

AAMC: <https://students-residents.aamc.org/prepare-mcat-exam/prepare-mcat-exam>

- Definitely purchase everything from AAMC and make that your priority. I did all of the questions and exams that they provided, closer towards the end of my studying (besides taking Full Length 1 as a diagnostic early on)
- **Based on when you begin using practice questions from AAMC, calculate how many questions from the Qbanks and flashcards that you need to do per day in order to finish them a couple of days before your test date. (or, leave a couple of passages for the day before your test, but have the rest finished)**

Kaplan: <https://www.kaptest.com/mcat>

- I signed up for the Kaplan MCAT Question of the Day and did this every morning (they email you a question daily). 10/10 recommend and it's free!
- I used the Kaplan books for content prep, plus the Kaplan MCAT Quicksheets, would highly recommend these (at least the Gen Chem, Ochem, Physics, Biology, and Biochemistry books).
- I took Kaplan Full Length Exams 1, 2, and 3 -- I found them to be very content-heavy and difficult, but because of that, amazing prep for discrete questions. If I could do it again, I would not spend the money on buying these and would focus instead on Blueprint and AAMC exams only.

Blueprint:

https://blueprintprep.com/mcat?lead_srcid=4947&utm_source=google&utm_medium=cpc&utm_campaign=20149626850&utm_term=%2Bblueprint%20%2Bmcat&hsa_acc=5083186521&hsa_cam=20149626850&hsa_grp=147883421174&hsa_ad=656597717707&hsa_src=g&hsa_tgt=kw-d-891957399802&hsa_kw=%2Bblueprint%20%2Bmcat&hsa_mt=b&hsa_net=adwords&hsa_ver=3&gad_source=1&gclid=Cj0KCQiAy9msBhD0ARIsANbk0A_nFwqoGf_IWlpU3JfV9GZD4J4EO_NpWx3Cek7u5SoFiik4XMLo5TCYaAudMEALw_wcB

- I took the half-length diagnostic exam (free!) to begin my studies, 10/10 recommend
- I took Blueprint Full Length Exams 1, 2, 3, and 4 (had to purchase the last 3); I think these are well worth the price and are very representative of your AAMC scores, if not a couple points lower.
- I also did the Blueprint Question of the Day (this is free, do it!)

Jack Westin: <https://jackwestin.com/>

- I LOVE Jack Westin! They have a plethora of free passages: their CARS felt most representative of AAMC's material (besides AAMC itself), and their science is solid too.
- They also have Passages of the Day that they can email you (for free! As always, I'd recommend)

Khan Academy: <https://www.khanacademy.org/test-prep/mcat>

- I liked KA for physics review and psych/soc review specifically. They do have an entire FREE MCAT video course that walks you through every single topic in detail, but I found that I tended to zone off more during videos compared to reading Kaplan books with music. Whether KA works for you will truly depend on your style. I personally think it is

too time-consuming to do all of Khan Academy's prep, but it's a great resource to fill in gaps if you really don't understand something while you study.

Anki: <https://apps.ankiweb.net/>

- I used Miledown's deck for content review and I just used the standard Anki settings that can be found on Youtube. It came out to 200 new cards a day for me over a two month period, I believe! (this deck can be found on Reddit MCAT, and also here: https://drive.google.com/file/d/1neyVXp_prnmVManHHCB6IZOOL6xEykPE/view)
- I also used JackSparrow's decks for some review once Miledown was done, just to stay fresh, but got nowhere near close to finishing them (<https://drive.google.com/file/d/1hIbhOPsbE-lr4V5ONSSk345wVXzLqip2/view>)
- You will need to download the Anki app for your device in order to use this! It can be super confusing at first! But stick with it!

Quizlet: <https://quizlet.com/latest>

- I found it helpful to make my own Quizlets for topics that I needed a bit more help with. Using flashcards from other flashcard wizards is wonderful, but sometimes, solidifying the knowledge by making your own is necessary :)

UWorld: <https://gradschool.uworld.com/mcat/>

- UWorld was generally helpful and the questions/passages are representative of AAMC, if not a bit harder (besides CARS, I did not find UWorld CARS representative at all; do Jack Westin CARS)
- I bought the entire UWorld Qbank and only ended up doing about half of it in total. If I could do it again, I probably would not have spent my money on UWorld and just done free Jack Westin questions instead the whole time. That, alongside the AAMC Qbank questions, would have been sufficient.
- This said, UWorld is great if you need help with testing strategy and want to challenge yourself with more practice questions and passages that are more data-laden than the real MCAT.

Good luck!! :))