

No matter if you want to lose weight or improve your overall health...

There's the type of knowledge you need more of...

And there's the type you need to throw out.



My name's Tomislav Winkler.

I used to suffer from heartburn that made pretty much every meal hell on earth for me.

The burning pain felt like I had a blazing volcano in my chest.

And it kept me up almost every night.

Next morning, I would wake up with a sore throat from all the acid that came up...

I tried all the stuff that everyone *tells* you should work (surprise: it didn't).



And you know what...

Looking back, I'm actually kind of thankful for the heartburn I used to have.

Because in that time, I discovered the knowledge that transformed my life.

Not only did it help me get rid of my heartburn after 8 long years...

But also to finally lose 22 lbs. after 14 years of trying in vain.

And I want to share this knowledge with you.

The RIGHT kind of knowledge to lose weight and improve your wellbeing.



But before that, I want to let you play a fun little game. (You'll like it)

Choose one of the following.

Do you:

1. [...like to learn more about the 9 actually life-changing, underrated books that changed my life forever?](#) (They helped me get rid of my heartburn and lose 22 lbs. in three months.)

2. [...or do you want to hear a nutrition coach rant about the weight loss industry a bit?](#) (and how you can protect yourself from this sneaky industry)
3. [...or do you prefer to get one of the best shortcuts I know to lose weight and improve your health at the same time?](#) (all while *enjoying* life, without torturing yourself with cardio for hours and bland mono diets)

Through one of these links above, you will find a completely safe page similar to this one, *filled* with cat pics. (You'll know you found it once you see a treasure chest. All you need to do is click on the treasure chest)

"Nutrition advice and cat pics?? What gives?"

Well, *someone* has to take care of your mental wellbeing too, right?

A healthy body needs a healthy mind, and vice versa.

And having something cute and funny in your life certainly won't hurt you.

Oh, one more thing: If you have family, friends, colleagues or anything in between who would LOVE you for telling them about this, feel free to share this page with them 👉👉👉:

1. Click on the link below, then the "copy" symbol / just copy and paste the link

2. Send it to them:

<https://docs.google.com/document/d/1ee6WgzfTx2XjqMV4XRPpcVqZiqVEAw41EU80bIEezlw/edit?usp=sharing>



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