for [INSERT YOUR OWN PERSONAL EXPERIENCE]. Many students rely on this service for things like mental health support, sexual health advice, and general medical concerns. Reducing NP hours **to just 4 every 2 weeks**, means fewer students will get the care they need.*

For some students, getting healthcare outside of school is difficult because of long wait times, transportation issues, or financial barriers. Having access to the NP at school makes a big difference in our health and well-being.

I urgently ask Fraser Health to support bringing back at least 8 hours of NP service per week. This service is critical for students, and cutting it will only make things harder for those who already struggle to access healthcare.

Thank you for your time and consideration.

Sincerely,

[Your Name]

[Your Grade]

[YOUR PHONE NUMBER OR EMAIL ADDRESS, OPTIONAL]

New Westminster Secondary School