

Sacred Depths

Transformational Practitioner Certification

Sacred Depths Spring 2026 Schedule

Training Calls with Joanna - Mostly Tuesdays at 2:30pm Eastern for 90 minutes

Kickoff! Introduction and the Energetics of Coaching

Tuesday April 28th, 12 - 3pm Eastern (Note: longer session)

Deep Listening Skills pt 1

Tuesday May 5th, 2:30 – 4pm Eastern

Deep Listening Skills pt 2

Tuesday May 12th, 2:30 – 4pm

Deep Listening Skills Practicum

Tuesday May 19th, **2 – 3:30pm (Note: Different start time)**

Creating Awareness Skills pt 1

Tuesday May 26th, 2:30 – 4pm

New & Tentative Practitioner Call (Optional)

Tuesday June 2nd, **2 – 5pm (Note: Longer session)**

Creating Awareness Skills pt 2

Tuesday June 16th, 2:30 - 4pm

Creating Awareness Practicum

Monday June 22nd, 2:30 – 4pm (Note: Different day)

Breakthrough Questioning Skills pt 1

Tuesday June 30th, 2:30 – 4pm

Breakthrough Questioning Skills pt 2

Tuesday July 14th, 2:30 - 4pm

Breakthrough Questioning Skills Practicum

Tuesday July 21st, 2:30 – 4pm

Visioning pt 1

Tuesday July 28th, 2:30 – 4pm

Visioning pt 2 - Energetics of New Things

August 11th, 1 – 2:30pm (note different time and double session with the Strategizing)

Strategizing

Tuesday August 11th, 2:30 – 4pm

Coaching Practicum

Tuesday September 8th, 2:30 – 4pm

Systems & Protocols

Tuesday September 15th, 2:30 – 4pm

FOUNDATIONS ENDS HERE

Energetics of the Coaching Relationship pt 2

Tuesday September 22nd, 2 – 4pm

Befriend Your Fear pt 1

Tuesday September 29th, 2:30 – 4pm

Befriend Your Fear pt 2

Tuesday October 6th, 2:30 – 4pm

Befriend Your Fear Practicum

Tuesday October 13th, 2:30 – 4pm

Resistance Archetypes

Tuesday October 27th, **1 – 4pm (Note: Different time)**

Rewire Negative Thoughts pt 1

Tuesday November 3rd, 2:30 – 4pm

Rewire Negative Thoughts pt 2

Tuesday November 17th, 2:30 – 4pm

Myth of Perfection

Tuesday November 24th, 2:30 – 4pm

Wheel of Self Sabotage

Tuesday December 1st, 2:30 – 4pm

Accountability Tools & Strategies

Tuesday December 8th, 2:30 – 4pm

Being in the Mystery

Tuesday December 15th, 2:30 – 4pm

Shift Your Relationship with Time pt 1

Tuesday January 5th, 2027, 2:30 – 4pm

Radical Self Love

Tuesday January 12th, 2027, 2:30 – 4pm

Journaling as a Coaching Tool

Tuesday January 19, 2027, 2:30 – 4pm

Your Next Steps after Sacred Depths

Tuesday January 26th, 2027, 2:30 – 3:30pm

Coaching Practicum

Tuesday February 2, 2027, 2:30 – 4pm

Ritual as a Coaching Tool

Tuesday February 16, 2027 2:30-4pm

Processes for Continuing Clients and Closing Ritual

Tuesday February 23, 2027

2 – 5pm (Note: different start time and longer session)

Optional Calls

Coaching Supervision and Business Guidance Calls with Joanna - Mondays at 12pm ET for 90 minutes (*more calls to be added*)

Foundations and Mastery

Monday May 11th
Monday May 18th
Monday June 1st
Monday June 15th
Monday July 6th
Monday July 20th
Monday July 27th
Monday August 31
Wednesday September 9th

Mastery Only

Monday September 28th
Monday October 5th
Monday October 12th
Monday November 9th
Monday November 23rd
Monday December 7th
Monday December 14th
Monday January 4th
Monday January 25th
Monday February 8th
Monday February 22nd

Small Group Calls with Caitlin - Thursdays at 2:30pm ET for 60 minutes - unless noted

Round 1: Foundations and Mastery

Thursday May 14th
Thursday May 28th
Thursday July 2nd
Thursday July 16th
Thursday July 30th
Thursday August 6th
Thursday September 3rd
Thursday September 17th

Round 2: Mastery Only

Thursday October 1st
Thursday October 22nd
Thursday October 29th
Thursday November 19th
Thursday December 3rd
Thursday December 10th
Thursday December 17th
Thursday January 7th
Thursday January 14th
Thursday January 21st

Practice calls with Caitlin - Wednesdays at 2:30pm for 90 minutes - unless noted

Foundations and Mastery

Wednesday June 17th
Wednesday August 12th

Mastery Only

Wednesday September 23rd
Wednesday November 11th

Additional Optional Calls

Meet & Greet & Logistics Overview: Friday May 8th at 2:30pm ET for 90 minutes

Intro to Certification Q&A: Wednesday June 24th at 2pm ET for 60 minutes

Finalizing Certification Q&A: Wednesday January 13th at 2:30pm ET for 60 minutes

Pre-recorded Training calls (in the calendar as all day) Added to the Member Center on the following dates:

Foundations and Mastery

Tuesday July 7th - Pre-recorded Bonus Training: Microaggressions and Racial Considerations with Makeda Pennycooke

Tuesday July 28th - Pre-recorded Bonus Training: Visioning Demo Using Visualization

Tuesday July 28th - Pre-recorded Bonus Training: Visioning and Strategizing Practicum

Tuesday August 11th - Pre-recorded Bonus Training: The 4 Levels of Learning and Processing

Tuesday September 15th - Pre-recorded Bonus Training: Easy-Peasy Legal for Entrepreneurs with Gena Shingle Jaffe

Mastery Only

Tuesday October 6th - Pre-recorded Bonus Training: Gender and Inclusion with Stanley Edward

Tuesday November 3rd - Pre-recorded Bonus Training: Rewiring Practicum - Demo of the Rewiring Technique

Tuesday November 10th - Pre-recorded Bonus Training: Coaching VS Therapy with Rea Wright

Tuesday November 24th - Pre-recorded Bonus Training: Befriend and Optimize your Inner Perfectionist

Tuesday January 5th - Pre-recorded Bonus Training: Shift Your Relationship with Time pt 2