

**Role A – Shopping**

You think shopping is the best way to get fit. Tell the others three reasons why. Tell them what is wrong with their ways. Also, tell the others which is the worst of these ways (and why): dancing, gardening or housework.

**Role B – Dancing**

You think dancing is the best way to get fit. Tell the others three reasons why. Tell them what is wrong with their ways. Also, tell the others which is the worst of these ways (and why): shopping, gardening or housework.

**Role C – Gardening**

You think gardening is the best way to get fit. Tell the others three reasons why. Tell them what is wrong with their ways. Also, tell the others which is the worst of these ways (and why): dancing, shopping or housework.

**Role D – Housework**

You think housework is the best way to get fit. Tell the others three reasons why. Tell them what is wrong with their ways. Also, tell the others which is the worst of these ways (and why): dancing, gardening or shopping.