



Jun 5, 2026

Good morning, Cabin John Cougars! Happy Thursday. Today is June 5th. Which means it's National Ketchup Day, Ketchup originated from China dating back to 300 BCE. Their version was a sauce made from fermented fish, consisting of anchovies or oysters, mushrooms, and walnuts. The sauce became very popular with the British during the 17th century when British sailors came across a local fish sauce while in Southeast Asia. In fact, British sailors were known to add the fish sauce to their crackers and meats.

On this date: June 5:

World Environment Day (Established 1972): June 5 is celebrated globally as World Environment Day, established by the United Nations in 1972. This day serves as a platform to raise awareness and encourage action for the protection of our environment. Each year, a different country hosts the event, focusing on pressing environmental issues. In 2025, South Korea is the host, emphasizing the theme "Beat Plastic Pollution," urging individuals and communities worldwide to reduce plastic waste and promote sustainability.

Today, to continue our focus on LGBTQ Pride Month, we are highlighting Marsha P. Johnson, a veteran of the Stonewall riot was a transgender woman who fought for trans rights specifically for people of color.

Cabin John Announcements

Media Center: All library materials are due back to the media center by Friday, June 5th. Any student wanting to check out any materials beyond the 5th will be handled on a case by case basis. Start searching your backpacks, your lockers, and your home for any library materials! See Mrs. Bowman or Ms. Dower with any questions.

Pledge of Allegiance

At this time, please stand for the pledge of allegiance:

I pledge allegiance to the flag of the United States of America
and to the Republic for which it stands, one Nation
under God, indivisible, with liberty and justice for all.

Joke of the Day:

In honor of National ketchup day. There was a family of tomatoes walking down the street. A papa tomato, a mama tomato, and a baby tomato. As they are walking mama tomato notices baby tomato starting to lag behind so she stops, turns around, walks towards baby tomato, bonks him on his head with her fist and says "catch up".