

PRIVACY POLICY

Last Updated: May 2026

Healthy Rise Nutrition LLC (doing business as **Renewed Practitioner**) respects your privacy and is committed to protecting it. This Privacy Policy explains how we collect, use, and safeguard your information when you visit our website, renewedpractitioner.com, use our member portals, or interact with our digital content.

By using the Site, you agree to the collection and use of information in accordance with this policy.

1. Information We Collect

We collect data only to assess interest and engagement with our content, improve our training programs, and communicate effectively with our professional community. We collect this information in two ways:

A. Information You Voluntarily Provide

We collect personal information that you intentionally provide to us when you subscribe to our newsletter, download a resource, enroll in a training cohort, or purchase coaching services. This may include:

- **Identity Data:** Name, professional titles/credentials (e.g., RDN, BCC, Attorney).
- **Contact Data:** Email address, billing address, and phone number.
- **Profile Data:** Your professional goals, interests, or feedback shared via forms or intake assessments.

B. Automated Engagement Data (Cookies and Analytics)

When you navigate our Site, we automatically collect certain data to help us understand how you interact with our content. This includes:

- **Usage Data:** Pages viewed, time spent on pages, links clicked, and the resources you download.
 - **Technical Data:** IP address, browser type, device type, and operating system.
 - **Cookies:** We use basic cookies and tracking technologies to analyze traffic, assess content performance, and optimize your experience on our platform. You can set your browser to refuse cookies, though some parts of the Site may not function fully as a result.
-

2. How We Use Your Data

We use the collected information strictly to foster professional formation and support your journey. Specifically, we use it to:

- **Assess Engagement:** Analyze which articles, exercises, and course concepts resonate most with our community so we can refine our curriculum.
 - **Deliver Services:** Process your course enrollments, manage small-cohort access, and provide accountability tools.
 - **Communicate:** Send you updates, newsletter insights, and information regarding upcoming cohorts of the *From Knowledge to Mastery* training. You can opt out of marketing emails at any time using the "unsubscribe" link.
-

3. Data Sharing and Third Parties

We do not sell, rent, or trade your personal data to third parties.

We only share your information with trusted third-party service providers who assist us in operating our business and hosting our digital infrastructure (such as our email marketing platform, course hosting portals, and secure payment processors). These providers are legally obligated to keep your information confidential and use it solely to perform services for us.

4. Data Security

The security of your data is of utmost importance to us. We implement standard, industry-accepted security measures (such as SSL encryption) to protect your personal information from unauthorized access, loss, or misuse. However, please note that no method of transmission over the Internet is 100% secure.

5. Your Rights and Choices

Depending on your location, you may have rights regarding your personal data, including the right to access, correct, or request the deletion of the information we hold about you. If you would like to update your information or be removed from our database entirely, please contact us using the email below.

6. Changes to This Privacy Policy

We may update our Privacy Policy from time to time to reflect changes in our practices or digital tools. Any updates will be posted on this page with a revised "Last Updated" date.

Contact Us

If you have any questions or concerns about this Privacy Policy or how your data is handled, please contact us at:

Healthy Rise Nutrition LLC dba Renewed Practitioner

Email: mary@renewedpractitioner.com

Website: renewedpractitioner.com